PREFACE

India is a country which is rich in heritage and culture and marriage is considered as bond which extends up to several life cycles. We humans have a powerful usage to belong to feel attached to others in close relationship is, such bond’s boosted our ancestor’s survival rate and was passed to the next generation. This is very important when two people decide to live a life together, as a friend, as a partner, as an advisor, as a better half of the other, to make oneself complete. Thus, in a changing world, it is our advantage to learn how to adapt and enjoy something better. Marital life is not straight and easy consider along which we travel free and unhampered, but a maze of passages, through which we seek our marital adjustment.

In the journey of my research, I am curious to know the major milestones that may play an important role in marital adjustment of the female partners of dual career couples. There is a possibility of interpersonal conflicts in married life which can create a lot of stress among spouses and other family members. It may also result in psychological disturbance. This viewpoint step me for doing research on marital adjustment of dual career couples.
I would like to acknowledge all the people who directly and indirectly supported and touched me with their miracle of trust to complete this research work.

Very firstly, I would like to express my deepest gratitude to my supervisor Dr. B. Hasan, Professor, School of Studies in Psychology, Pt. Ravishankar Shukla University, Raipur (C.G.) India, for his constant and encouraging guidance at every step of my research work. His enormous experience and deep understanding of diverse aspects of research had enlightened my path. Despite his many responsibilities, he kept guiding me to success and encouraging me for further improvement.

I would like to acknowledge Dr. B. G. Singh, Professor and Head, School of Studies in Psychology, Pt. Ravishankar Shukla University, Raipur (C.G.) , for providing all the necessary facilities related to research work. He has been a constant source of inspiration for me.

I would like to express my profound gratitude to Dr. Promila Singh (Professor), Dr. Meeta Jha (Associate Professor) Dr. Priyamvada Srivastava (Associate Professor), Dr. Prabhavati Shukla (Associate Professor) of School of Studies in Psychology for their suggestive advice during research work.
I am thankful to Durgesh Khatker (Office assistant) and all non-teaching staff members of the SOS in Psychology for their well wishes and friendly co-operation.

I would like to thank, Mr. Satyanarayana Panda, Mr. Satish Pandey, Mr. Dhruve famous educationalist who spend their valuable time during collection of data. Further, I would also like to thank teachers who helped me for sparing their precious time for doing the various psychological test. Without them it would be difficult to proceed in this journey of research.

My precious family who supported and showered their love and blessings, my father In-law Mohd. Ishaq Ansari, and my mother In-law Mrs. Quresha Ansari.

My life partner Mohd. Firoz Ansari, better half of my life a friend, a supporter, a motivator, an encourager, who helped me, his patience through all ups and down during my research work. He was always there when I needed help without him and I can’t even think of my progress. Finally my children, Nauman and Zeba, Nauman who, with all his tricks and cracks made me laugh even when I felt to cry, my fairy princess Zeba who supported and made me stand as a confident mother and a scholar, with her
innocent smiles and eyes. My children are strength of my life I am grateful to them for their presence and their innocent love.

My courageous and supportive father, Mr. Shaukat Ali Rizvi and my benevolent and loving mother Mrs. Shehnaz Rizvi, both of them were torch bearer, giving me light for zest, giving me way when it was dark and lighteous support when there was no one except me they were in me like my soul.

I am greatful to all my family members who supported and encouraged me throughout the completion of this research work, my brother Mr. Shadab ali Rizvi, Mr. Aftab Ali Rizvi, Mohd. Naeem Ansari. I would also like to mention the name of my cute sisters Honey, Sonu, Gousi Rizvi, who helped me to come out as a supportive child, just to win.

I wish to thank my sweet Mamta Jain Di and Saba Parwin both of them giving me insightful suggestion during my research work and who helped, encouraged and provided immense emotional support to me. I would also like to thank gems of my friends, Abrar, Aakansha, Preeti, Richa for helping in completing research work.

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