REFERENCES


• Hamilton M. A rating scale for depression. J Neurol Neurosurg Psychiatry 1960; 23:56–62


• Hedlung and Vieweg, The Hamilton rating scale for depression, Journal of Operational Psychiatry, 1979;10(2):149-165


• Hypertens. J,(1998); “Blood pressure measurement in epidemiological studies: a comparative analysis of two methods. Data from the EPIC-Potsdam Study. European Prospective Investigation into Cancer and Nutrition”


• International Stress Management Association UK – 2013 PO Box 108. CALDICOT. Monmouthshire. NP26 9AP.


• Malhotra et al., 1972. Functional capacity and body composition of classes of Indian athletes, *Ind. J. Physiol. & Pharmac.*, 16, 301


• Rathore Vishan Singh and Singh Arvind Bahadur (2012); “A Comparative Study Of Multi-dimensional Trait Anxiety Between Intervarsity And National Level Volleyball Players Of Chhattisgarh” International Journal Of Behavioral Social And Movement Sciences Vol.01,Issue03.


• Singh, Ram Bali (1989) A Comparative study of personality and achievement motivation of sports and non-sportsmen. 7th world congress in sports psychology (proceedings) Singapore p.121.


• Sundberg S, Eloainio R. 1982. Cardio respiratory function in competitive endurance runners aged 12-16 years compared with ordinary boys. (Chapter by W.D. Ross et al. titled “Kinanthropometry”), Champaign, IL. Human Kinetics.


• Singh Jaswant (2012) “a study on anthropometrical and physiological characteristics of Indian elite male athletes of different jumping events” Phd. Thesis of Physical Education submitted to Aligarh Muslim University, Aligarh 2012.