CHAPTER - 6

RECOMMENDATIONS

After completion of research investigations, it is incumbent on the researcher to offer certain recommendations in the light of finding.

The recommendations may be divided into three parts:-

The first part dealing with recommendation for the players, second to the organizers of the games including coaches and other field staff, and third for the researchers interested in this area of investigation.

RECOMMENDATIONS FOR THE PLAYERS

This study of psychological factors operative with men and Women players of basketball indicates the importance of the role of sports organizers, coaches and other staff in the training of players.

RECOMMENDATIONS FOR THE ORGANIZERS

It is required that the organizers and trainers made familiar with the important factor studied in this investigation and provided necessary training and experience necessary for organizing the game and helping the players. This can only be possible, if the higher authorities responsible for preparation of players are general, and of basketball in particular pay attention to this area.

RECOMMENDATIONS FOR FURTHER RESEARCH

1. Sports; other than Basketball like hockey, football, volleyball etc. may also be studied.
2. Samples selected may be of more numbers that can be used to repeat the present study.

3. The sample for the present study includes players from degree colleges the same study may be planned for players from primary and secondary schools.

4. The set of psychological variables may also be changed to make the similar type of study.

The present venture is a humble beginning in the area of studying the role of some psychological variables in sports persons of Basketball. The study has a number of limitations which may be kept in the mind when undertaking the research programme in this field further.

The present investigation of college Basketball players comprising of men and Women covers some psychological factors concerned with them. The findings pave the way for making some important recommendations for the players. Now-a-days, more stress is being laid on the training of various skills required for a particular game but the psychological factors have organizers of the game will take note of this and start helping and training the players for their proper psychological makeup.