“I bow my head in gratitude to the GOD, who has given the strength for my work”

The performance of prescribed duties is obligatory for everyone. Lord Krishna categorically and comprehensively explains how it is the duty of each and every member of society to carry out their functions and responsibilities in their respective stage of life according to the rules and regulations of the society in which one lives. Further the Lord explains why such duties must be performed, what benefit is gained by performing them, what harm is caused by not performing them.

Plus what actions lead to bondage and what actions lead to salvation.

Chapter 3: The Eternal Duties of Human Beings—“The Bhagavad-Gita”