Chapter -XI

CONCLUSION
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In this concluding chapter one can easily go through the theme of the philosophy of Ishwariya Vishwa Vidyalaya which I have discussed in the earlier chapters. In the preceding chapters I have analysed the importance of the philosophy of Ishwariya Vishwa Vidyalaya in establishing peace, love and harmony in the society as well as in the world through bringing awareness of self and God among the people. In this chapter an attempt is made to sum up in brief how the philosophy of Ishwariya Vishwa Vidyalaya is used even by the lay man in day-to-day life and how it contributes to the field of philosophy and thereby it is throwing light on the spiritualization of the present world.

In the modern age of science, on the one hand, the man of today possesses such a paraphernalia of material comforts and on the other hand, he is faced with thousands of new problems which are hard nuts for him to crack. If some religious reforms are introduced to solve a problem, the modern trends oppose them tooth and nail. Some traditional religions have played havoc in past in the name of religion. So modern man runs away from the religions.
Modern man should know the real meaning of religion. To live a life on the basis of spiritual knowledge is true religion. In the time of chaos and conflicts and in the time of social crisis in 1937, the Lord of this Universe or the Father of all souls, God, The Supreme Soul Himself has established this Brahmakumaris\textsuperscript{1} Institution through the corporeal media of Prajapita Brahma. He is giving the spiritual knowledge of self, God and the world. This spiritual knowledge has the power which can bestow a life like a flower to the modern man after liberating him from all vices and short comings.

Modern man finds solution to his problems by knowing, accepting and establishing himself in self-religion or self-nature of purity and peace. The teachings of Ishwariya Vishwa Vidyalaya inspires him to renounce his ego, lust, anger etc, the very root cause of all problems. The knowledge of self and God liberates the people from the darkness of ignorance and gives strength to face the problems of individual life and social life. The spiritual education lays the foundation of a new society or a new world where there is universal peace, love and harmony. It is not only a the oratical education, but it is a life education or practical education\textsuperscript{2}.
The philosophy of Ishwariya Vishwa Vidyalaya includes such teachings as to enable a person to be free from mental tension and to have real and ever lasting peace and bliss through the practice of Rajayoga.

Rajayoga Meditation releases the mind from stress strain and tension and gives the abilities to concentrate better and to think more clearly and so have control over one’s thought processes and emotions. It also gives the relaxation to the mind and body which is very necessary for the man of today. Medical tests done on Rajayogi show reduced blood pressure, low metabolic rate, increased skin resistance, decreased breathing rate and pupil-constriction.

The philosophy of Ishwariya Vishwa Vidyalaya also gives stress to the inculcation of spiritual values, moral values and human values in day-to-day life which I have explained in the chapters philosophy of education and social philosophy. Every individual has a responsibility to make the society a peaceful and beautiful place to live in. One has to follow certain spiritual codes of conduct and the principle of an ideal life 'live and let live'. By self-discipline, self-respect, good-will, co-operation, honesty, kindness, selfless service this will be possible3.

In philosophy of religion, it is discussed about unity of religions and the essence of all the religions which is that 'do good to others and do not
give sorrow to others'. Be away from bad habits such as cheating, stealing, selfishness, cruelty, discrimination etc. The spiritual values of all religions are same such as peace, love, harmony, honesty, truth non-violence, mercy, sympathy, discipline. It is to establish the new world order satyuga on this planet. This is the need of the hour. All the religious leaders, social reformers and politicians all are doing effort in so many ways to achieve this task, but in vain.

The philosophy of Ishwariya Vishwa Vidyalaya which deals with the subjects: Behaviour science, National Integration, Human values, Holistic Health, Rajayoga etc are very very relevant to the modern man of present age of science and high-technology. The education of motivation and enthusiasm, to lead a peaceful worthy life is really a great contribution to the society and world.

CONTRIBUTION TO THE FIELD OF PHILOSOPHY IN GENERAL:

Prajapita Brahmakumaris Ishwariya Vishwa Vidyalaya is an International institution having about more than 8,000 branches in India and about 130 other countries in Abroad. The institution was founded in 1937, by God Himself. The philosophy of Ishwariya Vidyalaya is the practical knowledge which is given to all the people in a simple way. It imparts the teachings to people of all age – groups.
The present day sufferings are mainly due to ignorance of our real identity. So, it is very essential that a person should know his real identity of the self as a soul and live according to this identity. This raises his level of awareness and widens his horizon of thinking and liberates him from narrow and jingoistic tendencies. He gets a cosmopolitan outlook and has a set of values that are not materialistic, transient and ephemeral.

Another important knowledge of philosophy of Ishwariya Vishwa Vidyalaya is awareness of Supreme Soul who is the most virtuous and completely viceless being, gives a new outlook to man. By believing rationally in the existence of the Supreme Soul or God, as the perfectly moral being, one has a reference point in regard to moral values.

Prajapita Brahmahumaris Ishwariya Vishwa Vidyalaya has 17 wings namely Women's Wing, Jurists Wing, Political Wing, Sports, Business and Administration Wing, Medical, Rural, Cultural, Scientists and Engineers wing etc contribute its services practically to people connected to their respective fields. Brahmaknmari’s philosophy of spirituality and ethics are underlying currents that empower every individual in his specialized field to work with efficiency, success and satisfaction.

Keeping this in mind, different programs and courses are conducted to enlighten and empower scientists, politicians, doctors, educationists,
philosophers and religions personalities drawn from the society at large. They become instruments of change because they follow the Ishwariya Philosophy of maintaining universal brotherhood, peace, purity and simplicity but also encourage and inspire others to change and follow the new styles by being examples and specimens of spiritual wisdom for changing times.

WOMEN'S WING:

"There is a mother hidden in every girl" that is why it's a pride for every woman to say I am a mother. This awareness is exhibited as mother's love, tenderness and affection which can melt away all the impurities of humanity and kindle the feelings of pure love, peace, friendship and has many in the number of people. Hence women are in the forefront who have the power to discern spiritual knowledge and wisdom because of their life of purity simplicity. They are the torch bearers and administrators. However the fact remains that there are men behind these women. Men support them in the cause. Men and women are equal partners made by God for the upkeep of humanity.

JURIST WING:

Where there is Law there is no love and where there is love there is no law." This old age saying stands true today also and the modern concept of crime verses punishment is taking a new turn. Naxalites, terrorists, convicts...
etc brought back to the normal social fabric by compassion and love instead of severe punishment and imprisonment. For this Brahamakumaris visit regularly to educate and reform them by spiritual counseling and meditation class.

**EDUCATION WING:**

All goodness as well as badness sprout from education system. So care has to be taken to sprinkle in the whole system of education by teaching values and inspiring them to practice. Brahmakumaris are giving moral education to the teachers, lecturers and students by giving proper guidance and suggestion for teaching values integrated with the school syllabus. They also become partners in promoting and ushering values and teaching meditation in schools, colleges, universities and institution of higher learning and professions.

**MEDIA WING:**

Mass media, Radio, TV and motion pictures have great lasting impact on the public. Brahmakumaris themselves prepare spiritual programmes and value based programmes, meditation drills, ethical, routinal, information for adopting good healthy life styles, thought for today etc. Spiritual magazines and news papers in different languages are published.
Brahmakumaris raise their voice and show concern against programs of crime, violence, obscene pictures and abusive language. Every year they are conducting special programmes for media persons such as conferences, seminars, training programmes, Rajyoga camps to create awareness and to inspire them to give good news, correct news and encouraging news to lead a peaceful life to the public.

SPORTS WING:

Sports personalities are also people who entertain large audiences next to media. Because of pressures and constraints, sportspersons face a lot of stress and expectations. Hence to empower sportspersons spiritually and morally; programs are conducted focussing sportsmanship, teamwork, handling crisis, awkward situation etc. Brahmakumaris conduct meditation courses to empower the minds of different sportspersons connected with different sports for better public performance and better personal relationships.

Sahaj Raja yaga education and meditation taught by Brahmakumaris are based on scientific laws and silent observation with spiritual love, co-operation and concentration. This leads to spiritual globalization making people live in unity, peace and purity in this planet which is a global today.
BUSINESS AND INDUSTRY WING:

There is a persistent public demand for value orientation of business and industry because anti-social and morally debased activities which are omnipresent have to be cleaned and checked in accord with the human and social good. Accordingly Bramakumaris are working at the grass root level to bring transformation among individuals with ‘each one teach one’ policy. They conduct programs for people connected with industry, trade and business for individual transformation and for self management and leadership or in short Human Resource Development (HRD).

In order to bring better world, Rajyoga education and meditation programmes are focused on human integrity, justice, excellence, efficiency, responsibility, trusteeship and welfare of the common man in the society. Even through media and internet, Business and Industry Wing of Brahmakumaris are reaching ‘message for the day’ accompanied with the practice of Raj yoja meditation commentary which gives practical experience of peace and bliss and strengthens the roots of purity. This self transformation leads to a better new tomorrow.

YOUTH WING:

Youth are powerful worthy instruments to bring about changes in the world order. But they are fragile. They have to be handled with love care
and gentleness. Youth have an open mind to welcome change and accept change in life to transform themselves. Hence special programs are organized with follow-up Session and workshops where every youth gets practical opportunities to develop and empower self with spiritual values of adventure, bravery and sportsmanship along with the core values to personalize them. Thus they accept new ideas needed to establish a new world order. Youth being more than 60% of the population of today, let them help in the great task of world transformation through self-transformation and reformation. Thus let youth with new blood and new vision be flag-bearers of the new revolution based on love, justice and brotherhood. Today’s youth are tomorrow’s good assets.

MEDICAL WING:

Keeping in mind, the WHO slogan 'Handle life with care, prevent violence and negligence’. Brahmakumaris conduct and organize programmes at the local level and at the national level drawing different health-care professionals to enlighten and empower them with values in health-care through talks, dialogues and workshops on Sahaj Rajyoga education and practical techniques of Raj Yoga meditation, to apply and personalize in their lives first and then to impress patients and people who approach them for treatment, guidance and help. Most of the diseases to day
are psycho-physical and hence it is explicit that moral health is a must for psycho-physical health. And I am proud to say that Brahmakumaris are people to teach people to handle lives with care and be safe and sound through Sahaj Raja Yoga camps.

For Eg: Medial Wing conducts programmes on health care along with Global Hospital and Janaki Health Care Foundation.

Just hospitalization and medicines will not make one to recover. Positive attitudes and a happy contented life are a must for a restoring peace and harmony. It comes through self-understanding and realization and practice of meditation techniques to link with the Supreme Spiritual Doctor to activate the inner healing powers.

**RELIGIOUS WING:**

Brahmakumaris offer a common platform with an open, free, broad mind inviting religions leaders, philosophers, saints, scholars, researchers for friendly dialogues by holding sarva-dharma sammelans or religious conferences.

Religions make people part away because different religions have their own rituals, ceremonies, acts and systems of worship. While spirituality is based on values, virtues and rational spiritual beliefs that enlighten a person about the self, the meaning and drama of life and the play roles of
every human in this world Drama of 5,000 years. The means and methods of becoming pure, bringing purity, silence, quietude and peace in a simple practical manner suited to individuals needs and according to the message of the time are taught. Thus Brahmakumaris with its philosophy of creating a new world order through evolution and not through revolution; bring people’s leaders in its embrace through spirituality-the universal nature of all religions- to usher harmony, peace and solace today, and to dawn a new world-order ‘paradise of 100 % peace and purity’.

By bringing different groups under one global umbrella of spirituality and values, people are globally spiritualised to meet the great challenge of survival faced by humanity.

SCIENTISTS AND ENGINEERS WING:

Man’s ever increasing contacts and connection with science and technology, machine and tools have made him more of a machine or a robot or a computer like than a human being with noble feelings and life energy. Speculation, doubt and reason rule over him more than love, kindness and kingship. So man is far away from God, the Almighty Authority.

Science and technology no doubt, has made life more comfortable but at a high price- the human face is lost. Therefore, Brahmakumaris bring scientists and technologists together to come out of their ego shells of
superiority and make science and technology friendly for social reconstruction and transformation through personal transformation based on values and Sahaj Rajyoga techniques. These spiritually empowered scientists would creatively use scientific achievements for reconstruction of human society and for establishment of a new good life order in the near future where everyone will be happy and wealthy as well as peaceful and prosperous. Science and spirituality are like twin sisters who have to work together to ring out the old order and bell in the New World Order.

**POLITICAL WING:**

Politicians are empowered spiritual service to politicians by bringing them on a common platform to discuss and have deliberations for human good and welfare.

If politicians are of inspiring conduct and behaviour, they can lead people to new heights. So they are also empowered with spirituality, high character with a spirit of selfless service and sacrifice through Sahaj Rajyoga education and meditation practices.

**CULTURAL WING:**

The institution has got a good collection of spiritual songs which have therapeutic value and also promotes cultural activities of good songs, dramas, street plays etc which are entertaining and educative without
vulgarity and violence. The cultural wing organises programmes for cultural enrichment as well as inspire artists and actors the organization provides a serene environment for artists to work for harmonious blending of visual arts with spirituality and values for reawakening the good virtues and values in man.

**CONTRIBUTIONS TO APPLIED PHILOSOPHY IN PARTICULAR.**

Brahmakumaris Ishwariya Vishwa Vidyalaya is a unique university which works at the gross root level to uplift mankind irrespective of cast, creed and colour. It concentrates to cleanse the mind, intellect and resolves – the invisible powers of the soul. So it is a great social work organization to uplift mankind morally and spiritually. It enables man to become a master of his thought, desires emotions and sense organs so that he can lead a healthy virtuous life not only today in this world of chaos, confusion, misery and sorrow but also in the new world of tomorrow.

The institution teaches the true philosophy of life which kindles man’s inner potentiality for doing only good. It liberates human mind from various evils and prejudices and promotes good will, well – being and promotes unity and spirit of universal brotherhood. Through Easy Raj yoga meditation exercises and drills, one can experience bliss, super sensuous joy and spread positive vibration of peace and bliss to others. The experience enjoyed by
doing meditation is refreshing, energizing, relaxing, reassuring and reawakening.

It is an open university to educate and empower men, women, children, youth and senior citizens. Here education is meant for attaining perfection. So it is a life long process. One's understanding and depth enhances by churning, ruminating and meditating on the jewels of spiritual knowledge and wisdom. Sincere students create a spiritual field which is very soothing and different. Regular lessons are held for the students whose number nearly 8 lakhs in the world, in the morning and evening. There are different tailored courses of one month, a week or 3 days to suit to the needs of the people.

Refresher courses (Retreats) and in depth study courses are also held. The spiritual application and research centre also encourages individual students and students in groups to do in depth studies along with personal realization and personal empowerment yogic sessions. It has hostel facilities for men, women and youth and for students who follow B.K. Philosophy. Thus being a world spiritual University, is open to discussion, to experience as well as to persuade people to do good and to be good. Thus it is a new kind of university for ushering new knowledge and techniques to imbibe the original noble qualities and virtues for ushering in a new world of peace,
purity and prosperity where one can be in 100% happiness and health irrespective of being a king or a common man.

EXPANSION OF THE HORIZONS OF KNOWLEDGE:

Prajapita Brahmakumaris Ishwariya Vishwa Vidyalaya along with its sister concerns Raja Yoga Education and Research Foundation and Brahmakumaris Academy for a Better World do multifarious services for the benefit of mankind with the sole aim of making everyone divine and virtuous fit to live in the new world order of health, wealth and happiness.

Can paradise be brought back to earth? A question asked by millions with wonder! Yes, Brahmakumaris says by creating a working new world-order a living model at Mt Abu, serving lakhs and lakhs of people. We can call it a miniature paradise working model where all activities go on smoothly and continuously without ordering anyone to do this of that be it kitchen, be it literature department, be it transport department or be it the spiritual classes of churning and meditation. It is a working model since 1950 at Mount Abu, a new world order of tomorrow functioning today before our eyes. Seeing is believing!

With the belief time never stops the world drama never stops, The world order also never stops functioning but as night follows day, old order
change into new, old order of events change with into new order of events once in 5,000 years.

**RELEVANCE OF THE STUDY:**

Our society, today is faced with the grave problems of mental tension, disintegration, violence, crime, environmental pollution, Drug addiction, nuclear catastrophe, increasing conflicts, lack of moral values etc. It is in a state of social, economic, political, racial and communal disharmony. Also, we can clearly see that man's ways of leaving have created disharmony in his relations with Nature or Environment. The cases of arson and killings that occurred due to out break of racial, ethnic, communal, regional or cultural group else where in the world.

In the prevailing situation what is needed is that Education or philosophy which promote love, good will, self-respect, peace, self empowerment, harmony etc among the people.

People are now realizing that spirituality and normal values are very important for leading a happy and healthy life and for solving life's problems.
The philosophy of Ishwariya Vishwa Vidyalaya is imparting the education of spiritual wisdom and Rajayoga meditation keeping in view the empowerment of the self and the establishment of beautiful society.

There can be no better experience than that one gets during the period of the practice of meditation. It is so refreshing, energizing, relaxing and reawakening! It removes one’s tension, worries, fears and phobias. It increases a person’s work efficiency. It takes off the burden of chest. It gives so many benefits of health, gives constant happy mood and happy life style which is very, very necessary for the modern man working in any field of work.

The clinical tests have shown how it helps in curing or managing psychosomatic diseases and the monitoring done in industries has shown how it increases productivity and improves relations between the workers and the executives, thus eliminating strikes etc.

The students have found it useful for improving their power of concentration, the judges appreciate it, for it gives them clarity of mind and power of quick and fair judgement. Bureaucrats also like Rajayoga, which enables them to dispose of files quickly and to establish good relationship
with their juniors and seniors. In fact, everyone finds it useful for many reasons.

The techniques of Ishwariya Vishwa Vidyalaya include the art of living and stress free life, science of behavioural change, inculcation of moral and human values, sublimation of emotions etc, which are not only beneficial but also necessary for all. The institution is imparting this true knowledge to all irrespective of religion, caste, creed or class. This is a very wonderful aspect of the Ishwariya philosophy.

The in depth study of this living institution is very relevant in the present day context because it is the only institution which is devoted to building a new society of purity, peace and prosperity, all three together through spirituality. This institution believes in the Ishwariya philosophy. Purity is the foundation for peace and prosperity, be it for individual man or entire mankind. Though spirituality means to make every individual realise self, God, the Creator; realize the world drama and the time cycle, It is a four dimensional study of self, for self actualization and self achievement of paradise.

The thrust of knowledge imparted in this university is first to make man, in reality a man and to enable him to have practical wisdom and to learn lessons for constant peace and happiness and for excellence in life.
With this object, the university imparts education in moral and human values so as to develop man’s potentiality for doing good. It preaches such knowledge and practices as enable a person to have positive attitudes, emotional balance, self restraint, good behaviour relations. This education corrects imbalances in human personality, liberates human mind from various kinds of prejudices, promotes goodwill, the motives of service and public well – being, unity and spirit of world – brotherhood. It enlightens a person about the consciousness and the cosmos and about his place and role in the scheme of things and an experience of bliss through Rajayoga Meditation. It develops one’s divine rationality and objectivity and integrity and a proper world – view. The essence of knowledge of the secular subjects is also used directly or indirectly, formally or informally to clarify the world view etc. The world presently feels great need of this education and such a university for this education, in a systematic way is not being given in other universities.