Role of NSS and an NGO in the empowerment of Women
A Comparative analysis

Interview Schedule for NSS Girl Volunteers

I (A)

(1) Name of the Respondent ____________________________
(2) Class in which studying ____________________________
(3) What is your age? ____________________________
(4) Marital Status ____________________________
(5) Religion ____________________________
(6) Caste ____________________________

(7) Give the details of your family members

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(8) Place of origin,
Name of place _______ Rural _______ Urban _______

(9) How long you have been NSS volunteer?
1) One
2) Two
3) Three
4) Four
5) Five

10) Are you a member of any of the organization?
1. Yes 2. No

11) Have you undergone any training?
1. Yes 2. No

12) Have you participated in any of the extension programs as NSS volunteer?
1. Yes 2. No
13) Do you make use of any mass media?
   1. Yes  2. No

14) Why did you join NSS?
   1) N.S.S. certificate
   2) Social Service
   3) Self interest
   4) Development of leadership qualities
   5) To know rural problems

15) Who motivated you to join NSS?
   1) Friends
   2) Program officer
   3) Own interest
   4) Parents

16) How many camps have you attended?
   1) One
   2) Two
   3) Three
   4) Four
   5) Five

17) Have you attended the following NSS Camps?
   1) College level
   2) University level
   3) State level
   4) National level
   5) ID / RD / NI level

18) Indicate the important benefit you got by joining NSS?
   1) Develop self confidence
   2) Personality development
   3) Discipline life
   4) Leadership qualities
   5) Others
I B) Social Aspects
   a) Family

19) What would you do when you notice exploitation of women in families?
   1) Helping by legal action
   2) Fight for women exploitation
   3) Identify their problems and convince
   4) Inform them their rights
   5) Convince them its bad effects

20) How do you think NSS activities have helped you do deal with domestic violence?
   1) Educate them
   2) Aware of legal rights
   3) Awareness through street dramas
   4) Through cultural programs
   5) Through awareness of social life

21) Are you aware of the Un declaration concerning violence against women?
   1) Yes 2) No

22) Do you agree that women should be the head of the families?
   1) Yes 2) No

b. Dowry

23) Do NSS activities help understanding the social evils related dowry system?
   1) Yes 2) No

24) What do you know about Dowry Prohibition Act of 1961 and later developments?
   1) Yes 2) No

25) When there are talks about dowry in the family what is your reaction as a NSS Volunteer?
   1) Fight against practice
   2) Convince them it is offense
   3) Do not marry him
   4) Economic independence
   5) To start self employment

c. Senior Citizens

26) Do the NSS activities create in you compassion towards senior citizens?
   1) Yes 2) No
27) What do you propose to do?
1) Take care
2) By giving love & affection
3) Support them financially
4) To start old age homes
5) Giving respect & help

28) Do you agree that Old Age Homes are suitable to Indian culture?
1) Yes
2) No

29) What kind of awareness do NSS activities create in you regarding Old Age Homes?
1) Organize entertainment programs
2) By keeping them happy
3) By giving them charity
4) Convince to take care / good facilities
5) Create homely atmosphere

d. Slums

30) What will you do to empower women living in slums?
1) Make them literate
2) Educate them
3) Create self employment opportunities
4) Awareness about health & sanitation / cleaning
5) Encourage them to organize SHGs.

e. Physically challenged

31) What is your role in helping physically challenged people to make them lead a normal life like other normal people?
1) Encourage them to leave inferiority complex
2) By confidence building
3) Think them as one of us
4) Aware of govt., facilities
5) Encourage them to join physically challenged schools

f. Effects of natural calamities

32) How will you help the people displaced by natural calamities?
1) Provide food
2) To collect Relief Funds
3) Provide cloths
4) Provide Medicine
5) Others
g. Shramadana Activities

33) What is your opinion about Shramadana?
1) Self less service in the progress of community
2) Develop creativity
3) To maintain cleanliness
4) Physical exercise
5) To develop team work

34) How do NSS activities help you to involve in community welfare programmes?
1) Interaction with downtrodden
2) Develop broad outlook
3) Encourage team spirit
4) Develop community contacts
5) Develop service zeal

II. Economic Aspects

35) How do NSS activities help women to become self-employed?
1) Encourage them to lead economic independence
2) Develop self confidence
3) To provide trainings
4) To make them to develop social life
5) Others

36) What is the impact of different training programs sponsored through NSS Special camps?
1) Increase our knowledge
2) Capacity to start self employment
3) Learn different skills from others
4) Increase self confidence
5) Economic independence

III. Health and Hygiene aspects.

37) Are you aware of the benefits of the solar energy, smokeless chullas and Biogas plant?
1) Yes
2) No

38) What kind of awareness do programs on wormy compost, plantation, water Conservation and soil conservation etc., create in you?
1) Adopt rain harvesting
2) Our duty to protect nature
3) To know how to utilize waste land
4) Tree plantation is necessary to avoid air pollution
5) Aware of utilizing natural resources
39) How do programs on AIDS, pulse polio, and family planning etc help you As a NSS volunteer?
1) More informative
2) Awareness through rally
3) Careful about AIDS
4) We get more knowledge about those
5) Know how to lead healthy life / healthy society

40) How are you benefited by attending yoga-training programs through NSS Special camps?
1) Keeps healthy and good personality
2) Mental peace
3) Develop concentration
4) To solve personal problems
5) Create more active

41) As NSS volunteer what action will you take for water purification and Keeping the natural environment clean?
1) Awareness
2) By maintaining balance between industry & forest
3) Keeps clean our surroundings
4) Convince the public to stop using plastic bags
5) Proper maintenance of drainage system

IV. Political Aspects

42) What is your opinion about the possibility of women empowerment Through women reservation policy?
1) Help to identify her capacity
2) To maintain equality
3) To know her rights
4) To control women harassment
5) Help her to come forward

43) How do the NSS programmers on legal awareness related to women’s Issues help women to fight for their rights?
1) Self confidence
2) Capable of decision making
3) Fight against harassment
4) Education
5) To get more knowledge about women rights

V. Leadership Aspects

44) What is the impact of attending NSS activities on leadership qualities?
1) Communication skill
2) To take responsibility
3) Increase self confidence
4) To develop organizing capacity
5) Develop courage
45) Being NSS volunteer how do you think you will be able to face the Challenges of modern society?

1) To stop evil practices
2) Confidently
3) Take it boldly
4) Courageously
5) Think practically

VI. Cultural Aspects

46) Have you been benefited by participating NSS organized cultural programs such as dramas, skits and street plays etc?

1) Help to exhibit potential talent
2) It is attractive to convey the message for public
3) To get stage courage
4) Develop presentation skill
5) Informative

47) With the help of NSS programs what will you do to preserve historical Monuments?

1) Keep them clean
2) Awareness through rally
3) Display the pamphlets about monuments
4) Convince the importance about monuments as a National property
5) Preservation of culture

VII. Educational Aspects

48) How does education help in women empowerment?

1) Capacity to lead independent life
2) Increase thinking capacity
3) Open the door of women empowerment
4) To gain mental strength
5) Develop her knowledge

49) Being a NSS volunteer what will you do to increase the percentage of Literacy in women?

1) Others
2) To start earning & learning activities
3) Educate them
4) Awareness about literacy
5) Convince them to attend night school
50) What will you do about the girl child school drop out being NSS volunteer?
1) Convince their parents to send them school
2) Convince them to stop blind beliefs
3) Find out the reason and send them school
4) Convince them education is her right
5) Financially help them to continue her education

VIII. Women Empowerment

51) Being NSS volunteer what do you propose to do about the problem of girl Child labour?
1) By creating interest to learn
2) Educate the parents
3) Send them rehabilitation centers
4) Fight against child labour
5) Awareness about child labour act

52) Being NSS volunteer what will you do to deal with gender in equality Prevalent in our society?
1) By giving them equal opportunities
2) Others
3) Fight against this practice
4) Awareness
5) Educate the parents

53) What are the skills that you have developed through NSS programs?
1) Communication skill
2) Leadership skill
3) Employment skill
4) Cooking skill
5) Art

54) What changes do you see in your personality after becoming NSS Volunteer?
1) To understand social life
2) Service motto
3) Mixing nature
4) More active & creativity
5) More responsible

55) Given an opportunity having experience of participating in NSS programs In which area would you like to serve?
1) Any field
2) Administrative
3) Village
4) Political field
5) Welfare field
56) Have any lectures been sponsored through NSS programs for understanding Teenage problems?

1) Yes 2) No

57) In what way special lecture are useful for understanding teenage problems?

1) Others 2) Positive thinking 3) To avoid tensions 4) To adjust physical & mental changes 5) How to control bad habits ourselves

58) In what way have you been benefited by NSS activities for your personality Development?

1) Understand social life 2) To understand public psychology 3) Stage courage 4) Thinking in different way 5) Develop selfless service

59) In what way the information received through NSS will help for Empowering in your future life

1) Courage to start income generating activities 2) Self confidants 3) Economic independents 4) Develop decision making capacity 5) Courage to face any problems in the society

60) In what way the information received by you through NSS will help in Empowering other women?

1) Motivate them 2) Make them aware there rights 3) Inform them to utilize bank loans 4) Encourage them to develop self confidants 5) Support them to develop courage.
Role of NSS and an NGO in the empowerment of Women

A Comparative analysis

Interview Schedule for NGO Women Beneficiary

Information about the Respondent

Name of the Village__________________ Taluk: ____________________ District ____________________

1. Name of the Respondent ________________________________________________________________

2. Age:
   1) 20-24  2) 25-34
   3) 35-44  4) 45-54  5) 55 and above

3. Education:
   1) Illiterate  2) Primary
   3) Secondary  4) Any other

4. Religion:
   1) Hindu  2) Muslim
   3) Christian  4) Jain

5. Caste:
   1) Brahmin  2) Lingayat
   3) SC  4) ST  5) Any other

6. Occupation:
   1) Agriculture  2) Business
   3) Govt. Service  4) Private  5) Any other.

7. Monthly income (Rs)
   1) 1000-5000  2) 5001-10,000
   3) 10,001-15000  4) 15,001-20,000  5) More than 20,000

8. Table:

   Give the details of your family members.

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9. Type of house:
   1) Pucca   2) Knceha

10. What kind of facility does your household have?
   1) To you make use of electricity every day? Yes/No
   2) Do you have toilet facility in your house? Yes/No
   3) What kind ration card does your household have
      a) Green   b) Yellow   c) Red   d) Orange

11. Are you a member of any of the organization? Yes/No
12. Have you participated in any extension programs? Yes/No
13. Have you undergone any training? Yes/No
14. Do you make use of any mass media? Yes/No

Section 'B'

Village Level Awareness programmes through NSS camps

15. Did the organiser of the NSS camp meet you before the commencement of NSS camp in your village?
   1) Yes   2) No
16. Did the NSS programme officer motivate you to participate in NSS activities at your village?
   1) Yes   2) No
17. How many camps did you attend?
18. How do you think you are influenced by participating in NSS activities?
   1) More useful   2) Informative   3) No use
19. How do you think you are benefited by NSS activities?
   1) About cleaning   2) Organizing capacity
      3) Awareness   4) Any other
20. Did NSS programmes facilitate you to acquire more knowledge?
   1) Motivation   2) Health   3) Special lectures
21. If so, what kind of knowledge?
   1) Good knowledge   2) Unity   3) Communication
22. How do you know your potential talent through NSS activities?
   1) Participation   2) Understanding
      3) Yes   4) No
23. In your village in which area NSS activities are needed the most?
   1) Health          2) Women trainings
24. Are you benefited by NSS activities?
   1) Yes             2) No
25. Does NSS activities enables the Empowerment of women?
   1) Yes             2) No
26. What is your opinion about Empowerment of women?
   1) To stop women harassment  2) Identify our self
   3) Develop decision making capacity / To stand our own leg

Section C
About SHG

27. What are the benefits of the membership of SHG?
   1) Financial help  2) Organizing capacity
   3) Awareness      4) Collect more informations
28. When was the SHG formed?
   1) 1-5 years   2) more than 5 years
29. When did you join SHG?
   1) Less than 4 years  2) more than 4 years
30. Why did you join SHG
   1) Help for children education  2) Self employment
   3) Awareness   4) Money savings   5) Overall development of family
31. Who motivate you to join SHG?
   1) Self interest  2) Taluk Panchayat president
   3) Friends   4) Anganwadi worker   5) NGOs.

I. Social Aspects
32. Does participation in SHG activities have helped you to take important decisions regarding family matters?
   1) Yes             2) No
33. In case are you the victim of exploitation, being member of SHG?
   1) Yes             2) No
34. How do the SHG activities assist you in dealing with dowry problem?
   1) Convince them about dowry prohibition our
   2) Fight for dowry      3) Knowledge

35. Have your SHG activities created hurdles in fulfilling family duties?
   1) Yes        2) No

36. How do SHG activities help you to deal with gender inequalities in the family?
   1) Education           2) Economic independence
   3) Giving equal opportunities  4) Awareness

37. Has your participation in SHG activities helped you to improve your status in patriarchal society as ours?
   1) To understanding legal acts           2) Knowledge

II Economic Aspects

38. How have SHG activities helped you to improved the economic conditions of the family?
   1) Financial help           2) Self confidence
   3) Self employment        4) Any other

39. Do you have liberty to spend and earn money through economic activities?
   1) Yes        2) No

40. Has it be possible to take bank loans though NGO/SHG's to satisfy your needs?
   1) Yes        2) No

41. Have you been able to repay the loans in time?
   1) Yes        2) No

42. Has your participation in SHG helped you to create more employment opportunities for your family members?
   1) Yes        2) No

III Political & Leadership Aspects.

43. In what way information on women's rights received through NGO programmer helped you to fight for women's rights?
   1) To know women rights           2) To stop women exploitation
   3) To stop girl child labour     4) Any other
44. In what way SHG activities have helped you to develop leadership qualities in you?
   1) Dedication  2) Duty conscious
   3) Responsibility  4) Organizing skill  5) Any other

**IV Education Aspects**

45. In what way the knowledge imparted through NGOs or SHGs have helped in women empowerment?
   1) Knowledge  2) Trainings
   3) Self employment  4) Decision making capacity  5) Any other

46. What programmes have been taken up by NGO's/ SHG's to increase the women literacy rate?
   1) Awareness through dramas
   2) Inform them the importance of literacy
   3) Sent them night schools
   4) Inform them the bad effects of illiteracy

**V. Health & hygiene**

47. In what way NGO's are helpful in keeping up good health of your family members an your self?
   1) Awareness of pulse-polio  2) Demonstrations
   3) Lectures about nutritious food  4) Free health checkup
   5) Awareness about pregnant woman's health

48. In order to what steps the NGO's have taken to maintain cleanliness and hygiene of the place where you reside and where you work?
   1) Awareness about cleaning
   2) Plantation
   3) Demonstrations
   4) Any other.

**VI Cultural Aspects**

49. Does your husband co-operate you while performing any SHG activities?
   1) Yes  2) No

50. What is the impact of your participation in the Kala-mela organized through NGO's?
   1) Identify potential talent
   2) Benefit by cultural exchange
51. What is the role of mass media in empowering your in your SHG activities?
   1) Dramas & other scenes are very impressive
   2) Develop self confidence
   3) More effective than other media
   4) Informative
   5) Any other

VII) Women empowerment Aspects

52. Have you gone to the concerned places for understanding women empowerment?
   1) Yes 2) No

53. What way NGO/SHG’s activities are supportive of women empowerment?
   1) Through trainings 2) Awareness 3) Self employment
   4) Through Bank loan facility 5) Self confidence

54. Have your SHG activities been responsible for starting self-employment schemes among your women friends?
   1) Education 2) Confidence building
   3) Moral support 4) Information the banking loan facility
   5) Any other