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Since in the limited sense of the term Yoga is practiced by people for other purposes than acquiring liberation which is the original objective of Yoga; the question "what are the philosophical foundations of different schools of Yoga?" is never asked. Therefore, this question is superfluous to those who are not philosophically inquisitive. However, there are people who want to know the exact relationship between Yoga and Philosophy. It is to satisfy the intellectual curiosity of such people that the present thesis work is undertaken.

The present thesis entitled Philosophical Foundations of Yogic Schools, which deals with Yoga as a remedy to the problems of human existence presupposes certain philosophical doctrines, which are central to it. The different forms of yogic discipline presuppose their own philosophical doctrines as their bases. Here a sincere effort has been made to deal with a few important schools of Yoga and their philosophical foundations.

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