ABSTRACT

An attempt has been made to study the association of Emotional Intelligence, Burnout, Adjustment needs and personality needs Creativity with Teacher Effectiveness of Science teachers of Central and State Government secondary schools of Mandya and neighbouring districts using questionnaire method. Personal Data Sheet, Teachers Emotional Intelligence Scale, Maslach Professional Burnout Inventoty, Eysenck Personality Inventory, Mangal’s Adjustment Inventory, Mehdi’s Thinking Creativity with Figures and Students’ Rating of Teacher Effectiveness scale were used to collect data. The investigator developed the tool Teachers Emotional Intelligence Scale suitable for teachers based on Goleman’s model of emotional intelligence. It consists of 70 items spread over all the 5 dimensions and 25 competencies which constitute emotional intelligence. Data was processed and appropriate statistical analysis was carried out. The following are the key findings from the present study. Effectiveness and non-effective science teachers differ significantly with respect to Emotional Intelligence, Burnout, Personality Needs, Adjustment needs and Creativity. Emotional Intelligence was found to be the first predictor of Teacher effectiveness followed by burnout and creativity. It was found that there was a significant and positive relationship between emotional intelligence and teacher effectiveness. It was also found that there was a significant and negative relationship between burnout and teacher effectiveness. Science teachers who are emotionally intelligent, less burnout and more creative will be in a better position to cope with the teaching profession, get along well with students, colleagues and other concerned personnel through self understanding, empathy and social skills. Development of the different faces of emotional intelligence viz., self-awareness, self-regulation, motivation, empathy and social skills among teachers can significantly help optimize teachers’ academic potential, their intra and interpersonal relationships, and ultimately, life success.