FOOD ADJUSTMENT SCHEDULE (FAS)

The survey of food adjustment problems of JNV students studying in VII standard (n=548 from 10 JNVs) has revealed that the problems being experienced by majority of them are as follows:

1. Allergy to the food served in the mess.
2. Never remember the mess food during the vacations.
3. Lack of delicious food in the mess.
4. Imposition of too many conditions and rules in the mess.

According to you, what are the possible causes for these problems? Kindly mention them on the sheet provided separately. Be specific.

What are your suggestions to improve adjustment of pupils with reference to the four food adjustment problems quoted above? Be specific.