# Appendix A

**Social Factors Affecting Patients with Neuro-Psychiatric Disorders**

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<th>O.P. No.</th>
<th>Age</th>
<th>Sex</th>
<th>Education</th>
<th>Domiciliary</th>
<th>Occupation</th>
<th>Income</th>
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FAMILY INTERACTION SCALES
(Adaptation of Ittleson Centre)
Definition of Scale Items
(Five Point Scale)

GROUP - A. FAMILY INVESTMENT OF SELVES IN HOME

Item 1. Maintenance and Furnishings:

1. Home is inadequately maintained and furnished. There is no evidence of thought, concern, or effort to make home comfortable or attractive.

2. Home is care. Furniture is badly in need of repair; walls are in need of repapering or repainting.

3. Some furnishings are adequate, or some rooms are adequately maintained and furnished. There is some evidence of sporadic effort to make the home comfortable and attractive.

4. Home is predominantly adequately maintained. Or home is kept up, but is lacking in comfort and attractiveness. Or home is excessively crowded with furniture and cluttered.

5. Entire home is adequately maintained and furnished. Home is comfortable, cheerful, and attractive. There are indications of thought and effort regardless of cost of furnishings of condition of building.

Item 2. Cleanliness and Orderliness:

1. Home lacks cleanliness and orderliness. Home is obviously uncared for, dirty, messy, and is disorderly; debris is all over; beds are unmade. Appearance of home is unkempt.

2. Home is predominantly dirty, messy and disorderly.
3. Most of home is lacking in cleanliness and orderliness.

4. Most rooms are clean and orderly; some are not.

5. Home has a comfortable, clean, orderly, cared for appearance.

GROUP B. FAMILY GROUP PATTERNS OF INTERACTION

Item 1. Verbal and Nonverbal Interaction

1. An absence or minimum of interaction is characteristic of the family. Members are apparently moving in different directions. There is excessive isolation and withdrawal from each other. Each member is preoccupied with himself.

2. There is constant, excessive interaction without clear communicative function. Or there is excessive domination by one person so as to prevent others from communicating. Or the interaction frequently is mechanical or superficial.

3. There is occasional free interaction among some family members.

4. Free interaction is characteristic of relationships, although there is more interaction among some family members than others. The contact achieved may sometimes be superficial in nature.

5. There is consistently free verbal and non-verbal interaction. All family members participate spontaneously in a manner suitable to the situation. The content of communication is realistic, congruent and pertinent.

Item 2. Family Alignments:

1. There are marked family alignments. The family is divided into two or more groups in an atmosphere of contention; e.g., mother-son versus father-daughter, one parent versus other family members, both parents versus children, or children versus parents. There are cliques which exclude some members. Or two or more members may "gang up" against others.
2. There is no evidence of family alignments because of extreme mutual isolation or family disorganization.

3. There are some strong alignments or strong alignments in some areas regarding some values or issues. There is frequent taking of sides. Alignments are exclusive and in an atmosphere of contention.

4. Some moderate alignments are noted. There is an apparent greater closeness among some family members than others. There may be some areas of mild contention between groups.

5. Family members seem to be on the same level of closeness in most instances without marked exclusive closeness or contention among members. Some mild alignments may exist which are appropriate to age, sex and role positions, such as parents versus children.

Item 3. Mutual Warmth and Affection:

1. There is an absence of warmth and affection among family members. Hostility, coldness and indifference are shown in behaviour towards each other. There is a markedly depressed quality of interaction.

2. There is an occasional show of warmth and affection. Or warmth and affection exist among some family members but not among all.

3. Expression of affection are contrived and are lacking in genuineness, excessively formal, mechanical or superficial.

4. There is moderate warmth and affection. More is shown for some members than for others.

5. There is reciprocal warmth and affection among all family members.
Item 4. Mutual Support and Cooperation:

1. There is an absence of mutual support and cooperation. Hostility is shown toward each other. There is frequent conflict among all family members. Lack of cooperation is shown in an absence of mutual help in activities and in verbal interaction. Or there is no evidence of mutual support and cooperation because of family disorganization or isolation from each other.

2. Some family members support or cooperate with deviant or bizarre behavior of other members.

3. There is occasional mutual support and cooperation among family members, is shown in some areas but not in others. Or support and cooperation are given in an offhand way and are superficial and lacking in genuineness.

4. Mutual support and cooperation are dominant, but there is some conflict or some lack of support in some areas or among some family members.

5. There is support and cooperation among all family members. Realistic interest and respect are shown for each other.

Item 5. Mutual Satisfaction:

1. There is an absence of mutual satisfaction, or there is prevailing dissatisfaction with each other. They show an inability to accept each other.

2. Members respond with pride and satisfaction in grossly deviant behavior of other members.
3. There is occasional satisfaction in some areas but not in others. Or some of the group are predominantly dissatisfied. Or there is indiscriminate satisfaction regardless of behaviour of others. Or expression of apparent satisfaction are lacking in genuineness.

4. There are indications of pride in or satisfaction with each other, with occasional evidence of dissatisfaction.

5. Mutual satisfaction is dominant. There is acceptance of each other with realistic understanding and without complaints.

Item 6. Authority:

1. There is an absence of authority. No authority exists in the family organization in the sense that decision-making is avoided and the family drifts. This may be the result of extreme isolation among members or of disorganization and absence of structure. Or there is domination by one member who behaves in a dictatorial manner and who may be resented by others. Or unrealistic decisions are imposed which are not in accordance with the needs of other members.

2. The patterns of authority are poorly discernible because of some isolation or disorganization. Or there are apparent patterns of authority which lack genuineness or are superficial.

3. There is some exercise of authority, but it is minimally effective. Authority is established in some areas, but is dominated by one person who makes decisions and accepts all responsibilities, but with consent of other family members. There is some unwarranted exercise of authority.
4. There is some selective exercise of authority; or some family members are selectively dominated by other family members some of the time. There is occasional resentment of authority exercised.

5. Authority is selectively exercised in accord with family and individual needs. There is realistic sharing of responsibility and decisions. Children share in decisions when appropriate for children to do so. Authority exercised by others is respected.

Item 7. Role Functioning:

1. There is an absence of affective role functioning with unclear definition of roles (Mother, Father, Child), which may result in shifting or reversal of roles. Members show open dislike of roles; e.g., resentment with respect to responsibilities and need for decisions; or complaints about burdens, duties, or expectations of others.

2. Role functioning is dominated by the needs and demands of others.

3. There is occasional adequate functioning in roles. Or some members adapt to their roles. There are some complaints. Or there is lack of genuineness in performance of roles.

4. Members are moderately effective in their role or in most aspects of their roles. There is concern for doing well.

5. Effective role functioning is characteristic of the family group. There is clear definition of family roles so that each knows his own role and that of others. Each carries out his role in a decisive organized manner.
Item 8. Family Group Atmosphere:

1. Family group produces an effect which is unpleasant, hectic, discordant, tense, overactive, depressed, cold, stiff, formal or inhospitable.

2. Effect of family group is predominantly unpleasant, hectic, discordant, tense, overactive, depressed, cold, stiff, formal or inhospitable.

3. Family attempts a pose of harmony which lack genuineness.

4. Effect of family group is predominantly pleasant relaxed, harmonious, informal, or hospitable.

5. Family group promotes a pleasant, warm, relaxed atmosphere. It is informal, hospitable and harmonious.

GROUP - C. INTERACTION OF HUSBAND AND WIFE AS MARITAL PARTNERS

Item 1. Reciprocal Warmth and Affection:

1. There is an absence of reciprocal warmth and affection. There is extreme emotional distance between partners. Quality of relatedness is very mechanical.

2. Frequent and open mutual hostility and anger exist.

3. There is occasional reciprocal warmth and affection. Hostility is evident, but usually is controller. Or no hostility is apparent, but there is no indication of warmth and affection. Or expressions of affection have a contrived, stereotyped, artificial or superficial quality.

4. Reciprocal warmth and affection is usually characteristic of the relationship. Rapport is usually good.

5. There is consistent reciprocal warmth and affection. A friendly manner of relating to each other exists. Disagreements are not in an atmosphere of hostility.
Item 2. Balance of Dominance:

1. There is no evidence of dominance pattern because of extreme mutual isolation.

2. There is an absence of balance of dominance. Both partners openly compete for the dominant, controlling position in an atmosphere of hostility.

3. There is a minimal balance of dominance. Frequent competition for the dominant role exists. Or one partner overtly dominates the other who in turn submits with or without overt expressions or contrived, or artificial way of relating.

4. Balance of dominance is more characteristic of the relationship. However, there is some competitiveness for the dominant role. Or there is submission to domination.

5. There is balance of dominance and mutual acceptance between partners. Neither partner shows desire to compete with or to dominate the other partner; there is a give-and-take in the relationship. Consistent, stable sharing of decisions is characteristic. Some decisions are routinely delegated by mutual consent to one or the other of the marital pair.

Item 3. Mutual Support:

1. There is an absence of mutual support. Partners undermine each other. They compete openly for the attention of other persons. Malicious teasing, open insults, and hostile behaviour are shown toward each other. Partners give praise and support indiscriminately without regard for deviance of the behaviour which is supported.
2. Mutual support may be lacking because of extreme distance between partners.

3. Occasional mutual support is evident. Or one partner carries the burden of support so that a mutual quality is lacking. Or expressions of apparent support are hollow, mechanical, contrived, or superficial.

4. Partners usually support one another. Occasional teasing, facetious, or hostile remarks are made.

5. Mutual support is dominant. Partners show respect for each other's opinion, listen to each other, and give mutual, realistic praise. There is an underlying tone of mutual approval and respect.

Item 4. Cooperation:

1. There is an absence of cooperation or in activities. Partners do not help each other and do not consult or work together. One partner takes over and the other either is passive or actively interferes. Or lack of cooperation is an extreme issue for one partner. Or partners cooperate in grossly deviant behaviour.

2. Partners function in an isolated way.

3. There is cooperation some of the time or in some areas. Or cooperation is mostly due to one partner; mutual help is lacking. Or cooperative efforts are half-hearted or superficial.

4. There is cooperation most of the time and in most areas.

5. Cooperation is characteristic of the relationship. There is mutual help verbally and in activities in order to reinforce realistic and desirable behaviour. Partners consult each other and provide services for each other. They respect special skills, or lack of them, in the each other.
Item 5. Compatibility:

1. Partners are incompatible and show no mutual acceptance. They do not share pleasure, do not like the same things and have divergent interest and opinions. They do not attempt to adapt to each other. There is some sharing of pleasure, but in bizarre or deviant ideas and interests.

2. There is no evidence of compatibility because of extreme emotional isolation.

3. There is compatibility and mutual acceptance in some areas, but extreme lack in others. Or one partner is markedly more satisfied with spouse than the other. One partner bears most of the burden of adapting. Or there is apparent compatibility which has an artificial, contrived, or ritualistic quality.

4. Partners are compatible in most areas and in regards to most values. Mutual adaptation is successful, on the whole.

5. Partners are compatible. They accept each other as individuals. There is mutual adaptation with realistic sharing of pleasure, values, and some interests.

Item 6. Verbal and Nonverbal Interaction:

1. An absence of minimum of interaction is characteristic of the marital pair. Partners seldom talk to each other or look at each other. There is excessive isolation and withdrawal from each other. Partners do not communicate unless absolutely necessary. There is minimal or no response to each other. Or there is verbal and nonverbal activity, but little effective communication.
2. Content of communication is grossly bizarre, incongruent or not pertinent.

3. There is occasional free interaction. Or the interaction is dominated by one partner so as to block the responsiveness of the other partner. Or there is occasional communication primarily in relation to the children but not to each other as individuals. Or the interaction is mechanical or artificial.

4. Free interaction is characteristic of the relationship, although the communication may sometimes by superficial or hostile in nature. Or there is some interruption which prevents hearing of what the other partner says.

5. There is consistently free verbal and nonverbal interaction. Partners talk to each other; they respond verbally and by looking. They communicate effectively.

Item 7. Maturity and Interdependence:

1. There is an absence of maturity in the relationship. Partners relate to each other in an immature, child-like manner. One or both partners are excessively dependent and relate in a child-like way. The relationship appears like that of a parent and child or two children rather than that of two adults.

2. There are no indications of interdependence because of isolation of partners from each other.

3. There are some indications of maturity of relationship, but the relationship is primarily like that of parents and child. Or partners are overtly independent most of the time.

4. There are some indications of immaturity of relationship, but it is not characteristic of the relationship. There is an occasional dependent, child-like quality to the relationship.

5. There is a mature level of relating to each other as two adults. There is a mature, mutual dependence as husband and wife, not as parent and child.
GROUP - D. INTERACTION OF HUSBAND AND WIFE AS PARENTS:

Item 1. Division of Labour in Care of Children:

1. There is an absence of division of labour in care of children. One partner assumes the entire burden of care of children with no help from the other partner.

2. Both parents participate minimally in care of children.

3. There is occasional sharing of care of children. Or care is carried out more as individuals in an isolated way rather than as a parental pair: there is isolated attention by a parent to children without reference to the other parent. Or any sharing is on the basis of demands by one parent with grudging or minimal compliance by the other.

4. Parents share in care of children, although one bears a disproportionate burden. Or the sharing is frequently on the basis of demands one parent makes on the other.

5. The parents divide and share care of children in ways that are in accord with their specific culture.

Item 2. Mutual Support and Cooperation:

1. There is an absence of mutual support and cooperation. Parents exclude each other in relation to child. Or parents function in an isolated way in relation to the children without active opposition but without support or cooperation.

2. One parent belittles or aggressively dominates the other parent. Or one parent "gangs-up" with children against the other parent.
3. There is occasional mutual support and cooperation. Or support and cooperation are shown in some areas but not in others. Or parents support or cooperate with each other’s grossly deviant or bizarre behaviour with children. Or they support each other in their acceptance of deviant behaviour of the children. Or expressions of support and cooperation are lacking in genuineness.

4. There is mutual support and cooperation in most areas. Occasional lack of support or minimal active support is shown.

5. There is mutual support and cooperation in relation to children. Parents show respect for each other and include each other in decisions. They help each other in various ways. The mutual support and cooperation are positive and constructive in tone.

Item 3. Conformity to Traditional Parental Roles:

1. There is an absence of conformity to traditional parental roles: eg. Father does mothering, takes care of children’s physical needs, assumes burden of their care, or the mother abdicates her role.

2. Neither parent conforms to parental roles.

3. There is some conformity or conformity in some areas. The father over or underparticipates in care of children, or the mother does not conform to some aspects of her role.

4. There is conformity in most areas. The deviations from traditional roles are slight.

5. Both parents conform to traditional roles. The mother assumes most of the physical care of children and attends to most of the children’s needs most of the time. The father may participate, but takes a minor role in physical care and does so to help the mother. The father plays with the children and takes an active interest in them.
GROUP - E. PARENT - CHILDREN INTERACTION:

a) FREEDOM OF INTERACTION:

Item 1. Overall Interaction:

1. There is absence of free interaction, or there is very minimal interaction between parent and children: e.g. only when absolutely necessary to enable mechanics of everyday living. Or the children attempt communication to which the parent does not respond. Or the interaction between parent and children excludes all other family members. Or there is excessive or constant response on the part of either parent or children which interferes with back and forth interaction.

2. The interaction is mechanical or is not genuine in quality.

3. There is occasionally free interaction. Or the interaction between parent and children is primarily at the level of discipline and control. Or content is bizarre, incongruent, or not pertinent.

4. There is moderate free interaction, but some constraint or withdrawal. Or there is some excessive interaction. Or the parent makes adequate effort to encourage free interaction despite the children's withdrawal or uncooperativeness.

5. There is consistently free interaction. Parent and children communicate effectively with another without interfering with interactions of other family members. The content of communication is realistic, congruent and pertinent.
Item 2. Verbal Interaction:

1. There is absence or minimum of verbal interaction. Verbal interaction is confined to bare necessities. Or there is constant, excessive verbal response on the part of either parent or children which interferes with interaction.

2. Verbal content is bizarre, incongruent, or not pertinent. Or the interaction is mainly in relation to controlling the children.

3. There is occasionally free verbal interaction. Or the interaction is dominated by needs and demands of one person so as to block the responsiveness of the other person. Verbal interaction is mechanical or lacking in genuineness.

4. There is moderately free verbal interaction. Or the parent makes adequate efforts to encourage free verbal interaction despite withdrawal by the children or lack of cooperation from the children.

5. There is consistently free verbal interaction. Parent and children communicate effectively with each other without interfering with the verbal interaction of other family members. The content of communication is realistic, congruent and pertinent.

Item 3. Warmth, Affection and Pleasure:

1. There is an absence of warmth, affection, and pleasure. Excessive hostility, coldness, distance, and isolation from the children are predominant. Relationship is on an attacking level.

2. Pride is shown in relation to deviant or bizarre behaviour by the children. Parent's manner of relating is contrived, intellectual, not genuine.
3. There is occasional warmth and pleasure in interaction. Parent shows little evidence of pride in the children.

4. There is moderate pleasure and warmth in the interaction. Parent shows pleasure in some areas but not in others.

5. Warmth and pleasure are characteristic of the interaction with the children. There is evidence of pleasure and pride in the children. Pleasure response is appropriate to the children's behaviour.

b) Parent's Acts Toward Children:

Item 1. Control of Children:

1. Parent does not exercise suitable control. Parent does not set necessary limits for the children or does not impose acceptable cultural requirements for conformity and social behaviour. Or there is an absence of any control.

2. Excessive overcontrol is shown in constant direction of the children and in exaggerated imposition of disciplines and setting of limits. The control or lack of control does not meet the needs of the children.

3. Parent only occasionally exercises suitable control.

4. Parent usually exercises suitable control.

5. Parent exercises suitable control.

Item 2. Demands Made of Children:

1. Parent makes fewer or no demands where they would be reasonable or necessary. Or parent makes excessive demands on the children in terms of behaviour requirements, level of development of skills, or assumption of responsibilities.
2. Parent is extremely tentative in making demands. Or parent makes bizarre or unrealistic demands.

3. Parent's demands are usually excessive or insufficient. Or demands are made but frequently not enforced. Or the demands are frequently based on the parent's needs rather than the children's.

4. Parent's demands are occasionally excessive or insufficient.

5. Parent makes demands which are suitable to the children's age, situation, and needs. There is desirable encouragement of the children's individuality, initiative, independence and sense of responsibility.

Item 3. Imposition of Routines:

1. Parent does not impose ordinary, essential, and desirable routines. The routines of daily living are either ritualistic, rigid, or unrealistic without concern for the needs of the children and the family.

2. Routines are not imposed at all; eg. the children eat and sleep whenever they want to without regard for the needs of others.

3. Parent only occasionally impose ordinary, essential and desirable routines. Or routines are imposed with regard to the needs of the person without regard for the needs of others.

4. Parent is only occasionally remiss in the imposition of ordinary, essential, and desirable routines.

5. Parent imposes routines which meet the needs of both the children and the family. Parent has the ability to be flexible.
Item 4. Anticipation of Children's Physical Needs:

1. Parent does not perceive or anticipate the children's needs for protection, food and sleep. Or parent continually overanticipates the children's needs; eg. the children are care for, dressed, fed and toileted beyond their age needs.

2. The children are not protected from potential danger, or protection is accompanied by hostility toward the children. Or gratification of needs is effected in a hostile manner.

3. Parent occasionally anticipates the children's needs for protection, food and sleep.

4. Parent usually anticipates the children's physical needs.

5. Parent typically perceives and anticipates the children's physical needs. Parent shows concern for the children's welfare.

Item 5. Meeting of Children's Demands:

1. Parent refuses to meet or ignores demands or there is an acceptance of children's exaggerated passivity or withdrawal.

2. Parent meets unrealistic, bizarre, demands of the children. Parent usually complies with the children's excessive demands, or parent frequently accepts or complies with unrealistic or excessive demands of the children.

3. Parent occasionally accepts and complies with unrealistic or excessive demands by the children. Or parent occasionally fails to meet realistic demands.

4. Parent only occasionally meets realistic demands of the children.

5. Parent meets realistic and suitable demands of the children.
Item 6. Participation in Children's Activities:

1. There is an absence of participation or overparticipation in the children's activities. Or parent constantly criticises or praises the children in their activities.

2. The children are not given opportunity to function on their own. Parent constantly gives suggestions or directions to the children. Or parent participates in bizarre activities of the children.

3. There is frequent overparticipation in the children's activities. Or there is frequent lack of participation. Participation is primarily the result of the children's demands.

4. There is occasional overprotection or underparticipation in the children's activities.

5. There is suitable participation in the children's activities. The children are given opportunity to function on their own.

GROUP - F. CHILDREN - PARENT INTERACTION:

Item 1. Compliance of Children with Parental Control and Demands

1. There is an absence of reasonable compliance or excessive overcompliance to parental control. The children ignore the parent's efforts or are excessively devious, deceptive, evasive, or openly defiant.

2. There is no evidence of compliance or defiance because of absence of parental control, or because of withdrawal and isolation of the children.
3. There is occasional reasonable compliance or lack of compliance.

4. There is reasonable compliance to parental control most of the time.

5. There is reasonable compliance to parental control. Or there is some direct noncompliance when parents control the children excessively or unreasonably. Compliance is not delayed, but is fairly spontaneous.

Item 2. Demands on Parents by Children:

1. There is an absence of reasonable and realistic demands on the parents by the children.

2. The children's demands are either excessive or bizarre, or no demands are made, as shown in complete passivity or withdrawal.

3. There are only occasional reasonable demands. Or the children's demands consist of asking only for service or things, or only for the parent's attention and presence.

4. There are only occasional unreasonable demands.

5. The children make reasonable and realistic demands of the parents.

Item 3. Absence of Marked Preference:

1. The children always show a marked preference for one parent. The unfavoured parent is excluded, or hostility is shown. The preference is shown in all activities.

2. Preference is not shown because of extreme mutual isolation.

3. The children frequently show a marked preference for one parent.
4. The children occasionally show a marked preference for one parent.

5. There is an absence of marked preference, although some mild preferences may exist or be shown in certain situations.

GROUP - G. CHILD - CHILD INTERACTION:

Item 1. Mutual Acceptance:

1. There is an absence of mutual acceptance. The children ignore each other. They are isolated from each other in their activities. Or there is severe open conflict, rivalry, mutual aggressiveness and lack of sharing.

2. The children frequently are in open conflict and rivalry. Or there is frequent mutual isolation.

3. There is occasional mutual isolation rivalry.

4. There is mutual acceptance. Some affection, warmth, and protection are shown toward each other. There is common play and sharing.

5. There is considerable mutual acceptance and show of warmth and affection. Spontaneous sharing is common.

Item 2. Sharing of Parents:

1. The children do not share the parents. There is extreme rivalry for the parents' attention. They cannot tolerate parental attention to the other children. Or one child withdraws and allows the other children to monopolize the parents.

2. There is no evidence of patterns of sharing because of emotional isolation of one or more children.

3. There is occasional sharing of the parents.

4. There is occasional absence of sharing of the parents.

5. The children share the parents. They respect each other's needs for the parents and show interest in each other's interaction with the parents.
THE ADJUSTMENT INVENTORY ADULT

FORM

BY

HUGH M. BELL

Published By

STANFORD UNIVERSITY PRESS

Stanford, California.

NAME: _____________________ SEX: ______ OCCUPATION: ____________

MARRIED OR SINGLE: __________ DATE: ______________

EDUCATIONS (TECH SCHOOL, GRADUATE, ETC.): _____________________

DIRECTIONS

Are you interested in knowing more about your own Personality? If you will answer HONESTLY AND THOUGHTFULLY all of the questions on the pages that follow, it will be possible for you to obtain a better understanding of yourself. These questions have been carefully selected and then given to a large number of persons. By comparing your answers with the answers of the group you will secure a more accurate notion of your own characteristics. The value of this to you will be in proportion to the care and honesty with which you answer each question.

Your answers to the questions will be treated in the strictest confidence. Therefore, feel free to give replies. There are no RIGHT or WRONG answers. Indicate your answer to each question by drawing a circle around the "YES", "NO" or "?". Use the question mark only when you are certain that you cannot answer, "Yes" or "No". There is no time limit, but work rapidly.
If you are not employed now, answer the occupational questions with reference to the last position which you held. Housewives who are not employed outside the home should omit the questions referring to working conditions.

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1a. Does the place in which you live now in any way interfere with your obtaining the social life which you would like to enjoy?

2d. Do you have ups and downs in mood without apparent cause?

3b. Are you troubled occasionally by a skin disease or skin eruption such as athlete's foot, carbuncles, or boils?

4c. Do you feel self-conscious when you have to ask an employer for work?

5e. Do you sometimes get badly flustered and "jittery" in your present jobs?

6b. Have you had any trouble with your heart or your kidneys or your lungs?

7a. Do you feel that your present home environment allows you enough opportunity to develop your own personality?

8c. Do you like to participate in festival gatherings and lively parties?

9c. Do you think you made the wrong selection of your occupation?

10d. Have you ever been extremely afraid of something which you knew could do you no harm?

11a. Is any member of your present home very nervous?

12e. Does your present work allow you time off each year for some vacation?

13b. Have you ever been anemic (lacking in red blood corpuscles)?

14b. Do you worry too long over humiliating experiences?

15c. Do you find it difficult to start a conversation with a stranger?

16a. Did you disagree with your parents about the type of occupation you should enter?

17c. Does it upset you considerably to have some one ask you to speak when you have had no time to prepare your talk?
18d. Does some particular useless thought keep coming into your mind to bother you?

19b. Do you take cold rather easily from other people?

20e. Do you think you must "play politics" to get promotion or an increase in pay in your present job?

21c. Do you keep in the background on social occasions?

22a. Have you had unpleasant disagreements over such matters as religion, politics, or sex with the person or persons with whom you like?

23d. Do you get upset easily.

24b. Do you find it necessary to watch your health carefully?

25a. Has there ever been a divorce among any members of your immediate family?

26e. Has your employer always treated you fairly?

27b. Do you frequently come to your meals without really being hungry?

28d. Are you often in a state of excitement?

29c. Do you feel embarrassed if you have to ask permission to leave a group of people?

30e. Do you think that you have to work too long hours on your present job?

31a. Have any of the members of your present home made you unhappy by criticising your personal appearance?

32c. Do you find that you tend to have a few close friends rather than many casual acquaintances?

33b. Have you had an illness from which you feel that you have not completely recovered?

34d. Does criticism distress you greatly?

35a. Are you happy and contented in your present home environment?
36e. Would you like to secure some other job than the one you now hold?
37e. Are you often the center of favorable attention at a party?
38b. Do you frequently have shooting pains in the head?
39d. Are troubled with the ideas that people are watching you on the street?
40a. Do you feel a lack of affection and love in your present home?
41e. Do you have considerable difficulty in knowing just where you stand with your present employer?
42b. Do you suffer from sinusitis or any obstruction in your breathing?
43d. Are you bothered by the feeling that people are reading your thoughts?
44c. Do you make friends readily?
45e. Do you feel that your present employer or boss holds a personal dislike or grudge toward you?
46a. Do you person or persons with whom you now live understand you and sympathize with you?
47a. Do you day dream frequently?
48b. Has any illness you have had resulted in a permanent injury to your health?
49e. Do you have to work on your present job with certain people when you dislike?
50c. Do you hesitate to enter a room by yourself when a group of people are sitting around talking together?
51a. Do you feel that your friends have happier home environments than you?
52c. Do you often hesitate to speak out in a group lest you say and do the wrong thing?
53b. Do you have difficulty in getting rid of a cold?
54b. Do ideas often run through your head so that you cannot sleep?

55a. Does any person with whom you live now become angry at you very easily?

56a. Are you getting enough pay on your present job to support those who are dependent upon you?

57b. Are you troubled with too high or too low blood pressure?

58d. Do you worry over possible misfortunes?

59c. If you come late to a meeting would you rather stand or locate than take a front seat?

60e. Is your present boss or employer an individual whom you feel you can always trust?

61b. Are you subject to hay fever or asthma?

62a. Are the members of your present home congenial and well-suited to each other?

63c. At a reception or a tea do you seek to meet the important person present?

64e. Do you feel that your employer is paying you a fair salary?

65d. Are you feelings easily hurt?

66b. Are you troubled much with constipation?

67a. Do you dislike intensely certain people with whom you live now?

68c. Are you sometimes the leader at a social affair?

69c. Do you like all the people with whom you work on your present job?

70d. Are you bothered by the feeling that things are

71a. Do you occasionally have conflicting moods of love and hate for members of your immediate family?

72c. Do you feel very self-conscious in the presence of people whom you greatly admire but with whom you are not well acquainted?
73b. Do you frequently experience nausea or vomiting or diarrhoea?

74d. Do you blush easily?

75a. Have the actions of any person with whom you now life frequently caused you to feel blue and depressed?

76e. Have you frequently changed jobs during the last five years?

77c. Do you ever cross the street to avoid meeting somebody?

78b. Are you subject to tonsillitis or other throat ailments?

79d. Do you often feel self-conscious because of your personal appearance?

80e. Does your present job fatigue you greatly?

81a. Is the home where you live now often in a state of turmoil and discussion?

82d. Do you consider yourself rather a nervous person?

83c. Do you greatly enjoy social dancing?

84b. Are you subject to attacks of indigestions?

85a. Did either of your parents frequently find fault with your conduct when you lived with them?

86e. Do you feel that you have adequate opportunities to express your own ideas in your present job?

87c. Do you find it very difficult to speak in public?

88b. Do you feel tired most of the time?

89e. Is the pay in your present work so low that you worry lost you be unable to meet your financial obligations?

90d. Are you troubled with feelings of inferiority?

91a. Do the personal habits of some of the people whom you now live irritate you?

92d. Do you often feel just miserable?
93b. Has it been necessary for you to have frequent medical attention?

94c. Have you had a number of experiences in appearing before public gatherings?

95e. Have you been able to get the promotion you desire your present job?

96a. Does any member of your present home try to dominate you?

97b. Do you often feel fatigued when you get up in the morning?

98e. Do any of the people with whom you work have personal habits and characteristics which irritate you?

99c. When you are a guest at an important dinner to you do without something rather than ask to have it passed to you?

100d. Does it frighten you to be alone in the dark?

101a. Did your parents tend to supervise you too closely when you lived with them?

102e. Have you found it easy to make friendly contact with members of the opposite sex?

103b. Have you considerably underweight?

104e. Does your present job force you to hurry a great deal?

105d. Have you ever, when you were on a high place, been afraid that you might jump off?

106a. Do you find it easy to get along with the person or persons with whom you live now?

107c. Do you have difficulty in starting conversation with a person to whom you have just been introduced?

108b. Do you frequently have spells of dizziness?

109d. Are you often sorry for the things you do?

110e. Does your present employer or boss take all the credit for a piece of work which you have done yourself?
111a. Do you have frequent disagreements with the individual or individuals where you live now concerning the way things are to be done about?

112d. Do you get discouraged easily?

113b. Have you had considerable illness during the last ten years?

114c. Have you had experience in making plans for an directing the action of other people such as committee chairman, leader of group etc.?

115c. Do you feel that you are just a cog in an human machine in your present job?

116a. Does any person in the place you now live frequently object to the companions and friends with whom you like to associate?

117b. Are you subject to attacks of influenza?

118e. Does your present employer or boss praise you for work which you do well?

119c. Would you feel very self-conscious if you had to volunteer an idea to start a discussion among a group of people?

120d. Have you frequently been depressed because of the unkind things others have said about you?

121a. Are any of the members of your present household very easily irritated?

122b. Do you have many colds?

123e. Are you troubled with shyness?

124d. Are you easily frightened by lightning?

125e. Did you enter your present job because you yourself really wanted to go into it?

126b. Have you ever had a major surgical operation?

127a. At home did your parents frequently object to the kind of companions you went around with?

128e. Do you find it easy to ask others for help?

129e. Do you get discouraged in your present work?

130d. Do things often go wrong for you from no fault of your own.
131a. Would you like very much to move from the place where you now live so that you might have more personal independence?

132c. When you want something from a person with whom you are not very well acquainted, would you prefer to write a note or letter to the individual than go and ask him or her personally?

133b. Have you ever been seriously injured in any kind of an accident?

134d. Do you dread the sight of a snake?

135e. Do you feel that your work is supervised by too many different bosses?

136b. Have you lost considerable weight recently?

137a. Does the lack of money tend to make your present home life unhappy?

138c. Would it be difficult for you to give an oral report before a group of people?

139e. Is your present job very monotonous?

140d. Are you easily moved to tears?

141b. Do you frequently feel very tired toward the end of the day?

142a. When you lived with your parents did either of them frequently criticize you unjustly?

143d. Does the thought of an earthquake or a fire frighten you?

144c. Do you feel embarrassed when you have to enter a public assembly by yourself after everyone else has been seated?

145e. Do you find that you have very little real interest in your present job?

146b. Do you sometimes have difficulty getting to sleep even when there are no noises to disturb you?

147a. Is there anyone at the place where you live now who insists on your obeying him or her regardless of whether or not the request is reasonable?
148c. Did you ever take the lead to enliven a dull party?

149e. Do you feel that your immediate superior or boss lacks sympathy and understanding in dealing with you as an employer?

150d. Do you often feel lone some even when you are with people?

151a. As a youth did you ever have a strong desire to run away from home?

152b. Do you have many headaches?

153d. Have you ever felt that someone was hypnotizing you and making you act against your will?

154c. Do you often have much difficulty in thinking of an appropriate remark to make in group conversation?

155e. Do you sometimes feel that your employer does not show real appreciation of your attempts to do your job in superior manner?

156b. Have you ever had scarlet fever or diphtheria?

157a. Do you sometimes feel that you have been a disappointment to your parents?

158c. Do you take responsibility for introducing people at a party?

159c. Do you experience a fear of losing your present job?

160d. Do you frequently have spells of the blues?
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