### INTERVIEW SCHEDULE

**A STUDY OF THE POSSESSED: A PSYCHO-SOCIAL PERSPECTIVE**

I. Demographic data:

1.0 Sl.No.

| 1.01 Age | 1) 10 to 14 years  
|          | 2) 15 to 19 years  
|          | 3) 20 to 24 years  
|          | 4) 25 to 29 years  
|          | 5) 30 to 34 years  
|          | 6) 35 to 39 years  
|          | 7) 40 & Above years |

| 1.02 Gender | 1) Male  
|             | 2) Female |

| 1.03 Educational status | 1) Illiterate  
|                         | 2) Literate  
|                         | 3) Primary  
|                         | 4) High School  
|                         | 5) Any other |

| 1.04 Occupation | 1) Coolie  
|                 | 2) Housewife  
|                 | 3) Agriculture  
|                 | 4) Maid Servant  
|                 | 5) Business  
|                 | 6) Temple Priest  
|                 | 7) Any other |

| 1.05 Personal Income (per month) | 1) Nil  
|                                 | 2) Upto Rs.500  
|                                 | 3) Rs.501 to Rs.1000  
|                                 | 4) Rs.1001 to Rs.1500  
|                                 | 5) Rs.1500 & Above |
1.06 Family Income (per month):
- 1) Upto Rs.500
- 2) Rs.501 to Rs.1000
- 3) Rs.1001 to Rs.1500
- 4) Rs.1501 to Rs.2000
- 5) Rs.2001 to Rs.2500
- 6) Rs.2501 & Above

1.07 Religion:
- 1) Hindu
- 2) Muslim

1.08 Caste:
- 1) Vokkaliga
- 2) Lingayat
- 3) Brahmin
- 4) Backward Caste / Comm.
- 5) Scheduled Caste
- 6) Scheduled Tribe
- 7) Maratha
- 8) Shia Muslim

1.09 Marital Status:
- 1) Single
- 2) Married
- 3) Widowed
- 4) Separated

1.10 Duration of Possession history:
- 1) Less than a month
- 2) 1 to 6 months
- 3) 6 to 12 months
- 4) 12 to 18 months
- 5) 18 to 24 months
- 6) Above 24 months

1.11 Type of possession:
- 1) Voluntary Possession
- 2) Involuntary Possession

1.12 Family history of possession:
- 1) Yes
- 2) No

1.13 Geographical background:
- 1) Rural
- 2) Urban

1.14 Type of family:
- 1) Nuclear
- 2) Joint
1.15 Head of family : 1) Self  
                      2) Father/Mother  
                      3) Husband  
                      4) Father-in-law  
                      5) Mother-in-law  
                      6) Any other  

1.16 Family size : 1) 2 to 4 members  
                   2) 5 to 7 members  
                   3) 8 to 10 members  
                   4) 11 & above members  

1.17 Change in the type of family after marriage : 1) Yes  
                                                      2) No  
                                                      3) Not applicable  

1.18 Change in the religious practices after marriage : 1) Yes  
                                                      2) No  
                                                      3) Not applicable  

II. Home Environment & Religious Practices :  

2.01 Whether residing in own house? : 1) Yes  
                                        2) No  

2.02 Type of house : 1) Tiled  
                     2) hut  
                     3) Stone Building  
                     4) R.C.C.  

2.03 Housing facilities : 1) Good  
                         2) Fair  
                         3) Bad  

2.04 Environment around the house : 1) Clean  
                                     2) Closely knit  
                                     3) Scattered  
                                     4) Intimacy  
                                     5) Indifference  

2.05 Is there any incidence of possession phenomena in the neighbourhood : 1) Yes  
                                                                             2) No  

2.06 Whether family members witnessed those attacks? : 1) Yes  
                                                       2) No  

2.07 Whether case has seen them? : 1) Yes  
                                  2) No
<table>
<thead>
<tr>
<th>Question</th>
<th>Options</th>
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<tbody>
<tr>
<td>2.08 How is the relationship between the family members?</td>
<td>1) Good</td>
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<td>2) Fair</td>
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<td>3) Bad</td>
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<td>2.09 Daily worship</td>
<td>1) Yes</td>
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<td></td>
<td>2) No</td>
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<td>2.10 Festivals</td>
<td>1) Yes</td>
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<td>2) No</td>
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<td>2.11 Visits to temples</td>
<td>1) Yes</td>
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<td>2) No</td>
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<td>2.12 Observing faith</td>
<td>1) Yes</td>
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<td>2) No</td>
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<td>2.13 Performing Pooja occasionally</td>
<td>1) Yes</td>
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<td>2) No</td>
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<td>2.14 Taking vow</td>
<td>1) Yes</td>
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<td>2) No</td>
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<td>2.15 Marriage Rituals</td>
<td>1) Yes</td>
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<td></td>
<td>2) No</td>
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<td>3) Not applicable</td>
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<td>2.16 Rituals during pregnancy</td>
<td>1) Yes</td>
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<td>2) No</td>
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<td>3) Not applicable</td>
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<td>2.17 Rituals pertaining to childbirth</td>
<td>1) Yes</td>
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<td>2) No</td>
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<td></td>
<td>3) Not applicable</td>
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<td>2.18 Death rituals</td>
<td>1) Yes</td>
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<td>2) No</td>
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<td>2.19 Do you think that God's curse would cause difficulties and sufferings from diseases?</td>
<td>1) Yes</td>
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<td>2) No</td>
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<td>2.20 Whether family members would suffer due to the influence of evil spirits</td>
<td>1) Yes</td>
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<td></td>
<td>2) No</td>
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III. Personal (Case) History of the Possessed:

3.01 Birth order of the case:
1) First child
2) Second child
3) Third child
4) Fourth child
5) Only child
6) Last child
7) Any other

3.02 No. of siblings:
1) 1 to 2
2) 3 to 4
3) 5 to 6
4) Nil

3.03 Type of relationship with siblings:
1) Satisfactory
2) Not satisfactory

3.04 The health condition during childhood:
1) Satisfactory
2) Not satisfactory

3.05 Age at which sent to school:
1) Not sent to school
2) 6 years of age
3) 7 years of age

3.06 If not sent to school, give reasons:
1) Lack of interest
2) Domestic work
3) Parental neglect
4) Poverty
5) Not Applicable
6) Any other

3.07 The activities in which the case would participate in school:
1) Studies
2) Games
3) Cultural activities
4) All
5) Not applicable

3.08 The relationship between the case and classmates:
1) Good
2) Somewhat good
3) Poor
4) Not applicable
3.09 Activities of non-school going cases during the childhood:
1) Attending to domestic chores
2) Looking after the siblings
3) Child labour
4) Not applicable

3.10 Any behavioural problem discovered during childhood:
1) Yes
2) No
3) Not applicable

3.11 Habits/hobbies of the case:
1) Smoking
2) Fan
3) Any other
4) Nil

3.12 Age at Menarche:
1) 11 to 12
2) 13 to 14
3) 15 to 16
4) Not applicable

3.13 Reactions to physical and social changes due to menarche:
1) Happy
2) Anxious
3) Frightened
4) Shy
5) Any other
6) Not applicable

3.14 Problems experienced during menstrual cycles:
1) Yes
2) No
3) Not applicable

3.15 Age at marriage:
1) 10 to 12 years
2) 13 to 15 years
3) 16 to 18 years
4) 19 to 21 years
5) Any other
6) Not applicable

3.16 Type of marriage:
1) Arranged
2) Proposed
3) Not applicable

3.17 Married within relation:
1) Yes
2) No
3) Not applicable
3.18 Married with consent

3.19 Marital relationship

3.20 Number of children

3.21 Why does an individual have difficulties in life?

3.22 How the problems could be solved?

3.23 Have you experienced any of the following physical stresses recently (within one year prior to the of possession)?

3.24 Psychological stresses
3.25 Social stresses
: 1) Inter-personal problems
2) Family problems
3) Insult/disgrace
4) Illtreatment
5) Social neglect
6) Nil

3.26 Economic Stresses
: 1) Financial loss
2) Death
3) Unlimited expenses
4) Inadequate resources
5) Nil

3.27 Reaction to Stresses
: 1) Unhappy
2) Very sad
3) Helpless
4) Cool acceptance

3.28 Steps undertaken to overcome the Stresses
: 1) Consulted doctor
2) contacted traditional healer
3) Started serving God/Spirit
4) Taken vow to God
5) Received help from others

3.29 Level of improvement in their condition
: 1) 75% to 100%
2) 50% to 75%
3) 50% to 25%
4) Less than 25%
5) Nil

3.30 Whose support you could get during Stressful situation
: 1) Parents/family
2) Husband
3) In-laws
4) Relative/friends
5) Leaders or government agencies
6) No support
7) Traditional healers
8) Temples/public etc.
IV. Health knowledge and medical services available:

4.01 Why does man become sick:
1) Fate of karma
2) Organic imbalance
3) I do not know
4) Bad habits

4.02 Health knowledge of the client:
1) Good
2) Fair
3) Poor

4.03 Serious disease occurred recently in the family:
1) Yes
2) No
3) Only in the case

4.04 What the family does when someone is sick in the family:
1) Take home medicine
2) Take herbal medicine
3) Consult doctor
4) Consulted traditional healers
5) Taken vow to God

4.05 Whether a sick person gets better attention and care than normal?
1) Yes
2) No

4.06 Is there a primary health centre (PHC) unit at your place?
1) Yes
2) No

4.07 What is the distance from your home to nearest PHC unit?
1) Within 1 km
2) 1 to 2 kms
3) 2 to 3 kms
4) I don’t know
5) Any other

4.08 Satisfaction towards the services that are available at PHC:
1) Satisfactory
2) Not satisfactory
3) Not applicable

4.09 Private medical practitioner is available in your place?
1) Yes
2) No
3) Not applicable
4.10 Whether you/your family: 1) Yes  
have received services  
from there?  
2) No  
3) Not applicable  
4.11 Satisfaction towards: 1) Yes  
these services?  
2) No  
3) Not applicable  
4.12 Is there a need for well: 1) Yes  
equipped health centre  
at your place?  
2) No  

V. Information about possession behaviour:

5.01 Age at first: 1) 10 to 15 years  
possessio episode in the  
client  
2) 16 to 21 "  
3) 22 to 26 "  
4) 27 and above  
5.02 The causes for possession: 1) Fate  
2) Karma  
3) Severe crises and  
God's grace  
4) God's grace  
5) Young age  
6) Fear/guilt  
7) Curse of the spirit  
8) Devotion & faith  
9) Black magic  
10) Bad time  
11) Heredity  
12) Desire of the spirit  
13) Not reported  
5.03 Why did the family think: 1) Due to unrecovered  
think that the client  
is possessed  
illness in the case  
2) Due to c- abnormal  
behaviour of the case  
5.04 Where did the first: 1) Temples  
possessio State manifest  
2) Dargah  
3) Traditional healer  
4) Home
5.05 Frequency of possession episodes:
1) Everyday
2) Twice in a week
3) Once a week
4) Once in fortnight
5) Once in a month
6) Any time when called for

5.06 Duration of each episode:
1) Upto 1/2 an hour
2) 1 hour
3) 1 1/2 hour
4) 2 hours
5) Whole day
6) 3 to 4 days
7) Indefinite

5.07 Client's behaviour during the attacks:
1) Swinging any body to & fro
2) Change of voice
3) Somersault
4) Abusive
5) Dramatic act/talk
6) Giving advice
7) Peculiar posture
8) Any other (Swallowing burning camphor\wicks demanding etc.,)

5.08 Whether any signs/symptoms are being observed before the attack?
1) Becoming dull
2) Vague laughing
3) Preoccupied
4) Physical complaints
5) Any other (observing certain rituals)
6) Nil

5.09 Which God/Goddess/Spirit in considered to be possessing the case?
1) Goddess
2) Male God
3) Saints spirit
4) Deceased relatives spirit
5) Villager's spirit
6) Friends spirit
7) Unknown
5.10 The result of the possession episode in the individual (from the family members)

| 1) Change in interpersonal relationships |
| 2) Change in family atmosphere         |
| 3) Financial burden                    |
| 4) Better attention & status           |
| 5) Pain & hardship                     |
| 6) Change in client's behaviour        |
| 7) Any other (satisfaction of unmet needs etc.) |

5.11 The behaviour of the case after recovering from the attack

| 1) Normal (usual) |
| 2) Cheerful       |
| 3) Dull           |
| 4) Any other      |

5.12 Memory towards Possession behaviour by the case

| 1) Yes |
| 2) No  |
| 3) To some extent |

5.13 Which people do you think would get possessed by God/evil spirit?

| 1) person's divine power |
| 2) " from higher caste |
| 3) " serving God |
| 4) " under crisis |
| 5) " born in low caste |
| 6) " committed sin |
| 7) " who are timid |
| 8) " " " immoral |
| 9) " " young, beautiful |

5.14 Reactions towards possession by the family

| 1) Worried |
| 2) Disgusted |
| 3) Happy    |
| 4) Proud    |
| 5) Indifference |

5.15 Steps undertaken to drive away the Spirit from the case

| 1) Visited temples |
| 2) Taken vow to God |
| 3) Contacted traditional healer |
| 4) Punishing the case during possession |
| 5) Nothing has been done |
| 6) Any other (ignoring insulting, fulfilling the demands, etc.) |