APPENDICES
**APPENDIX 1**

**PROFILE OF SUBSTANCE USE SCHEDULE - PSUS**

**BACKGROUND DETAILS**

1. **Name**: :

2. **Caste**: :


4. **Address**: :


6. **Type of Family**: :

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<tr>
<th>Sl. No</th>
<th>Relationship to Respondent</th>
<th>Age</th>
<th>Sex</th>
<th>Marital Status</th>
<th>Yrs. of Educ.</th>
<th>Occupation</th>
<th>Income</th>
<th>Remark</th>
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7. **Family Income**: :


* (Note: If non-user skip to Item No. 56)
DRUG HISTORY:

9. For how long have you been staying in this area? ______ years.

10. Do any of your family members use alcohol / drugs / ganja?
    
    Father  Mother  Sibling  Spouse  Others

11. For how many years is he taking drugs? ______ years.

12. At what age did he start? ______ years.

13. Specify the main drug he consumes: __________

14. Who or what prompted initial use of alcohol / ganja / drugs ________

15. In which place did he take it? school / college / street / others

16. Reasons for initial drug use:
    (1) To study better  (11) To be different from others
    (2) For relaxation  (12) To stay awake
    (3) Better aesthetic appreciation  (13) To solve personal problems
    (4) Sharpen religious insight  (14) Status symbol, 'in-thing'
    (5) Reduce depression  (15) To relieve boredom
    (6) Curiosity  (16) Family stresses
    (7) To get a 'high' for kicks  (17) Financial stresses
    (8) Peer pressure  (18) Others
    (9) Heightens sexual experience  (19) More than 1
    (10) For a good appetite

17. How much does he consume per day? packets / bottle / vials

18. Intake of substance: swallow/inhale / smoke / inject / chase / drink / chew / eat

19. How much does he spend per day? ________
20. When parents / spouse became aware of the abuse what was their reaction?
   Initial 1. Anger 2. helplessness 3. sadness 4. indifference 5. anxiety 6. others
   Current 1. Anger 2. helplessness 3. sadness 4. indifference 5. anxiety 6. others

21. If addicted/abusing before marriage, was spouse aware of it? Its magnitude?

22. How were the family relations before addiction?

23. How are the family relations after addiction? Have there been separations? Reasons?

24. Why does your family member use more than one drug?

25. Where does he obtain the finance for the drug?
   Own/parents/siblings/friends/employer/pledge/steal/sell/others

26. Reasons for continuation of the drug?
   (1) Relaxation (8) A habit
   (2) Euphoria & pleasure (9) To seek new stimuli/experience.
   (3) To forget worries (10) Peer group influence
   (4) To get good sleep (11) To avoid withdrawal symptoms
   (5) To celebrate (12) More than one
   (6) Religion & tradition (13) Others, specify.
   (7) Easy availability

OCCUPATIONAL RECORD

27. Occupation:  
   (i) Stable job (ii) Occasional irregularity (iii) Frequent change of jobs.
   (iv) Unemployed (v) NA

PAST HEALTH STATUS

28. Significant Medical illness. 0.No. 1 Yes.

29. Significant Psychiatric illness 0.No. 1 Yes.
CONSEQUENCES OF SUBSTANCE ABUSE

30. Physical Health Problems
   0. No.  
   1. Yes
   1. Weight Loss
   0. No.  
   1. Yes
   2. Insomnia
   0. No.  
   1. Yes
   3. Decreased appetite
   0. No.  
   1. Yes
   4. Lack of concentration
   0. No.  
   1. Yes
   5. Fatigue
   0. No.  
   1. Yes
   6. General deterioration in health
   0. No.  
   1. Yes
   7. Frequent infections
   0. No.  
   1. Yes
   8. Body pain
   0. No.  
   1. Yes
   9. Jaundice
   0. No.  
   1. Yes
   10. STD
    0. No.  
    1. Yes
   11. TB
    0. No.  
    1. Yes
   12. Anaemia
    0. No.  
    1. Yes
   13. Vitamin deficiency
    0. No.  
    1. Yes
   14. Ulcer/gastritis
    0. No.  
    1. Yes

31. Psychological/Mental health problems
   0. No.  
   1. Yes
   1. Heightened feelings of guilt
   0. No.  
   1. Yes
   2. Feeling ashamed
   0. No.  
   1. Yes
   3. Excessive fear
   0. No.  
   1. Yes
   4. Loss of reputation
   0. No.  
   1. Yes
   5. Loss of interest in hobbies
   0. No.  
   1. Yes
   6. Avoiding social contact
   0. No.  
   1. Yes
   7. Low self-esteem
   0. No.  
   1. Yes
   8. Feeling depressed
   0. No.  
   1. Yes
   9. Self-hate
   0. No.  
   1. Yes
   10. Self-pity
    0. No.  
    1. Yes
   11. Inadequacy/Inferiority
    0. No.  
    1. Yes
   12. Suspiciousness
    0. No.  
    1. Yes
   13. Suicidal Behaviour
    0. No.  
    1. Yes
   14. Others, specify
    0. No.  
    1. Yes

32. Family Problems - Indicate Yes/No

33. Family of Orientation
   (i) Rejection
   (ii) Poor relationships
   (iii) Frequent conflicts
   (iv) Role failure
   (v) Loss of trust/love/respect
   (vi) Violence
   (vii) Not providing adequately for family
   (viii) Sexual problems
   (ix) Loss of communication, isolation from family member
34. Family of Procreation

(i) Rejection
(ii) Poor relationships
(iii) Frequent conflicts
(iv) Role failure
(v) Loss of trust/love/respect
(vi) Violence
(vii) Not providing adequately for family
(viii) Sexual problems
(ix) Loss of communication, isolation from family members
(x) Others, specify.

35. Loss of values.

(i) Lying
(ii) Making wild promises
(iii) Stealing articles
(iv) Peddling drugs
(v) Selfish
(vi) More than 1
(vii) Others, specify

36. Antisocial behaviour.

(i) No anti-social behaviour
(ii) Lying, truancy, small thefts
(iii) Defaulting on debts, illegal activities
(iv) More than one

37. Accidents: (i) Major (ii) Minor (iii) Nil

38. Legal status

(i) No legal problems
(ii) Non-traffic arrests
(iii) Arrests related to substance use
(iv) Traffic arrests
(v) Pending legal problems
(vi) More than one

39. Sexual aspect: (i) No alteration (ii) Impairment (iii) Others.
TREATMENT HISTORY

40. Have you sought help for your family members' condition?
   0. No  1. Yes

41. Who was seen?
   (i) Traditional healer
   (ii) Priest/spiritual counsellor
   (iii) Indian system of medicine
   (iv) Psychiatrist
   (v) Deaddiction centres
   (vi) AA/NA Group
   (vii) Others, specify.

42. No. of times treated _________

43. No. of times abstinent _________

44. Why was help sought?
   (i) To stop drug taking
   (ii) For specific suggestions to cope
   (iii) For psychological/emotional support
   (iv) For reassurance
   (v) For information to understand problem
   (vi) To tap resources
   (vii) Others, specify.

45. What were the behaviours the family found most difficult to live with?
   (i) Failure in task functioning
   (ii) Failure in giving up habit
   (iii) Antisocial behaviour
   (iv) Argumentative talk or aggressive behaviour
   (v) Neglect of health
   (vi) Financial difficulties
   (vii) Others, specify.

46. What was the treatment offered? 0. No 1. Yes
   (i) Religious treatment
   (ii) Mantras
   (iii) Medical  
       a) Indigenous medicines
       b) Detoxification
(iv) Psychosocial  
   a) Individual therapy  
   b) Family therapy  
   c) Group therapy  
   d) Self-help group  

(v) After-care  
(vi) Rehabilitation  
(vii) Others, specify  

47. Time period of total treatment ________ days / NA  

48. What were your expectations of treatment?  

49. Were you satisfied with the kind of treatment given?  

50. What are your specific needs?  

51. Are you aware of any groups helping addicts or their wives/families?  

52. Have you been a part of any group for families with similar problems?  

53. Are you aware of any agency working locally/Chennai for the problems?  

54. Have they offered any help?  

55. Has it been useful?  

REASONS FOR NON-USE  

56. If you have never used or are not currently using any of the substances of abuse, what are your reasons?  
   (i) Not interested/curious  
   (ii) Enjoy life without using drugs  
   (iii) Not available  
   (iv) Social disapproval by parents/friends/society  
   (v) As a religious principle  
   (vi) Personal dislike  
   (vii) Moral principle  
   (viii) Fear of addiction  
   (ix) Too expensive  
   (x) Not to ape the west  
   (xi) No opportunity  
   (xii) Risk of ill-health  
   (xiii) Bad trip/emotionally upsetting experience  
   (xiv) Others  
   (xv) More than 1 response