Appendix – 1: Health Care Providing Institutions in North East India

<table>
<thead>
<tr>
<th>Name of state</th>
<th>Sub-centre</th>
<th>Primary Health Centre</th>
<th>Community Health Centre</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arunachal Pradesh</td>
<td>273</td>
<td>65</td>
<td>20</td>
<td>358</td>
</tr>
<tr>
<td>Assam</td>
<td>5109</td>
<td>610</td>
<td>100</td>
<td>11219</td>
</tr>
<tr>
<td>Manipur</td>
<td>420</td>
<td>69</td>
<td>16</td>
<td>505</td>
</tr>
<tr>
<td>Meghalaya</td>
<td>413</td>
<td>85</td>
<td>13</td>
<td>511</td>
</tr>
<tr>
<td>Mizoram</td>
<td>346</td>
<td>58</td>
<td>9</td>
<td>413</td>
</tr>
<tr>
<td>Nagaland</td>
<td>302</td>
<td>46</td>
<td>9</td>
<td>357</td>
</tr>
<tr>
<td>Tripura</td>
<td>539</td>
<td>58</td>
<td>11</td>
<td>608</td>
</tr>
<tr>
<td>Northeast in aggregate</td>
<td>7042</td>
<td>991</td>
<td>178</td>
<td>8211</td>
</tr>
</tbody>
</table>
Appendix 2: QUESTIONNAIRE

A PART OF DOCTORAL RESEARCH PROGRAMME
DEPARTMENT OF SOCIOLOGY, ASSAM UNIVERSITY, SILCHAR
Jayeeta Sen

A STUDY ON HEALTH CULTURE AND HEALTH SEEKING BEHAVIOUR IN BARAK VALLEY
WITH REFERENCE TO HEPATITIDES AND GALL BLADDER STONE

1. How long have you been suffering from Jaundice.
   (i) One week (ii) More than a week (iii) 2-3 weeks (iv) One month (v) More than a month
   (vi) More than 3 months (vii) 

2. How long have you been suffering from Gall stone ?
   (i) One week (ii) More than a week (iii) 2-3 weeks (iv) One month (v) More than a month
   (vi) More than 3 months (vii) 

3. Have you undergone operations?  (i) Yes   (ii) No

4. (If yes) when have you undergone operations ?

5. (If you are suffering from Jaundice) Is it the first time that you have the attack of Jaundice ?
   (i) Yes   (ii) No

6. (If no) when did you suffer last ?
   (i) Last year (ii) Two years ago (iii) More than 2 years ago.

7. (If suffering from Jaundice) Have you suffered from Gallstone earlier ?
   (i) Yes   (ii) No

8. (If yes) When did you suffer ?
   (i) Last year (ii) Two years ago (iii) More than 2 years ago.

9. (If you are suffering from Gallstone) is it the first time that you have suffered ?
   (i) Yes   (ii) No

10. (If you are suffering from gallstone) When did you suffer last ?
    (i) Last year (ii) Two years ago (iii) More than 2 years ago.

11. (If you are suffering from gallstone) Have you suffered from Jaundice earlier?
    (i) Yes   (ii) No

12. (If yes) When did you suffer ?
    (i) Last year (ii) Two years ago (iii) More than 2 years ago.

13. If you are already suffered from jaundice whom did you consult.
    (i) Alleleopathy (ii) Homoeopathy (iii) Unani (iv) Any other 

14. Are you pregnant ? (In case of women)
    (i) Yes   (ii) No

15. (If yes) What is the duration of featus ?

BACKGROUND

16. Name of the respondent _____________________________

17. Sex   (i) Male   (ii) Female

18. Location of residence _____________________________

19. Age _____________________

20. Education
   (i) Illiterate (ii) Primary (iii) Secondary (iv) H.S.S.L.C. (v) Graduate (vi) More than graduate
   (v) Technical (vi) Any other
21. Marital Status:
   (i) Married  (ii) Unmarried  (iii) Divorce  (iv) Widow

22. Religion:
   (i) Hindu  (ii) Muslim  (iii) Christian  (iv) Jain  (v) Any other.

23. Social status:
   (i) Brahammin  (ii) Kayastha  (iii) Vaisya  (iv) Sudra  (v) OBC  (vi) SC  (vii) Any other

24. Occupation:
   (i) Unemployed  (ii) Student  (iii) Self employed  (iv) Businessman
   (v) Private service  (vi) Govt. service.

25. Details of family members:

<table>
<thead>
<tr>
<th>Sl No</th>
<th>Name</th>
<th>Relationship</th>
<th>Sex</th>
<th>Age</th>
<th>Education</th>
<th>Occupation</th>
<th>Suffer from</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Jaundice</td>
</tr>
<tr>
<td>1</td>
<td></td>
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<td></td>
<td></td>
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<td>5</td>
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<td>6</td>
<td></td>
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</tr>
</tbody>
</table>

26. Type of Family:
   (i) Nuclear  (ii) Joint

27. Total family income

28. Type of house:
   (i) Pucca (R.C.C)  (ii) Assam Type  (iii) Semi Pucca  (iv) Kachha.

29. Type of toilet:
   (i) Sanitary  (ii) Kachha  (iii) Open space

30. Source of water:
   (i) PHE  (ii) Ringwell  (iii) Hand pump  (iv) River/Cannal  (v) Pond

31. How do you process water for consumption:
   (i) Boiling  (ii) Without boiling  (iii) Filtering water boiling  (iv) Filtering without boiling.

32. Do you use same pond/well for drinking water and other purposes:
   (i) Yes  (ii) No

AWARENESS (Jaundice)

33. What do you think is the source of Jaundice:

   (i) Bed food  Yes  (i)  No  (ii)  Don’t know  (iii)
   (ii) Bed water (i)  (ii) (iii)
   (iii) By physical contact (i)  (ii) (iii)
   (iv) Using same cloths, utensils of infected person  (i) (ii) (iii)
   (v) By drinking alcohol (i) (ii) (iii)
   (vi) Sexual contact (i) (ii) (iii)
34. Which organ of body is related to Jaundice
   (i) Liver
   (ii) Heart
   (iii) Kidney
   (iv) Eyes

35. How Jaundice is detected? ________________________________

36. What are the symptoms of Jaundice? __________________________

37. Have you heard of Hepatitis B?
   (i) Yes (ii) No

38. Is it related to:
   (i) Jaundice
   (ii) Gall Stone
   (iii) Any other

39. (If yes) What is the source of information?
   (i) News Paper (ii) Radio (iii) T.V. (iv) Wall poster (v) Medical personnel
   (vi) Friends & relatives (vii) Any other ______________________

40. Do you know any other varieties of hepatitis:
   (i) Yes (ii) No

41. (If yes) What are these?

42. Is there any Vaccine for HBV
   (i) Yes (ii) No (iii) Don't know

43. How hepatitis is transmitted to others.
   (i) Blood transmission
   (ii) Contaminated water
   (iii) Fecal matter
   (iv) Saliva
   (v) Sexual relation
   (vi) Sputam/Cough
   (vii) Gall stone
   (viii) Infected needle or syringe

44. What do you think is the source of gall stone?
   (i) Bed food
   (ii) Bed water
   (iii) By physical contact
   (iv) Using cloths, utensils etc.
   (v) By drinking alcohol
   (vi) Sexual contact

45. Is gall blader any organ of body? Yes No Don't know

46. How gall stone is detected?
   (i) X-Ray (ii) Sonography (iii) Blood Test (iv) ECG

47. What are the symptoms of gall stone?
   (i) Valley pain – Vomiting (ii) Gas - Acidity (iii) Fever (iv) Diarrhoea

FOOD HABIT

48. Are you vegetarian or non-vegetarian
   (i) Veg. (ii) Non-Veg.
49. What type of oil do you use for cooking?
   (i) Mustard  (ii) Sunflower  (iii) Soyabien  (iv) Groundnut  (v) Any other.

50. How frequently do you take the following items.

<table>
<thead>
<tr>
<th>Sl.No.</th>
<th>Item</th>
<th>Daily</th>
<th>Six time</th>
<th>five time</th>
<th>four time</th>
<th>three time</th>
<th>twice</th>
<th>fortnightly</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Row fish</td>
<td></td>
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</tr>
<tr>
<td>2.</td>
<td>Dry fish</td>
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<tr>
<td>3.</td>
<td>Chicken</td>
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<td></td>
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<tr>
<td>4.</td>
<td>Meat</td>
<td></td>
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<td></td>
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<td></td>
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</tr>
<tr>
<td>5.</td>
<td>Eggs</td>
<td></td>
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<td></td>
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<tr>
<td>6.</td>
<td>Milk</td>
<td></td>
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<td>7.</td>
<td>Dal</td>
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<tr>
<td>8.</td>
<td>Ghee/Butter</td>
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</tr>
<tr>
<td>9.</td>
<td>Dalda</td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>

51. How frequently do you take the following item in a day.

<table>
<thead>
<tr>
<th>Sl.No.</th>
<th>Item</th>
<th>One Time</th>
<th>Two Time</th>
<th>Three time</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Rice</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2.</td>
<td>Roti</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3.</td>
<td>Milk</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4.</td>
<td>Fish</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>5.</td>
<td>Eggs</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6.</td>
<td>Meat</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7.</td>
<td>Chicken</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>8.</td>
<td>Dry fish</td>
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<tr>
<td>9.</td>
<td>Ghee/Butter</td>
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</tr>
<tr>
<td>10.</td>
<td>Dal</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

52. Do you take pan —
   (i) Yes  (ii) No

53. No. of pan you take in a day.

54. What type of pan do you take
   (i) Sadar gura  (ii) Jarda  (iii) Plain

55. Do you take alcohol
   (i) Yes  (ii) No

56. Frequency of taking alcohol.

57. Do you smoke
   (i) Yes  (ii) No

58. What type, (if yes)
   (i) Bidi  (ii) Cigarette  (iii) Any other

59. No. of bidi/cigarette in a day.

**SLEEPING HABIT**

60. How long do you sleep? ____________________________

61. How do you rate the quality of your sleeping
   (i) Sound  (ii) Disturbed  (iii) Normal
62. Do you sleep at day also ___________ (i) Yes (ii) No

63. (If yes), How long.

PHYSICAL WORK

64. Is these any type of physical exercise or body movement in your daily activities.
   (i) Games (ii) Nature of work (iii) No. of activity

65. If you play games, how frequently do you play
   (i) Daily (ii) 2 - 3 days in a week (iii) Once a week (iv) Occassionally

66. Do you have any domestic work.

HEALTH SEEKING BEHAVIOUR

67. Whom do you first consult for treatment
   (i) Alleleopathy (ii) Homeopathy (iii) Ayurvedi (iv) Unani (v) Any other.

68. Whom did you consult first ?
   (i) Alleleopathy (ii) Homeopathy (iii) Ayurvedi (iv) Kabiraj (v) Unani (vi) Any other.

69. Are you satisfied with the treatment
   (i) Yes (ii) No

70. (If no) Whom do consult next time.
   (i) Alleleopathy (ii) Homeopathy (iii) Ayurvedi (iv) Unani (v) Any other.

71. (If no) What are the reasons for being satisfied

72. Do you consult doctor for general checkup frequently
   (i) Yes (ii) No

73. Why do you prefer for alleleopathy instead of Kabiraj (Jaundice) Homeopathy (Gall Stone).
Appendix – 3
PHOTOGRAPHS
Photo 1: Discussion with surgeon in Karimganj Red Cross Hospital.

Photo 2: Jaundice patient lying in bed in Silchar Medical College.

Photo 3: Doctor in Karimganj hospital is reading schedule.
Photo 7. Jaundice patient lying in Silchar Medical College Hospital.

Photo 8. Gall Bladder stone patient lying in Redcross Hospital.

Photo 9. A severe jaundice patient in Karimganj Hospital. She is orphan also.
Photo 4. Patient in Karimganj Hospital

Photo 5. Gall Bladder stone patient lying in Kalyani Nursing Home

Photo 6. Gall Bladder stone patient at Kalyani Hospital
Photo 10. Interacting with doctor in Karimganj Hospital.

Photo 11. Interacting with Healer.