CHAPTER-III

PROCEDURE / METHODOLOGY :-

In this chapter selection of subjects, collection of data, tools of the study, administration of the test and statistical procedure have been described.

SELECTION OF THE SUBJECTS :-

Total 200 Kabaddi players 200 Kho-Kho players who had participated in inter collegiate tournaments was randomly selected as subject for the present study. Their age ranged from 17-28 years.

ADMINISTRATION OF THE TEST :-

Questionnaires were distributed Inter Collegiate Kho-Kho and Kabaddi players. Instructions were given to the Kho-Kho and Kabaddi players before filling these questionnaires by the researcher.

TOOLS OF THE STUDY :-

For the present study, U.S.H.A. well being mental health questionnaires and emotional intelligence scale was utilized.
COLLECTION OF DATA :-

Data was collected through a questionnaire from 200 inter collegiate Kabaddi players and 200 Kho-Kho player by contacting Kho-Kho and Kabaddi players at the venue of Inter-collegiate tournament was held at Dr. Babasaheb Ambedkar Marathwada University and Swami Ramanand Teerth Marathwada University inter collegiate tournament.

STATISTICAL TECHNIQUE :-

To analyze the data, t-ratios was comprised of Kho-Kho and Kabaddi players. All the analysis used was based on “Standard Statistical Packages.”