PREFACE

Hockey is a fast skillful game which is played in eighty different countries in the world. From 1928 to 1956 India got gold medals. In 1960 got only Silver. Again in 1964 at Tokyo Olympics India got gold medal. After that in 1968 at Mexico Olympics, in 1972 at Munich Olympics India got Bronze medals and in 1980 at Moscow Olympics India got Gold medal. After 1980 to till date India hasn’t got any remarkable position in the game of Hockey. If India wants to regain the lost reputation, systematic talent research programmes will be started.

The present study would high light some of important skills, physical and anthropometric variables which may have to be born in mind while looking for talented players in this game and also developing these components through systematic training.

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