CONTENTS

LIST OF TABLES

LIST OF FIGURES

CHAPTERS

1 INTRODUCTION 1

1.1 History of Mental Retardation 2

1.2 Earlier Concepts of Mental Retardation 3

1.3 Alternative Concepts of Mental Retardation 4

1.4 Traditional View of Mental Retardation 6

1.5 Traditional Versus behavioural Conceptualization of Mental Retardation 8

1.6 Maladaptive behaviour or Problem Behaviour 9

1.7 Temper Tantrums 11

1.8 Nature of Behaviour Modification 12

1.9 Behaviour Modification Techniques 14

1.9 (a) Techniques for Establishing and Strengthening behaviours 14

1.9 (b) Techniques for Eliminating or Decreasing indesirable behaviours 15

1.10 Major Aim of the Present Research 17

1.11 Over View 18

II REVIEW OF LITERATURE 19

2.1 The Scope of the Problem 20

2.2 Mental Retardation : Research Findings 20

2.3 Behaviour Problems : Related Studies 23