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APPENDIX – B

QUESTIONNAIRE
Name:  
Class:  
College:  

1. When you are away from home, do you worry about what might be happening at home?  
   Yes / No

2. Do you sometimes worry about whether other children are better looking than you are?  
   Yes / No

3. Are you afraid of mice or rats?  
   Yes / No

4. Do you ever worry about knowing your lessons?  
   Yes / No

5. If you were to climb a ladder, would you worry about falling from it?  
   Yes / No

6. Do you worry about whether your mother is going to get sick?  
   Yes / No

7. Do you get scared when you have to walk home alone at night?  
   Yes / No

8. Do you ever worry about what other people think of you?  
   Yes / No

9. When your father is away from home, do you worry about whether he is going to come back?  
   Yes / No

10. Do you get a funny feeling when you see blood?  
    Yes / No

11. Are you frightened by lightning and thunder storms?  
    Yes / No

12. Do you ever worry that you won't be able to do something you want to do?  
    Yes / No

SRI SARADA COLLEGE OF EDUCATION, (AUTONOMOUS), 
SALEM – 636 016. 
THE GENERAL ANXIETY SCALE  (GASC)
13. When you go to the doctor for an injection, do you worry that he may hurt you? 
   Yes / No

14. Are you afraid of things like snakes? 
   Yes / No

15. When you are in bed at night trying to go to sleep, do you often find that you are worrying about something? 
   Yes / No

16. When you were younger, were you scared of anything? 
   Yes / No

17. Are you sometimes frightened when looking down from a high place? 
   Yes / No

18. Do you get worried when you have to go to the doctor’s office? 
   Yes / No

19. Do you get scared after listening to some stories? 
   Yes / No

20. Have you ever been afraid of getting hurt? 
   Yes / No

21. When you are at home alone and someone knocks on the door, do you get a worried feeling? 
   Yes / No

22. Do you get a scare feeling when you see a dead animal? 

23. Do you think you worry more than other boys and girls? 
   Yes / No

24. Do you worry that you might get hurt in some accident? 
   Yes / No

25. Has anyone ever been able to scare you? 
   Yes / No
26. Are you afraid of things like guns?  
Yes / No

27. Without knowing why, do you sometimes get a funny feeling in your stomach?  
Yes / No

28. Are you afraid of being bitten or hurt by a dog?  
Yes / No

29. Do you ever worry about something that had happened to somebody you know?  
Yes / No

30. Do you worry when you are at home alone at night?  
Yes / No

31. Are you afraid or being too near fire works because of their exploding?  Yes / No

32. Do you worry that you are going to get sick?  
Yes / No

33. Are you ever unhappy?  
Yes / No

34. When your mother is away from home, do you worry about whether she is going to come back?  
Yes / No

35. Are you afraid to dive into the water because you might get hurt?  
Yes / No

36. Do you get a funny feeling when you touch something that has a real sharp edge?  
Yes / No

37. Do you worry about something that is going to happen?  
Yes / No

38. Do you get scared about something that is going to happen?  
Yes / No

39. Do you dislike getting in fights because you worry about getting hurt in them?  
Yes / No
1. Do you worry about whether your father is going to get sick?  
   Yes / No

2. Have you ever had a scary dream?  
   Yes / No

3. Are you afraid of spiders?  
   Yes / No

4. Do you sometimes get the feeling that something bad is going to happen to you?  
   Yes / No

5. When you are alone in a room and you hear a strange noise, do you get a frightened feeling?  
   Yes / No

6. Do you ever worry?  
   Yes / No
### CO-OPERATION – COMPETITION DISPOSITION INVENTORY

<table>
<thead>
<tr>
<th>Sl. No.</th>
<th>Statement</th>
<th>Always Applicable</th>
<th>Sometimes Applicable</th>
<th>Rarely Applicable</th>
<th>Not at all Applicable</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Being given any work on the class, I always help others so that, they can also finish that with me.</td>
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<td>2.</td>
<td>In the class when two of us have solved the problem simultaneously, even then I wish that the teacher should see mine first and praise me.</td>
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<td>3.</td>
<td>Whenever there is a problem in the class, I want to solve it jointly.</td>
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<td>4.</td>
<td>I enjoy accomplishing a work. If I feel that others also have done equally good.</td>
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<td>5.</td>
<td>I want that there should be competition in the class and I must get the highest mark.</td>
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<tr>
<td>6.</td>
<td>Whenever there is a problem in the class, I want to solve it myself.</td>
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<td>7.</td>
<td>Generally, I like to work with those whom I think that they are better than me in two or three things.</td>
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<td>8.</td>
<td>While playing, I want to play the best and win</td>
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<td>9.</td>
<td>I like to do better than others on any task.</td>
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<td>10.</td>
<td>At the time of Examination, I want to help my friends along with me.</td>
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<td>11.</td>
<td>While playing, I wish that my teammates should win the game.</td>
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<td>12.</td>
<td>Sometime when I see that others are faring equally good, I feel depressed.</td>
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<td>13.</td>
<td>I wish that others should also get reward, along with me on any rewarding task.</td>
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<td>14.</td>
<td>At the time of Examination, I want to study alone, so that I can stand first.</td>
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<td>15.</td>
<td>Being given any work, in the class I want to finish it by joining others.</td>
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<td>16.</td>
<td>I want to top the class in studies</td>
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<td>17.</td>
<td>I always think how to surpass others.</td>
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<td>18.</td>
<td>I like playing after making team.</td>
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<td>19.</td>
<td>I like to take part in competitions and also wish that I must do better than others.</td>
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</table>

**Cooperation**: 1, 3, 4, 7, 10, 11, 13, 15, 18 - q items  
**Competition**: 2, 5, 6, 8, 9, 12, 14, 16, 17, 19 - 13 items