<table>
<thead>
<tr>
<th>Name</th>
<th>College Roll No</th>
<th>Age</th>
</tr>
</thead>
<tbody>
<tr>
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</tbody>
</table>

**पता:**

1. मेरे/मेरी कहने में इंग्लिश को बिना या बिना लिखा जाता है?
2. मैं कहने में इंग्लिश की वजह से प्रोफेसर व लेखकों की वजह से यह सबूत उनके कारण है?
3. मैं विषयों में इंग्लिश के नियम के अनुसार रखा जाता है?
4. मैं कहने में इंग्लिश के नियम के अनुसार रखा जाता है?
5. मैं कहने में इंग्लिश के नियम के अनुसार रखा जाता है?
6. मैं कहने में इंग्लिश के नियम के अनुसार रखा जाता है?
7. मैं कहने में इंग्लिश के नियम के अनुसार रखा जाता है?
8. मैं कहने में इंग्लिश के नियम के अनुसार रखा जाता है?
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11. मैं कहने में इंग्लिश के नियम के अनुसार रखा जाता है?
12. मैं कहने में इंग्लिश के नियम के अनुसार रखा जाता है?
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22. मैं कहने में इंग्लिश के नियम के अनुसार रखा जाता है?
23. मैं कहने में इंग्लिश के नियम के अनुसार रखा जाता है?
24. मैं कहने में इंग्लिश के नियम के अनुसार रखा जाता है?
Name ____________________________ College Roll No. __________

Age ________ Sex ________ College ____________________________

A request:— Please do not leave any of the above columns blank.
Read the following statements very carefully and check (√) the column that gives your most suitable answer.

The information obtained through this 'PERSONALITY INVENTORY' will be kept strictly confidential. It is to be used for academic research only.

Please be frank. We expect your full co-operation in this project.

Note:— If you cannot decide whether your answer should be 'Yes' or 'No' you can check (√) the response (?) But it should not be checked very often. Please check all the items as fast as you can. Always check the first answer that comes to your mind.

<table>
<thead>
<tr>
<th>STATEMENT</th>
<th>ANSWERS</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. I want some one to look after me or to advise me.</td>
<td>Yes ?</td>
</tr>
<tr>
<td>2. I feel uneasy if I have to sit alone in a small room, with the door shut</td>
<td>Yes ?</td>
</tr>
<tr>
<td>3. My attention wanders so badly that I lose the thread of what I am doing</td>
<td>Yes ?</td>
</tr>
<tr>
<td>STATEMENT</td>
<td>ANSWERS</td>
</tr>
<tr>
<td>--------------------------------------------------------------------------</td>
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<tr>
<td>4. I find it difficult to go to sleep due to excitement.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>5. I am afraid that I may go mad.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>6. I find it difficult to concentrate my mind when I want to do so.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>7. I think I am much more cautious, tense and strung-up than I need be.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>8. I bother about pains in the heart or chest.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>9. I worry about my health.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>10. I wish I were as happy as others seem to be.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>11. I have periods of such restlessness that I cannot sit for long in the chair.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>12. I have been worried unreasonably over something that, really did not matter.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>13. I think I am careless about what happens to me.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>14. Life is a strain for me</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>15. My heart beats too quickly or thumps in my ears so that I cannot sleep.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>16. I fear I am a victim to heart-trouble or to some disease like cancer or tuberculosis.</td>
<td>Yes ? NO</td>
</tr>
<tr>
<td>17. I try to avoid going to a strange shop or taking to a stranger.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>18. I feel I am happier than many others.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>19. I get mentally tired easily.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>20. I get a dragging sense of pressure on the top of my head or the back of my neck.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>21. I find myself getting irritated and aggressive without cause, bursting at people over trifles.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>22. I have much trouble in making up my mind as to what I will do next.</td>
<td>Yes ? No</td>
</tr>
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<tr>
<td>---------------------------------------------------------------------------</td>
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<tr>
<td>23. I jump badly at sudden lights, sound or touch.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>24. My sleep is fitful and disturbed.</td>
<td>Yes ? NO</td>
</tr>
<tr>
<td>25. I had periods when I lost sleep over worry.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>26. I feel that I am about to blush.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>27. I have nightmares.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>28. I worry about what will happen to my family members after my death.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>29. I get bored and irritated when waiting for something.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>30. I feel I am a relaxing and happy-go-lucky sort of person.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>31. At times, I am afraid my friends may disclose my secrets.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>32. I often have a feeling of sin and self-disgust.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>33. I get very upset when others criticise me.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>34. I often feel that people are indifferent to me.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>35. I easily get involved in a moral-conflict.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>36. At times I fear I may not look odd in new clothes.</td>
<td>Yes ? NO</td>
</tr>
<tr>
<td>37. I often feel like weeping.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>38. I get upset whenever I have to see my elders (Supervisors, teacher, Principal etc).</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>39. I often feel that I am unwanted.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>40. I tremble whenever I have to do a difficult job.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>41. My feelings are easily hurt.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>Statement</td>
<td>Answers</td>
</tr>
<tr>
<td>--------------------------------------------------------------------------</td>
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</tr>
<tr>
<td>42. Sometimes, I get worried about things that are of no importance.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>43. I am usually afraid that I may lose my friends.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>44. Sometimes, I get so much excited that I cannot speak clearly.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>45. I am more self-conscious than others.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>46. It is, sometimes, very difficult for me to maintain my emotional stability.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>47. I have a very disturbed sleep at night.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>48. When two or more persons whisper together, I feel they are talking about me.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>49. Sometimes I get upset to think that my children will not respect me when I grow old.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>50. I am a little worried before starting on a journey.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>51. I do not like situations where I have to take quick decision.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>52. I am often worried with I am not beautiful to look at.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>53. Whenever I begin a new job, I am worried whether others will support me or not.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>54. I often cannot think clearly.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>55. Sometimes I feel that I am just good for nothing.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>56. I usually have a feeling that the world and the human beings are utterly useless.</td>
<td>Yes ? No</td>
</tr>
<tr>
<td>57. I usually feel that I am about to be involved in a trouble.</td>
<td>Yes ? No</td>
</tr>
<tr>
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<td>STATEMENT</td>
</tr>
<tr>
<td>--------</td>
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</tr>
<tr>
<td>58</td>
<td>I am often worried over what fate has in store for me.</td>
</tr>
<tr>
<td>59</td>
<td>I am often upset to think that perhaps I may not be able to keep my word.</td>
</tr>
<tr>
<td>60</td>
<td>I am very much excited in trying situations.</td>
</tr>
<tr>
<td>61</td>
<td>I start perspiring whenever I face tough jobs.</td>
</tr>
<tr>
<td>62</td>
<td>I am troubled over the possibility of losing my physical energy in my old age.</td>
</tr>
<tr>
<td>63</td>
<td>I am often worried as to what will happen to my body after my death.</td>
</tr>
<tr>
<td>64</td>
<td>I simply shudder when I imagine I will die.</td>
</tr>
<tr>
<td>65</td>
<td>At times I have a fear that I may be impotent/barron.</td>
</tr>
</tbody>
</table>