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UNIVERSITY OF SORNA

The present study is a survey of how people feel about their jobs. We request you to supply your frank answers to help us see the study's success. Your answers are kept purely for research purposes. Hence, you are free to submit your answers in a strict confidentiality.

Education:

[Select Education Level]
- Elementary
- High School
- College

Marital Status:

[Select Marital Status]
- Married
- Single

No. of jobs held so far

Income in the present job

Years of experience in present job

Brief description of the nature of the work you do

Distance between your house and factory

Type of conveyance used
No. of dependents .........

Reason for any .........

Member in the union; Yes

Reason for working .........

Daily routine of work in the house

Morning

Evening

III

Here are some statements pertaining to your job. There are five alternatives for each statement. These are: strongly agree, agree, neither agree nor disagree, disagree, strongly disagree. For each statement, circle the alternative that best represents your feeling towards your job.

1. I am truly satisfied on my job.

2. Most of my job experiences have been pleasant.

3. My job is quite interesting.

4. The people I work with seem to make my job pleasant.
5. My job provides me with as much opportunity to serve with others as much as I like.

6. My job enables me to do the thing I am best at.

7. My job gives me a sense of dignity and respect.

8. I feel proud to talk to others about my job.

9. The people for whom I work make me quite happy on my job.

10. I ever consider myself a failure on my job.

11. The conditions under which I work are pleasant.

12. My job provides me with a decent income for the work I do.

13. My job allows me to do any many important work.

14. My job has the same to realize many of my aspirations.

15. My job gives me as much pleasure as I could derive otherwise.

16. My job enables me to live a happy life.

17. If I were to start my career again, I will choose my present job.

18. I have never been bored in my job.

19. My job has many good aspects worth mentioning.
20. My family thinks highly of my job.

21. In general my job suits me well.

22. I have always been quite active on my job.

23. I consider myself quite efficient on my job.

24. My job is always seen as a source of encouragement to me.

25. My job is quite satisfactory in general.

But are the things you like very much about your job?

But are the things that you dislike about your job?
here is the kind of job I was seeking for and it turned out to be more important than I thought. Several
factors led to the conclusion that this job was suitable for me. I believe
the key factor is the nature of the work. This work offers

security

salary stability

flexibility

Friendly co-workers

Entertainment

Nature of work

good career

Summary

In conclusion, I feel that the job meets the criteria in general. I was not only interested in the salary or
benefits by choosing a job with certain features, but also
the job offers a good fit for my interests.

1. What is the nature of your job?

2. Do you have enough flexibility to work from home?

3. How much time do you usually spend trying to

4. Do you have the opportunity of running the business?

5. What is your home-office problem, along with your job?
5. Does your husband of work interface much in your running the household?

6. Are you able to get satisfactory assistance in your house work?

7. Has anything been a problem to you?

8. Do you feel such exhaustion after your daily work?

9. Do you feel ill frequently?

10. Do these sick spells in your house arise when you have to serve?

Social relations.

1. Do you usually have difficulty in maintaining good relations with others in your family?

2. Do any of your family members have habits that frustrate you?

3. Do you feel you have been found fault with more than you deserve?

4. Do you feel you are really content to your family members?

5. Do you feel there is no actual love and trust among members in your family?

6. Are your family members antagonistic to your workings?

7. Are your family members antagonistic to the type of work you do?

8. Do you feel that you are not consulted about matters that concern you?
Do you feel that you are not able to get any recognition since you are working?

1. Do you consider your home life to be satisfactory?

III. Financial:

2. Are the daily expenses in your family too much for your income?

3. Are there many financial difficulties in your family?

4. Are you unable to use even a part of your income as you pleased?

5. Are there family disagreements over financial matters in your family?

IV. Attitudes towards working in the factory:

1. Do you feel that your work is due to economic necessity?

2. Do you feel that your work affects the health of your family?

3. Do you feel that your work has affected the unity of the family?

4. Do you feel that your work is inclined to work in the factory?
Emotional Adjustment Questionnaire

Here are some problems common to many of us. If you have the problem, answer 'Yes.' If you do not have it, mark 'No.' If you are unsure, use the definite answers accordingly.

1. Do you get tired of work quickly? Yes. No.

2. Do you feel more easily hurt? Yes. No.

3. Are you easily annoyed by things that can never be true? Yes. No.

4. Do you cry easily? Yes. No.

5. Do you mind being criticized? Yes. No.

6. Do you wish for an urban way of life? Yes. No.

7. Are you often involved in arguments of decisions? Yes. No.

8. Do you often experience states of boredom? Yes. No.


10. Do you need help to concentrate on your work? Yes. No.

11. Do you constantly have doubts about the accuracy of the work you have finished? Yes. No.


13. Do you become angry with no fault of yours? Yes. No.

14. Do you think that mixed up when you have to do things in a hurry? Yes. No.

15. Do sudden noises make you jump? Yes. No.
16. Have you often lost your sleep over
anxiety?  Yes.  No.

17. Do you have frequent headaches
in your neck, any pain in your
shoulder, or neck?  Yes.  No.

18. Are you often troubled with
feelings of guilt?  Yes.  No.

19. Do you feel just about the
same for no apparent reason?  Yes.  No.

20. Do you often act as though
you were worried about
something?  Yes.  No.

21. Have you become overcautious
about your health?  Yes.  No.

22. Do you have difficulty
remembering people's
names?  Yes.  No.

23. Do you often feel yourself
in trouble?  Yes.  No.

24. Do you have difficulty
in getting
the proper amount of
sleep?  Yes.  No.

25. Do you often get up late
in the morning?  Yes.  No.

26. Do you feel your health
is even a
matter?  Yes.  No.

27. Do you have difficulty in
thinking
while you are in conversation?  Yes.  No.

28. Are you inclined to
anxiety over
your health?  Yes.  No.

29. Do ideas run through
your head so
that you cannot sleep?  Yes.  No.
Are you suggestible? Yes, No.

Do you often suffer from dizziness? Yes, No.

Have you ever been afraid of being ill? Yes, No.

Do you usually worry a lot about personal matters? Yes, No.

Are you usually in a hurry to get somewhere? Yes, No.

Do you often worry about some future event? Yes, No.

Are you often put by the gestures of others? Yes, No.

Are you often put by the gestures of others? Yes, No.

Are you often put by the gestures of others? Yes, No.

Are you often put by the gestures of others? Yes, No.

Are you often put by the gestures of others? Yes, No.

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