APPENDIX I

THE OATH

I swear by Apollo the Physician and Aesculapius, and Health, and all-heal, and all the gods and goddesses, that, according to my ability and judgement I will keep this oath and this stipulation—to reckon him who taught me this art equally dear to me as my parents to share my substance with him, and relieve his necessities if required; to look upon his offspring in the same footing as my own brothers, and to teach them this art, if they shall wish to learn it, without fee or stipulation; and that by precept, lecture, and every other mode of instruction, I will impart a knowledge of the Art to my own sons and those of my teachers and to disciples bound by a stipulation and oath according to the Law of Medicine, but to none others. I will follow that system of regimen which according to my ability and judgement, I consider for the benefit of my patients and abstain from whatever is delerious and mischievous. I will give no deadly medicine to anyone if asked, nor suggest any such counsel; and in like manner. I will not give to a woman a pessary to produce abortion., With purity and holiness I will pass my life and practice my art, I will not cut persons laboring under the stone, but leave this to be done, by men who are practitioners of this work. Into whatever houses I enter, I will go into them for the benefit of the sick, and will abstain from every voluntary act of mischief and corruption; and further from the seduction of females or males, of freemen and slaves; Whatever in connection with my professional practice or not in connection with it, I see or hear;

in the life of men which ought not to be spoken of abroad, I will not divulge, as reckoning that all such should be kept secret. While I continue to keep this oath unviolated may it be granted to me to enjoy life and the practice of the art, respected by all men, in all times! But should I trespass and violate this oath, may the reverse be my lot.

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APPENDIX II

QUESTIONNAIRE FOR DOCTORS

PART A

1. Since how long you have been in this Profession?
   Less than a year
   Since 1-3 years
   Since 4-6 years
   Since 7-9 years
   Since 10-12 years
   Since 13-15 years

2. State your basic Medical Degree

3. Have you specialized further? Yes/No

4. Is Possession of Advanced Medical knowledge essential?
   a. Yes, I think so
   b. No

5. How many hours a day you work here?
   a. 6 hours or less
   b. Between 6 and 8 hours
   c. Between 8 and 10 hours
   d. More than 10 hours

6. How many patients come to you daily?
   a. Less than 10
   b. Between 11-20
   c. Between 21-30
   d. Above 30

7. State the usual illnesses reported by your patients
   a. General Complaints
   b. Surgical
   c. Maternity and Child
   d. Psychical

8. Specify the Laboratory Facilities:
   a. X-Ray
   b. Blood Test
   c. Urine Test
   d. Stools Test
   e. Not applicable

9. Mention the time taken for check-up of each patient
   a. Less than five minutes
   b. Between 5-10 minutes
   c. Between 10-15 minutes
   d. Between 15-20 minutes
   e. More than 20 minutes
10. State the aspects of Patient's background you record
   a. Marital Status/Family : Yes/No
   b. Age : Yes/No
   c. Sex : Male/Female Yes/No
   d. Education : Yes/No
   e. Caste : Yes/No
   f. Habits : Yes/No
   g. Address/Residence : Yes/No

11. Do you prescribe diet ?
   a. Yes, it is necessary
   b. Yes, in some cases
   c. No, not necessary

12. Do your Patients follow your Instructions strictly ?
   a. Yes, always
   b. Yes, some times
   c. In the beginning
   d. Some follow

13. When should the Patient come to the Doctor ?
   a. In the beginning
   b. After the symptoms appear

14. Do you think patients are capable of giving details of their ailments ?
   a. Yes, all
   b. Yes, some educated men-women
   c. Yes, aged men-women
   d. Yes, children
   e. Not capable

15. Do you tell your Patient not to use folk Medicine ?
   a. Yes, always
   b. Yes, sometimes
   c. No, not necessarily
   d. I don't tell

16. What kind of difficulties you generally come across among your patients ?
   a. Reporting illness
   b. Financial difficulty
   c. Following diet instruction
   d. Psychological
   e. Social
   f. Legal

17. Is it desirable for Patients to change Doctors frequently ?
   a. Desirable
   b. Undesirable
   c. Can't say

18. Do your patients expect you to guard the secrets of their Illness ?
   a. Yes, always
   b. Yes, sometimes
   c. It is medical ethics
   d. There is no need
19. Please tick the kind of Doctor-Patient relationship:
   a. Formal
   b. Informal
   c. Friendly
   d. Strict
   e. Cordial

20. Do you invite your patients to social functions at your home?
   a. Yes, all
   b. Only selected few
   c. I do not invite

21. What does the Public think of the status of Doctor?
   a. High
   b. Low
   c. Indifferent

22. Do you think only upper class communities people are found in Medical Profession?
   a. Yes
   b. No
   c. Don't know
   d. Can't say

23. Tick the ideal ratio of Doctor-Patients from the following:
   Urban
   a. 1:2500
   b. 1:5000
   c. 1:7500
   d. 1:10000

24. Tick the ideal ratio of Doctor-Patients from the following:
   Rural
   a. 1:5000
   b. 1:10000
   c. 1:15000
   d. 1:20000

25. Is there competition among Doctors in the city?
   a. Yes, severe
   b. Yes, to some extent
   c. No, not at all
   d. Don't know/Can't say

26. Tick the duties with which you are associated:
   a. Family Planning Units
   b. Blood donations Scheme
   c. Eye Camps
   d. Innoculation/Vaccination
   e. Medical relief for drought hit areas
   f. Not applicable

27. Should Doctor combine administration and profession?
   a. Yes, it helps Patients
   b. No, hinders Profession/Service
   c. No, I don't know/Can't say

28. Have you worked in Rural Areas:
   a. Yes
   b. No
   State your experience:
29. Have you Published articles or/and books of medical interest:
   Yes/No

30. Is Foreign Medical training better than Indigenous training
   Yes/No

31. Do the Doctors go abroad because of:
   a. financial benefits
   b. Prestige
   c. Professional training
   d. Lack of opportunity in the country

32. State the problems of medical Profession:

   Part B

33. Name

34. Sex: Male/Female

35. Age

36. Marital Status:
   Married/Unmarried/Widow/Widower/Divorcee/Separated

37. Caste

38. Religion:
   Hinduism
   Mohammedanism
   Christianity
   Buddhism
   Jainism
   Others(Specify)

39. Employment Background:
   a. Government
   b. Semi Government
   c. Self Employment
   d. Agriculturist
   e. Casual manual Labourer
   f. Business/Petty Business
   g. Industrialist

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APPENDIX III

QUESTIONNAIRE FOR PATIENTS

Part-A

1. State your Health problems :

2. When did you decide to go to the Doctor ?
   a. In the beginning of my illness
   b. After sometime
   c. After friends / relatives advised
   d. When I could not bear illness

3. Who introduced you to your Doctor ?
   a. Friends
   b. Relatives
   c. Neighbours
   d. I went directly

4. Is he a Specialist ?

5. Does your Doctor Record :
   a. Name
   b. Age
   c. Sex : Male/Female
   d. Education
   e. Employment
   f. Caste
   g. Religion
   h. Address

6. Have you had :
   a. Blood Test
   b. Urine Test
   c. Stools Test
   d. Not applicable

7. Mention the duration of your check up
   a. Less than 5 minutes
   b. Between 5-10 minutes
   c. Between 10-15 minutes
   d. Between 15-20 minutes
   e. More than 20 minutes

8. Does he prescribe or does he give Medicine ?
   a. He prescribes
   b. He administers medicine
   c. Both

9. Does your Doctor prescribe any diet ?
   a. Yes, always
   b. Yes, sometimes
   c. Only when asked
   d. Never
10. Could you fully explain your health problems to your Doctor?
   a. Yes, always
   b. Yes, sometimes
   c. Doctor will find out for himself
   d. He is very busy man
   e. He does not like it

11. How much amount you have spent on your treatment? : Rs.

12. How do you pay your medical expenses?
   a. Salary
   b. Savings
   c. E.S.I.
   d. Earnings from land
   e. Earnings from business
   f. Relative's help
   g. Charity
   h. Donations
   i. Dependent
   j. Any other

13. Is the treatment effective?
   a. Yes, it is
   b. Yes, to some extent
   c. Not effective
   d. No response

14. Is your Doctor sincere in treating your illness?
   a. Yes, always
   b. Yes, sometimes
   c. Not always
   d. Only when he is paid
   e. He simply extracts money

15. Does the Doctor come on Home visits?
   a. Yes, always
   b. In case of emergency
   c. No, never
   d. I can't afford

16. Should the Doctor keep your ailments confidential?
   a. Yes, he should always
   b. Yes, it is his duty
   c. No I don't expect it
   d. There is no need
   e. I don't know

17. Do you invite the Doctors on Social occasions at home?
   a. Yes, always
   b. Yes, sometimes
   c. They don't come
   d. No I don't invite

18. Were/are you having these problems with Doctors?
   a. Money/fee
   b. Caste/Religion
   c. Reporting illness
   d. Others (Specify)
   e. No Problems
19. State the systems of Medicine you use  
   a. Allopathy  
   b. Ayurveda  
   c. Homoeopathy  
   d. Yunani  
   e. Folk Medicine  

20. Do you consult any of the following for health problems?  
   a. Fakirs  
   b. Sadhus  
   c. Astrologers  
   d. Magicians  
   e. Others, specify  

21. Do you prefer Doctor from your own caste?  
   a. Yes, it is desirable  
   b. Yes, sometimes  
   c. Caste does not matter  

22. To whom do you ordinarily go for treatment?  
   a. Only men Doctors  
   b. Only lady Doctors  
   c. It is immaterial  

23. Do you think your Doctor has good practice?  
   a. Yes  
   b. No  

24. On an average how many Patients come to your Doctor daily?  

25. Do you frequently change Doctors treating you?  
   a. Yes  
   b. No  

26. What according to you are the deciding factors in the popularity of Doctor, Tick any three of the following in the order of merit.  
   a. Qualification  
   b. Efficiency  
   c. Hardwork  
   d. Kindness  
   e. Free Service  
   f. Moderate charges  
   g. Smartness  
   h. Sociability  
   i. Honesty  
   j. No discrimination (Impartial)  
   k. Integrity (Character)  

27. What do you think of Medical Profession? Tick three important ones.  
   a. It is noble profession  
   b. It is prestigious  
   c. It gives good income  
   d. It is challenging  
   e. It is most essential
PART B

28. Name

29. Sex: Male/Female

30. Age

31. Caste

32. Religion:
   Hinduism
   Mohammadanism
   Christianity
   Buddhism
   Jainism
   Others (Specify)

33. Educational background:
   a. Illiterate/Literate
   b. Primary/Secondary
   c. S.S.L.C.
   d. College
   e. Graduate/M.B.B.S.
   f. Post-graduate/M.S/M.D.

34. Marital Status:
   Married/Unmarried/Widow/Widower/Divorcee/Separated

35. Employment Background:
   a. Government
   b. Semi Government
   c. Self-Employment
   d. Agriculturist
   e. Casual manual Labourer
   f. Business/Petty Business
   g. Industrialist

36. Annual Income

37. The House you live in is:
   a. Own
   b. Rented
   c. Lease
   d. Quarters
   e. Hostel
   f. Rent Free
   g. Relative's
   h. Friend's
   i. Paying guest
APPENDIX IV
MAP OF KARNATAKA STATE