CHAPTER IV

Health Care System and Social Security Organization: An Analysis
4.1 Introduction:

Health as a priority has important role in individual’s life. Happy life is the result of good health. By unhealthy body and mind, joyful and useful life is impossible. Nowadays under unhealthy condition of body and mind for example pollution, improper diet, lack of enough physical activities, living in giant metropolitans, people are not able to tune with life normally. To overcome and control disorders that is created by inevitable conditions in existing communities, governments, private sector and people have to pay attention to health and health care services. Considering such a purpose, governments are responsible to establish health related organization to provide health care services. Hence, this chapter analyses the health care services and related aspects. Accordingly, the following aspects have been examined;

- Health
- Health Care Services
- Need of Balanced Health
- Social Spending on Health
- National Spending on Health

4.2 Concept of Health:

“HEALTH” as the English word derived from the old word “hale” in English; means well, wholeness or sound (MNT Knowledge Center, 2009).

Nowadays, health is defined and applied in three kind. The absence of illness or any disorder is the first definition of the health. As the second type of definition, health is individual’s state of to sufficiently overcome all needs of daily life. Stable state of emotion and mind to connect an individual with himself and others also environments physically is third definition of health (Med C., 2006).

In other word health is an organism of living at an employed time, a sound body, lack of illness or disorders and state of well being optimally. Functioning of the body as designed to perform, fulfills above purpose (Kurtus, 2013).
4.3 Need of Balanced Health:

Health has very important role in individual life for different reasons. By healthy life style people are active and power full in daily life. Any category of people in society for example: labore, students ,employees and parents are more productive and profitable by paying attention to issue of health. Commonly in society health means physical health but it is consist of physical and mental aspects both (Mukherjee, 2012).

According to an old proverb, the health mind is in the health body. So health can be examined in two aspects:

- Physical aspect of health
- Mental aspect of health

4.3.1 Physical Aspect of Health:

Physical Health is the general situation of an individual in all dimensions. It is a level of performance and metabolic efficiency of an organism. Good diet and regular exercise, sufficient rest can help individuals to have a good body. In fact physical health is equal good body health. Of course, physical health depends on standard of living, quality of life, food habit, daily activity, race, weather, economic terms, income, level of education, social supports, health care services, belief, religion… etc (Cheshire East Online ServicesTeam, 2014) (Koshuta, 2013).

4.3.2 Mental Aspect of Health:

Understanding related well being of individual and emotional is mental health. When there is no disorder mentally, one benefits from good health mentally. Who defines cognition of the individual about his ability in well being state as mental health, that person is able to overcome normal stress and work efficiently. Services of mental wellness suffer from a shortage of financial, human and physical resources in country side areas, particularly in countries with low and moderate income. The above resources recently are spent on the specialized therapy and taking care of people who suffer from mental diseases and decreasing of mental health. When the primary health care includes mental health, the necessity of psychiatric health care centers is
Working body and mind properly is an explanation of good health. Improper diet, unhealthy nutrition, lack of hygienic condition, injuries, stress, unhealthy lifestyles and lack of physical activities are the main reasons of weak health. Expansion of technology is the reason of changes in individuals’ life, the cause of ignoring the importance of health. People have to pay attention to importance of health as much as possible. Finally diagnosis, therapy and prevention of (illnesses, wounds and other physical and mental problems) are health care (World Health Organization, 2007).

4.4 Level of Care:

Specialists classify care at four levels and define each level of care. These definitions help individuals to know which level of care is needed to refer in case of certain illness (Johns Hopkins Medicine Group, 2013). Levels of care are including of:

- First Level of Care (Primary Care)
- Second Level of Care (Secondary Care)
- Third Level of Care (Tertiary Care)
- Forth Level of Care (Quaternary Care)

4.4.1 First Level of Care (Primary Care):

Primary care is a connection between individual and health system where care for majority of daily health needs is provided by physicians, specialists (cardiologists, dermatologists, obstructions…etc), medical staff (nurses, midwives and others). Primary care contains the prevention, diagnosis, medical care and therapy that is responsible for different health situations. Also this includes of referrals to Para-clinic centers (Conjecture Corporation Team, 2012) (Primary Care Initiative Team, 2013).
4.4.2 Second Level of Care (Secondary Care):

The next stage of primary care is secondary care. This kind of services usually offers in hospitals or health care centers by specialists in order to diagnosis of illnesses (Torrey, 2014) (Kareem, 2011).

4.4.3 Third Level of Care (Tertiary Care):

The third stage of care is tertiary care. In this stage a hospitalized person is someone who needs advanced level of care inside the hospital. At this level of care advanced equipments and some of services like coronary artery, severe burn therapy, bypass surgery and others are needed (Johns Hopkins Medicine Group, 2013) (Paramont Member, 2013).

4.4.4 Forth Level of Care (Quaternary Care):

The most advanced level of care and specialized services are needed for ill one at his step. Medicine services experimentally and special operations at high level are offered at this level of care. Because of this specialty of service to patients some particular centers are able to cover health sector (Aalberta Physician Llink Team, 2014) (Torrey, 2014).

4.5 Individuals Spending on Health:

Being in healthy condition brings for human life many changes such as job opportunities that results in happy life. Living of long life is a consequence of being free from illness. Without suffering from any illnesses, society enjoys life and people are able to use their abilities in different aspects of life. In a healthy community individuals are able to develop and promote potentials at a top level.

For example at physical level they look more active and fresh so they feel more self-confident and even by aging they are physically active. Also they are able to face aging related problems sufficiently. It means a considerable promotion of quality in human life and control of human life appropriately. Individuals enjoy healthy life by a proper diet and physical activities avoiding panic conditions and negativities in mind, an ongoing management to control unexpected situations (Jones, Jonathon, 2014) (Mukherjee, 2012).
4.6 Social Spending on Health:

In this section researcher is going to explain why private sectors and employers should spend on health care sector and why health of employees is very important in the workplace. Employers play very significant role in the health of employees. They should pay attention and take care of their employees’ health in workplace. This make them feel active and more dynamic also they will be capable to perform both simple and hard tasks not by force. Mind and body free from work pressure, tension and stress are able to overcome routine job related problems and difficulties in optimum possibility at workplace. They enjoy to work, motivated to do the tough tasks. By paying attention to health of employees, negativities in mental set up will be removed from atmosphere of work groups. In addition they don’t need to leave work due to physical and mental problems. An increasing efficiency is result of good health. Therefore, employers attain above mentioned advantages by considering a priority of health care importance.

To have an organization with responsible employees, development and improvement of employees health by employers is necessary. By this way not only the cost of health care will be decreased also the company benefits from less absence of employees. Spending on health of employees results in returning money positively and leading company to reach higher level of economic growth. Investment in health of employees also results:

- The possibility of illness prevention.
- Reduction of risk conditions in workplace in order to reach a considerable decrease of related accidental situations.

4.7 Government Spending On Health:

Countries and global foundations have come to this result that the health of low income individuals has to be improved. The program of “health for all” was managed in 1970s by the World Health Organization (WHO). After 25 years, it is still
a dream. The services of health care at high level and newly created medicines are not available for one billion with one dollar income daily. In addition in growing communities, health sector is spending on eleven dollars per individual yearly. But the World Health Organization recommended forty dollars for one person as an acceptable level of health care while in advanced countries is spending nine hundred dollars per person on health care. Therefore, modern technology and an acceptable level of health care also promoted medical services are not accessible by low income individuals in developing countries. By supporting an organization of health and establishing financial instructions, regimes arrange health related activities and execute it to expand.

Health systems are able to: Expand health, fulfill justice in health care sector, decreasing health discrimination, and provide basic needs of people. Growing health system supported by regimes and private sector is an evidence to show the role of governments to develop health and establish it documentally all over the world. In 20th century for forty years, the responsibility of governments and other sectors in communities about health has been influenced by making attempts basically. The important role of health care and any relevant issues have not been indicated and different reasons are getting involved with this case.

Regarding government’s responsibility specifically for example as a consequence of unsuccessful marketing, regime is responsible to remove discrimination in health care sector and encourage the process of producing and generalizing health sector for all citizens. Also an accepted explanation in worldwide provisions, health is not only material of market but a basic need and right of society.

In any community with different and changing policy, health related considerations are a priority. Simultaneously governments are responsible for health growth and developing affairs related to economics based on marketing of health with consideration of society benefits. Providing new system of health and adapting them with possible replacements in area of society, economics, politics and culture is challenge of regimes. The governments’ task is crucial to indicate health as a priority but promoting of health in society also investing in this sector are obligatory activities that have to be done by governments. Creating a harmony between health sector and other organizations to fulfill purposes of governments regarding health is necessary.
The classified responsibility of governments to promote the level of health care qualitatively and securely as follows:

- Investment in services of health care
- Buying services of health care
- Offering services of health care
- New method application in services of health care
- Creativity in centers of R&D
- Promised availability of qualified care for people with low income
- Controlling market of health care
- Training of people publicly
- Enhancing and promoting technologies and activities in health
- Monitoring and heading activities related to quality of health care
- Encouraging attempts to invest in private sector

4.8 Social Security Organization and Health Care Services:

Health and healthcare affairs are the problems that many people around the world are faced. There is discrimination in society and people with low income suffer from unsuitable health care services because of financial problem and improper distribution of opportunities in society. In spite of governments’ attempts to enhance health of society at low level of income, authorities have not succeeded to overcome problems, but it in parallel to governments’ challenges, social security has a key role to affect all activities relating health care in society (Bijlmakers, Dusseljee, & Jurgens, 2006) (Nordquist & Christion, 2012).

Social security is established in poor and rich countries in order to support people at any level of income. This organization is not only the right of people including all categories of age, sex and race but the indication of evaluation in society and expansion of serving offered by social insurance. Quality and quantity of services
provided by social security is a criteria to evaluate development in countries. Therefore, a focus on social policy by social, political and economical associations, making an attempt to promote quality and character of insuring and upgrading the standard of services particularly in health care sector is the consequence of society expectation (Social Security Organization Members, 2007) (Smith & Brian, 2013) (Attorney, 2013) (Devereux & Wheeler, 2007).

As an organization in center of activities related to security and welfare, social security organization has a significant role in health in Iran. The SSO, an organization and insurer in community by a defined responsibility covers wage earners and self-employed individuals that are under contract voluntarily. SSO covers almost 8000,000 main insured and 1,500,000 pensioners. By adding family members of the insured, SSO covers totally nearly 30,000,000 million people that they enjoy insurance services.

The established social security system is responsible to cover cases as follows:

- Retired person
- Disable person
- Dead person
- Unemployed individual
- Old person
- Vulnerable person
- Caretaker loser
- Supporting mental and physical disables
- Providing services of health care
- Protecting pregnant mothers also providing services during period of maternity and fostering of child
- Supporting helpless women and children without supporter
- Planning and offering insurance services to self-independent women, divorcees and old women
- Removing or decreasing discrimination and injustice (Social Security Organization, 2007) (Social Security Organization Group, 2007)

The Social Security Organization is responsible to cover main insured, pensioners and their families. The SSO offers health care services to insured and dependents via 2 ways:

- Offering Health Care Services via the Direct Health Section
- Offering Health Care Services via the Indirect Health Section

4.8.1 Offering Health Care Services via the Direct Health Section:

Social security organization supports insured individuals and their families by providing services of health care directly in dependent medical centers and hospitals of SSO (Social Security Organization, 2007). According to recent statistics, basic health services are offered to insured and their families freely in 842 polyclinics, clinics, day clinics and 68 hospitals (Statistic Department of Social Security Organization, 2010).

4.8.2 Offering Health Care Services via the Indirect Health Section:

Health services are purchased by SSO to provide more (services, facilities and security). Providing services through private sector under contract is a way that SSO enables the insured to benefit from medical services of hospitals, medical centers, doctors, specialists and medical staff that are independently under contract with SSO. Only the franchise of medical payment is received by private centers of health care under contract with social security organization but private sectors of health care which are not under contract with SSO, receive total medical fee. Also offering of necessary proof to offices related to medical documentation is obligatory. According to definitions mentioned in relevant provisions, a part of medical costs is repaid to insured one. At the present, 28538 physicians and dentists, 842 polyclinics, clinics, day clinic and also 68 hospitals are under contract with social security organization. (Social Security Organization, 2007) (Statistic Department of Social Security Organization, 2010).
4.9 Conclusion:

Health is considered as a priority in society. A longer life is the result of a healthy body free from illness or disorder. Life is affected in own aspects by quality of health. Individuals are able to work actively and enjoy life happily through healthy body and mind. Health care manages to therapy and control of problems relating to health.

In any community with different and changing policy, health related considerations are a priority. Simultaneously, governments are responsible for health growth and developing affairs related to economics based on marketing of health with consideration of society benefits. Providing new system of health and adapting them with possible replacements in area of society, economics, politics and culture is challenge of regimes. The governments’ task is crucial to indicate health as a priority but promoting of health in society also investing in this sector are obligatory activities that have to be done by governments. Creating a harmony between health sector and other organizations to fulfill purposes of governments regarding health is necessary.
4.19 References:


