CHAPTER - V

CONCLUSIONS & SUGGESTIONS

Conclusions / Discussion and Testing of Hypothesis:

In order to achieve to the objectives following hypothesis were proposed for testing.

1- “There were no significant development of physical education and sports in the secondary schools of Aurangabad District”. This hypothesis was proved after survey of various secondary schools by the researcher.

2- “There was no significant difference in development of motor ability among the students of secondary schools.” Not all 200 secondary schools of Aurangabad but few schools find with the same.

3- “There was not significant participation in the extra mural competition.” Maximum schools participate in the extra mural competition but some of schools less participation and few schools are not participate in the competition.

4- “Implementation of sports policy was not up to the mark.” This hypothesis was proved during the survey by the researcher and the aim of the Govt. of India, to promote the physical education and sports in our country and make a healthy nation. This aim was not followed completely by some of the schools of Aurangabad district.

It reveals from the study that due to the limited resources and infrastructure in our secondary school and the salvation deal with competition for
the time being during the secondary school day. We are only concerned about the objectives priorities and out come participation and achievement. Current evidence does not support the position of participation in the competition and achievement because due to the lack of coordination between organization and parents.

Studies have been done using a full range of ages among secondary school children of this age. However there is no evidence that the maturation process is affected significantly by programmers of the nature. It is also important to note that knowledge about physical education significantly correlates with behavior of the student and the attitude of the student towards participation in physical activities.

There is some evidence that an appropriate physical education programmed will also enhance the learning experience in other areas.

**Conclusion:**

The result of this study seems to permit the following conclusions:

1- The participation of the teams in the competition is less. It needs to increase the number of participation.

2- Players need motivation and incentive training for the improvement of performance and participation.

3- Need to develop coordination between organizer and parents.

4- Required facilities may be made available to the players to participate in the competition.

5- Accountability of the person concern responsible for participation and achievement.
6- Non-availability of ground at secondary school.

7- Non-availability of trained sports teacher.

8- Boys’ participation in the competition was more as compare to the girls.

9- Less participation of girls’ teams at secondary schools in the competition was less.

10- It was observed that parents do not permit their daughter to participate in the competition.

11- As compare to the other games / events, Football, Hockey, Basketball, have less participation because lack of ground and required material.

12- It was observed during the survey that maximum schools have not appointed sports teacher, particularly who know and played various games.

13- Maximum schools time table shows daily one period of sports in the school time table, but in practical the same period uses for other school subjects.

14- Minimum students play only for enjoyment, not for competition.

15- Arrangements of trained coach of N.I.S qualified are not observed in secondary schools.

16- Families whose economic condition is not good, their children engage in some other work for their survival , that’s why they cannot participate in the competition.[lack of time for practice]

17- Government not provides enough funds. Those who received this fund, it was insufficient.
18- Less participation in the competition due to the lack of lady sports teacher.

19- Lack of ground and required sports material is the main reason for less participation of the students.

20- Schools / management cannot spend enough money on sports and games as well as on player.

Problems find during the survey:

There are certain problems due to secondary schools observed by the researcher.

1- **Less participation of girl’s teams:** During the survey researcher noted that out of 200 schools only …….schools participated in the competition.

2- **Due to economic condition / economic backwardness:** Maximum secondary schools of Aurangabad district facing financial problem, i.e. lack of sports material, lack of entry fees for competition, lack of good coach. Therefore they could not do regular practice and not get good guidance and **encouragement by their teacher and Head master.**

3- **Negative view by the parents or Guardians:** Maximum parents are not permitting their daughter to participate in the competition, because in the competition it is compulsory to wear proper sports kit and parents not allowed to wear it, and mostly girls have domestic work also that’s why they do not have much time to participate for competition.
4- **Lack of trained sports teacher:** Number of schools have not appointed trained sports teacher at secondary schools.

5- **Lack of incentives:** Lack of participation in the extra murals, another reason is lack of incentives by the teacher and the parents.

6- **Other problems:** Except above mentioned problems there are certain problems which effect on the participation in competition as well as physical activities. Other reasons are lack of awareness among the parents, laziness of players, unavailability of balanced diet, not initiative by the management etc.

**Suggestions and Recommendations:**

On the basis of investigator’s self experience and to solve the problems mentioned above the following remedies are suggested and findings of the study will certainly help for the large number of participation in the sports competition.

1) To solve the problems of less participation of secondary schools of Aurangabad in competition. D.S.O. may make it compulsory to participate in the competition.

2) To solve this problem of every secondary school (selected for survey) management, H.M., and sports teacher may encourage the students to participate in the tournament.

3) Maximum students not participate in the competition because of entry fees, so the management may take initiatives for it.
4) Management of various schools may arrange guest lecture or short
time coaching for suggestion of sports presentation or good coach for
the player/student to show their ability or to promote their talent.

5) Sports teacher, school administration and other sports personalities
can aware the parents and guardians of the students for the
devolvement of the sports participation and send their children for
competition.

6) In every secondary school, may appoint a trained sports teacher who
has interest with their subject, who knows the rules and regulations of
various games, who gives the scientific knowledge of game and
exercises.

7) It is found that lack of incentives to the players, so it may be provided
by the Govt. / D.S.O. or management of school to those players who
will take part in competition.

8) Not only the sports psychologist but the coaches may also be made to
know and understand the psychological principles of training.

9) Every sports teacher and coach should sketch the test of his team and
find out what psychological factors are most conducive of the
performance.

10) A study may be conduct on different fields of sports at school level
and according to the boys and girls.