APPENDICES
A. PDS
B. SRS
C. CSAQ - ENGLISH
D. CSAQ - KANNADA
E. CSAQ - TAMIL
F. STAI - Form Y₁ - ENGLISH
G. STAI - Form Y₁ - KANNADA
H. STAI - Form Y₁ - TAMIL
I. STAI - Form Y₂ - ENGLISH
J. STAI - Form Y₂ - KANNADA
K. STAI - Form Y₂ - TAMIL
L. HARS
M. Data sheet for recording GSR and EMG values at rest and during the physiological stress procedure.
N. Mid-, Post-therapy clinical interview.
O. Consent form
P. Table indicating the details of the medication prescribed for clients.
Q. Data sheet for recording EMG values during feedback sessions.
R. Stress diary
S. Some typical examples of cognitive coping skill acquisition in SIT.