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LIST OF ABBREVIATIONS USED IN THE STUDY

1. A S : ATTITUDE TOWARDS SELF
2. AUTO : AUTONOMY
3. C P L A I : CONVICTS’ PRISON LIFE ADJUSTMENT
4. CONTRL GRP : CONTROL GROUP
5. E M : ENVIRONMENTAL MASTERY
6. EXP GRP : EXPERIMENTAL GROUP
7. I C P E : INTEGRATIVE CORRECTIONAL PSYCHO EDUCATION
8. INT. : INTEGRATION
9. L I : LIFE IMPRISONMENT
10. M H S S : MENTAL HEALTH STATUS SCALE
11. N H R C : NATIONAL HUMAN RIGHTS COMMISSION
12. N C R B : NATIONAL CRIME RECORDS BUREAU
13. N I C E : NATIONAL INSTITUTE FOR HEALTH AND CLINICAL EXCELLENCE
14. NIMHANS : NATIONAL INSTITUTE OF MENTAL HEALTH AND NEURO-SCIENCES
15. P R : PERCEPTION OF REALITY
16. R I : RIGOROUS IMPRISONMENT
17. S A : SELF-ACTUALIZATION
18. S I : SIMPLE IMPRISONMENT
19. UNO : UNITED NATIONS ORGANIZATION
20. UNODC : UNITED NATIONS OFFICE ON DRUG AND CRIME
21. WHO : WORLD HEALTH ORGANIZATION
22. WFMH : WORLD FEDERATION FOR MENTAL HEALTH
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