## LIST OF GRAPHS

<table>
<thead>
<tr>
<th>Graphs No.</th>
<th>Title</th>
<th>Page No.</th>
</tr>
</thead>
<tbody>
<tr>
<td>3.1</td>
<td>Bar diagram showing Age and Sex distribution of the study population.</td>
<td>150</td>
</tr>
<tr>
<td>4.1</td>
<td>Bar diagram showing the mean and standard deviation of death anxiety Scale scores before and after cognitive restructuring.</td>
<td>174</td>
</tr>
<tr>
<td>4.2</td>
<td>Bar diagram showing the mean and standard deviation of MMA Scale scores before and after cognitive restructuring.</td>
<td>182</td>
</tr>
<tr>
<td>4.3</td>
<td>Bar diagram showing the mean and standard deviation of mental health test scores before and after cognitive restructuring</td>
<td>187</td>
</tr>
<tr>
<td>4.4</td>
<td>Bar diagram showing the mean and standard deviation of death Anxiety Scale scores before and after structured relapse prevention.</td>
<td>194</td>
</tr>
<tr>
<td>4.5</td>
<td>Bar diagram showing the mean and standard deviation of MMA Scale scores before and after structured relapse prevention.</td>
<td>201</td>
</tr>
<tr>
<td>4.6</td>
<td>Bar diagram showing the mean and standard deviation of mental health test scale scores before and after structured relapse prevention.</td>
<td>206</td>
</tr>
<tr>
<td>4.7</td>
<td>Bar diagram showing the mean and standard deviation of death anxiety scale scores before and after structured problem solving.</td>
<td>212</td>
</tr>
<tr>
<td>4.8</td>
<td>Bar diagram showing the mean and standard deviation of MMA Scale scores before and after structured problem solving.</td>
<td>217</td>
</tr>
<tr>
<td>4.10</td>
<td>Bar diagram showing the mean and standard deviation of mental health test scale scores before and after structured problem solving.</td>
<td>226</td>
</tr>
</tbody>
</table>