Appendices
MAP OF KARNATAKA

KARNATAKA (District Map)
Appendices

BANGALORE MAP

Bangalore Map
THE INTERVIEW SCHEDULE FOR STUDY OF HEALTH AND SOCIAL STATUS OF AN AGING POPULATION:

A COMPARATIVE STUDY OF URBAN AND RURAL BANGALORE

PREAMBLE:

I, Mr. Vasantha Shetty, am a Research Scholar from the Department of Sociology, Kuvempu University, Shimoga. I am here with you to collect general information for my research work on the present status of the elderly population in Bangalore – both rural and urban. I request you to answer all my questions and explain your opinion in detail. Your free and frank response will help my Ph.D work and thereby assist planning of programs on the welfare of the elderly in our society. Your answers and explanations will be used strictly for research purpose only and your identity will be kept confidential.

Do you have any questions in this regard? If you are ready, shall we begin now?

Section 1: DETAILS OF FAMILY AND THE HOUSEHOLD

Respondent No. :
Name of the village / Ward :
House No. :
Date of Interview :
Name of the respondent :
Sex : Male/Female Age :

FAMILY PROFILE:

<table>
<thead>
<tr>
<th>Sl. No.</th>
<th>Name of family member</th>
<th>Relation Ship to Respondent</th>
<th>Age</th>
<th>Sex</th>
<th>Education</th>
<th>Occupation</th>
<th>Martial Status (UM/M/D/W/S)</th>
<th>Duration of residence</th>
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Interview Schedule

Size of the Family:         Male: ( )         Female: ( )         Total: ( )
Type of the Family:        Joint: ( )        Extended: ( )       Nuclear: ( )

Section II: SOCIO ECONOMIC DETAILS

1. Mother Tongue:
   1. Kannada ( ) 2. Hindi ( )
   3. Telugu ( ) 4. Urdu ( )
   5. Tamil ( ) 6. Others ( )

2. Religion:
   1. Hindu ( ) 2. Muslim ( )
   3. Christian ( ) 4. Others ( )
      (please specify)

3. Caste:
   1. SC / ST ( )
   2. Back Ward Caste ( )
   3. High Caste ( )

4. Are you presently employed?
   1. Yes ( )
   2. No ( )

5. If yes, what gainful employment?
   1. Labour ( ) 2. Business ( )
   3. Service ( ) 4. Others (Specify) ( )

6. If No, What was your previous occupation?
   1. Public Sector ( ) 2. Private Sector ( )
   3. Business ( ) 4. Others ( )

7. Are you a pensioner?
   1. Yes ( )
   2. No ( )

8. Please specify your educational level:
   1. Illiterate ( ) 2. Primary school ( )
   3. Middle School ( ) 4. Graduate ( )
   5. Post Graduate/Professional ( )

9. Total Family income per year?
   1. Less than Rs. 50,000 ( )
   2. Rs. 50,000 to Rs. 99,999-00 ( )
   3. Rs. 1 Lakh to Rs. 1,99,999-00 ( )
   4. Rs. 2 Lakh and above ( )
10. Type of house:

<table>
<thead>
<tr>
<th></th>
<th>Own</th>
<th>Rented</th>
<th>Leased</th>
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10 (i). Type of house:
1. Hut ( )
2. Katcha House ( )
3. Mixed House ( )
4. Pucca House ( )
5. Mansion ( )

11. Does your household own any or all of the following?

<table>
<thead>
<tr>
<th></th>
<th>Bullock cart</th>
<th>Cycle</th>
<th>Radio/TV</th>
<th>Refrigerator</th>
<th>Two Wheeler/ four wheeler</th>
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Section III: LIVING ARRANGEMENTS

12 (i). Are you financially independent?
1. Yes ( )
2. No ( )

12 (ii). If no, who is your principal financial supporter?
1. Children ( )
2. Relatives ( )
3. Friends ( )
4. Spouse ( )
5. Others (Specify) ( )

13. Who else lives in this house with you?
1. None ( )
2. Spouse ( )
3. Children / Grand Children ( )
4. Other family members ( )

14. What is your status in the family?
1. Loved & respected; controls the household ( )
2. Loved & respected; not entrusted with responsibility ( )
3. Tolerated by the family ( )
4. Unwanted, but living with the family ( )
5. Living separately ( )

LIFE STYLE DETAILS:

15. How do you spend your free time?
1. Helping in household activities ( )
2. Engagement in job ( )
3. Reading or writing ( )
4. Meeting friends and relatives ( )
5. Listening to audio and watching TV ( )
6. Visiting places of worship ( )
7. Attending religious or spiritual discourses ( )
8. Taking part in cultural activities ( )
9. Others (Specify) ( )
16. Do you perform any kind of physical exercises such as
   1. Regular walks ( ) 2. Exercises ( )
   3. Yoga ( ) 4. Swimming ( )
   5. Sports ( ) 6. Others (Specify) ( )
   7. None of these ( )

17. Do you have any hobbies? Yes/No, if yes, mention
   1. 
   2. 
   3. 
   4. 

18. Do you consume alcohol now?
   1. Yes, Occasionally ( )
   2. Yes, once in a week ( )
   3. Yes, more than once in a week ( )
   4. Yes, daily ( )
   5. No, have stopped ( )
   6. No, have never consumed ( )

19. Do you consume tobacco currently?
   1. Yes, occasionally ( )
   2. Yes, Once in a week ( )
   3. Yes, more than once in a week ( )
   4. Yes, daily ( )
   5. No, have stopped ( )
   6. No, have never consumed ( )

20. Do you consume coffee/tea?
   1. 1 to 2 times a day ( )
   2. 3 to 5 times a day ( )
   3. More than 5 times a day ( )
   4. No ( )

Section IV: NUTRITION AND HEALTH

21. Type of food eaten:
   1. Vegetarian ( )
   2. Non Vegetarian ( )

22. How many times do you eat in a day?
   1. Two times ( )
   2. Three times ( )
   3. Four times ( )
   4. Others (specify) ( )

23. Do you consume adequate food?
   1. Yes ( )
   2. No ( )

24. If no, reasons:
   1. Poverty ( )
   2. Not feeling hungry ( )
   3. Neglected ( )
   4. Others (specify) ( )

25. Meal Pattern:
   Morning: ( )
   Lunch: ( )
   Dinner: ( )

26. Do you prepare your own food or some one else helps you in preparing your food?
<table>
<thead>
<tr>
<th>Question</th>
<th>Yes</th>
<th>No</th>
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<tbody>
<tr>
<td>1. Preparing myself</td>
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<td>2. Husband / Wife</td>
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<td>3. Children</td>
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<td>4. Relatives</td>
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<td>5. Others</td>
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<td>27. Do you sleep well at night?</td>
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<td>1. Yes</td>
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<td>2. No</td>
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<td>HEALTH ASSESSMENT:</td>
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<td>28. How do you take bath?</td>
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<tr>
<td>1. Without receiving any assistance</td>
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<td>2. Receive assistance in bathing only part of body like the back or leg.</td>
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<td>3. Receive assistance in bathing more than one part of body or is not bathed</td>
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<td>29. With regards to urination, can you:</td>
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<tr>
<td>1. Control urination and bowel movement completely by self</td>
<td>Yes</td>
<td>No</td>
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<td>2. Have occasional accidents</td>
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<td>3. Need supervision to keep urine or bowel control, uses cathether, or is incontinent</td>
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<td>30. Can you get dressed? (get clothes from closets and drawers, including underclothes, outer garments).</td>
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<td>1. Get clothes and get completely dressed without assistance</td>
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<td>2. Get clothes and get dressed without assistance except in tying shoes</td>
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<tr>
<td>3. Receive assistance in getting clothes or getting dressed or stays partly or completely undressed</td>
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<td>31. While eating, can you feed?</td>
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<tr>
<td>1. Yourself without assistance</td>
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<td>2. Yourself except for assistance in cutting meat or mixing sambar</td>
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<td>3. Receive assistance in feeding or is fed partly or completely by using tubes or i. v. fluids</td>
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<td>32. Can you go to the toilet room for bowel and urine elimination; can you clean yourself after elimination and arrange your clothes?</td>
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<tr>
<td>1. Goes to toilet room, cleans self and arranges clothes without assistance. [May use object for support like cane, walker or wheel chair and may manage night bedpan or commode and emptying the same in the morning]</td>
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<td>2. Receives assistance in going to the toilet room, cleaning self or arranging clothes after elimination</td>
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<td>3. Does not go to toilet room for elimination process.</td>
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<td>33. Can you get in &amp; out of a chair or a bed?</td>
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</tbody>
</table>
### Interview Schedule

1. Without assistance ( )
2. With assistance ( )
3. Does not get out of bed ( )

#### 34. How is your health in general?

1. Very healthy ( )
2. Fairly alright ( )
3. Unhealthy ( )

#### 35. What are the illnesses you are suffering from?

1.
2.
3.
4.

#### 36. Are you taking any treatment for these ailments?

If yes, (List the treatment)

1.
2.
3.

#### Section V: SOCIAL PARTICIPATION

#### 37. What is the extent of your participation in the family functions/affairs?

1. Family Members seek participation ( )
2. Your Initiative for participation ( )
3. Gross under participation ( )

#### 38. What is your involvement in societal activities?

1. Cultural ( )
2. Religious ( )
3. Educational ( )
4. Social service ( )
5. Others (Specify)

#### 39. What do you suggest to improve the welfare of aged People?

1. Increase the pension ( )
2. Medical care facilities ( )
3. Welfare centers for aged ( )
4. Other Suggestions (Explain) ( )
5. No Suggestions ( )
40. What are your suggestions to improve the present health and social Conditions of the elderly in our society?

"Thank you very much for your time and cooperation!"