CHAPTER III

STATEMENT OF THE PROBLEM
AND THE OBJECTIVES

- Stress the concept
- Statement of the problem
- Objectives of the present study
- The research variables
  (a) Dependent variables
  (b) Independent variables
- Hypotheses
CHAPTER III

STATEMENT OF THE PROBLEM AND
THE OBJECTIVES

STRESS: The Concept

'STRESS' is the 'ubiquitous problem' of modern age. Given the increased tempo of life and complexity of decision-making, it is hardly surprising that stress pervades all walks of life. Stress is experienced by all, regardless of age, education, sex, race, occupation, culture and place of living, perhaps in different degrees.

Organizational role stress is a pervasive phenomenon of work life. The present research aims to study role stress and its correlates, namely, life satisfaction and social support. In this chapter, the problem undertaken for study and the objectives, and hypotheses framed for studying the problem are stated in detail.

STATEMENT OF THE PROBLEM

The present study aims to find out the extent of Role Stress and also to examine its relationship to life satisfaction and social support.
OBJECTIVES

The specific objectives of the study are

1. to examine the profile of women police with special reference to -
   1.1 Role stress,
   1.2 Social support and
   1.3 Life satisfaction,

2. to find out the differences in role stress due to other related variables.

3. to analyze the relationship between Role Stress, Life Satisfaction and Social Support,

4. to suggest a model relating to Role Stress and its correlates, and

5. to suggest measures for reducing stress, enlarging social support and improving life satisfaction

THE RESEARCH VARIABLES

(a) Dependent Variables

The dependent variables for the study are Role Stress, Social Support and Life Satisfaction, but greater emphasis will be on Role Stress.
Role Stress

The following are the role stress constructs

(i) Inter - Role Distance  
(ii) Role Stagnation  
(iii) Role Expectation Conflict  
(iv) Role Erosion  
(v) Role Overload  
(vi) Role Isolation  
(vii) Personal Inadequacy  
(viii) Self - Role Distance  
(ix) Role Ambiguity  
(x) Resource Inadequacy

Social Support

The following are the social support constructs

(i) Support from immediate supervisors  
(ii) Support from others at work/colleagues  
(iii) Support from spouse and relatives/family

Life Satisfaction

The following are the life satisfaction constructs

(i) Work satisfaction  
(ii) Family satisfaction  
(iii) Life satisfaction  
(iv) Leisure satisfaction
Independent Variables

The independent variables of the study are:

(i) Age
(ii) Education
(iii) Marital Status
(iv) Type of family
(v) Salary
(vi) Family Income
(vii) Designation
(viii) Work department
(ix) Years of experience/service

HYPOTHESES

On the basis of the review of the related literature, the following six main hypotheses have been framed with a few sub-hypotheses under each main hypotheses for verification.

1. There will be a relationship between the demographic variables and
   (i) stress, (ii) social support, and (iii) life satisfaction

   1. There will be a relationship between (i) age and stress, (ii) age and social support, (iii) age and life satisfaction

   2. There will be a relationship between (i) education and stress, (ii) education and social support, (iii) education and life satisfaction
3. There will be a relationship between (i) experience and stress, (ii) experience and social support, (iii) experience and life satisfaction

4. There will be a relationship between (i) salary and stress, (ii) salary and social support, (iii) salary and life satisfaction

5. There will be a relationship between (i) family income and stress, (ii) family income and social support, (iii) family income and life satisfaction

6. Role stress, social support and life satisfaction will be related to marital status

7. Role stress, social support and life satisfaction will be related to the type of family

II. There will be an inter-correlation among the variables such as role stress, social support and life satisfaction

8. There will be a relationship between role stress and social support

9. There will be a relationship between social support and life satisfaction

10. There will be a relationship between role stress and life satisfaction
III There will be a relationship between the dimensions of role stress and work satisfaction.

11. There will be a relationship between role ambiguity and work satisfaction.

12. There will be a relationship between role stagnation and work satisfaction.

13. There will be a relationship between inter-role distance and work satisfaction.

14. There will be a relationship between role-expectation conflict and work satisfaction.

IV There will be a relationship between total life satisfaction and the dimensions of role stress.

15. There will be a relationship between role stagnation and life satisfaction.

16. There will be a relationship between role expectation conflict and life satisfaction.

17. There will be a relationship between self role distance and life satisfaction.

18. There will be a relationship between role ambiguity and life satisfaction.

19. There will be a relationship between role inadequacy and life satisfaction.
There will be a relationship between social support and the dimension of role stress

There will be a relationship between personal inadequacy and social support

There will be a relationship between role expectation conflict and family support

There will be a relationship between personal inadequacy and support from supervisors

There will be a relationship between personal inadequacy and support from co-workers/colleagues

There will be a relationship among the four areas of life satisfaction

There will be a relationship between life satisfaction and work satisfaction

There will be a relationship between life satisfaction and family satisfaction

There will be a relationship between life satisfaction and leisure satisfaction

There will be a relationship between family satisfaction and work satisfaction

There will be a relationship between family satisfaction and leisure satisfaction

There will be a relationship between work satisfaction and leisure satisfaction