ANNEXURE
## ANNEXURE
### INTERVIEW SCHEDULE

<table>
<thead>
<tr>
<th>S.L.NO:</th>
<th>VILLAGE</th>
<th>MANDAL</th>
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</thead>
</table>

**Socio Economic profile of the respondents**

1. Age in years (Present Age)
   - a. below 20 years
   - b. 21-25 years
   - c. 26-30 years
   - d. 31-35 years

2. Religion
   - a. Hindu
   - b. Muslim
   - c. Christian
   - d. Other

3. Caste
   - a. FC
   - b. BC
   - c. SC
   - d. ST

4. Education of the women
   - a. Illiterate
   - b. Primary
   - c. High School
   - d. Intermediate and above

5. Occupation of the women
   - a. House Wife
   - b. Govt. Job
   - c. Private Job
   - d. Agriculture/Agriculture Labour

6. Annual total family income in Rupees
   - a. Below 10,000/- Rs
   - b. 10,001-20,000/- Rs
   - c. 20,001 – 30,000/- Rs
   - d. Above 31,000/- Rs

7. Number of family members
   - a. Three
   - b. Four
   - c. Five
   - d. More than five

8. Source of information on safe motherhood
   - a. Mass Media
   - b. Health Personnel
   - c. Neighbour and Relatives
   - d. All sources

9. Participated in health awareness camps
   - a. Yes
   - b. No

10. Age at Marriage
    - a. Below 20 years
    - b. 21 – 25 years
    - c. 26 – 30 years
    - d. 31 – 35 years
11. Type of marriage
   a. Consanguineous
   b. Non - Consanguineous

12. Age at first pregnancy
   a. Below 20 years
   b. 20 – 22 years
   c. 23 – 25 years
   d. 26 – 28 years

13. Total number of pregnancies
   a. One
   b. Two
   c. Three
   d. Four and above

14. Total number of abortions
   a. No abortions
   b. One abortion
   c. Two abortion

15. Total number of deliveries
   a. One
   b. Two
   c. Three
   d. Four and Above

SECTION -II
KNOWLEDGE ABOUT SAFE MOTHERHOOD

A. MARRIAGE:

2.1. What is the right age for girls to marry? (Legal Age)
   a. Below 15 years
   b. 18 years
   c. 22 years

2.2. What problem occurs with consanguineous marriage to the women?
   a. Constipation
   b. Abortion
   c. Low hemoglobin
   d. Not known

2.3. Is it needed HIV test before marriage?
   a. Needed
   b. Not Needed
   c. Not known

2.4. Is it required pre-marriage counseling?
   a. Required
   b. Not required
   c. Not answered

B. PREGNANCY:

2.5. What is the age for first pregnancy?
   a. Below 20 years
   b. 20 – 30 years
   c. 36 – 40 years

2.6. What are the danger signs for pregnancy?
   a. Abnormal swelling of face, hands and feet
   b. Chest pain
   c. Abdominal pain
   d. Backache
2.7. How many hours of sleep and rest required during pregnancy?
   a. 7 hours at night and 1 hour in the day   c. 8 hours at night and 2 hours in the day
   b. 7 hours at night and 2 hours in the day   d. 8 hours at night and 3 hours in the day

2.8. What is the preferred diet during pregnancy?
   a. High fatty food   c. Balanced diet
   b. Salt restricted diet   d. Spicy diet

2.9. Which habits has to be avoided during pregnancy?
   a. Tea
   b. Coffee
   c. Chewing gum
   d. Smoking, alcohol, tobacco, chewing gutka, bangi.

2.10. What is the reason for avoiding Radiation exposure during pregnancy?
   a. Causes congenital malformations to foetus
   b. Deprived foetal growth
   c. Loss of foetal weight
   d. Not known

2.11. What is the reason for avoiding self medication in pregnancy?
   a. It causes foetal abnormality
   b. It causes mother health problems
   c. Mother and foetal health problems
   d. Not known
   e. Smoking, alcohol, tobacco, chewing gutka, bangi.

2.12. Which activities have to be avoided during pregnancy?
   a. Climbing upstairs
   b. Swimming
   c. Dancing
   d. Lifting heavy objects
   e. All of the above

2.13. When should avoid sexual intercourse during pregnancy?
   a. First Trimister
   b. Second
   c. Third Trimister
   d. First & Third Trimister
2.14. What are minimum investigations needed for pregnancy?
   a. Hemoglobin 
   b. Blood Grouping 
   c. Urine for albumin 
   d. HIV/ Test 
   e. All the above

2.15. What is the additional weight gain during pregnancy?
   a. 7 – 8 Kgs 
   b. 9 – 10 Kgs 
   c. 11 – 12 Kgs

2.16. Minimum number of antenatal check-ups needed during pregnancy?
   a. One 
   b. Two 
   c. Three

2.17. How often the antenatal mothers go for check-up within 7 months of pregnancy?
   a. Once in a month 
   b. Twice in a month 
   c. Three times in a month

2.18. How often the pregnant mother should go for antenatal check-up during first 8-9 Months of pregnancy (up to 36 weeks)?
   a. Twice in a month 
   b. Three times in a month 
   c. Four times in a month

2.19. How often the pregnant mother go for antenatal check-ups after 9 months (36 weeks) of pregnancy?
   a. Four times in a week 
   b. Three times in a week 
   c. Two times in a week

2.20. Which immunization the pregnant women should take?
   a. Tetanus toxoid 
   b. BCG 
   c. Not Known

2.21. What is the reason for taking T.T. injection by pregnant women?
   a. To prevent from T.B. 
   b. To prevent from Cold and Cough 
   c. To prevent from tetanus

2.22. How many doses of T.T. injection should be taken in first pregnancy?
   a. First dose 
   b. Second dose 
   c. Third dose

2.23. How many doses of T.T. injection should be taken in subsequent pregnancy?
   a. One dose 
   b. Two doses 
   c. Three doses

2.24. When should the first dose of T.T. injection taken during pregnancy?
   a. 1-3 months 
   b. 4-6 months 
   c. 7-9 months

2.25. What is the interval between the two doses of T.T. injection?
   a. One month 
   b. Two months 
   c. Three months
2.26. Why pregnant women should take iron and folic acid tablets?
   a. To improve the hemoglobin       c. Improve Calcium
   b. To prevent congenital deformities d. Not Know

2.27. What is the minimum number of iron and folic acid tablets to be taken during Pregnancy?
   a. Below 50       b. 100 and above       c. DO not Know

2.28. Can you list high risk pregnancies?
   a. Twins       e. Elderly primi
   b. Hydramnios   f. More than two
   c. Malpresentations g. All the above
   d. Antepartum hemorrhage

C. LABOUR

2.29. What is safe Labour?
   a. Delivery of the baby vaginally without any complications       c. Delivery of the baby with caesarean section
   b. Delivery of the baby with forceps d. Delivery of the baby with vacuum

2.30. Which part of the fetus coming first is safe?
   a. Head       c. Face
   b. Hand d. Buttock

2.31. Which is the safe area for conducting delivery?
   a. Home delivery b. Institutional delivery

2.32. Who is the right person to conduct safe delivery?
   a. Trained Person b. Untrained Person

2.33. How many deliveries are safe?
   a. One       b. Two       c. Three       d. Four

2.34. How much gap is required for one delivery to next delivery?
   a. One year       b. Two years c. Three years

2.35. What are the danger signs during Labour?
   a. A cord prolapsed & Hand prolapse       c. Bleeding per vagina
   b. Early rapture of membranes d. All of the above

2.36. What are the problems of Labour?
   a. Obstructed Labour c. Third degree perineal tear
   b. Prolonged Labour d. All the above
D. POSTNATAL

2.37. How many days vaginal discharge is present during postnatal period?
   a. 15 days b. 30 days c. 45 days

2.38. What health problems occur during postnatal period?

2.39. Which solutions used for perineal care?
   a. Plain water only b. Hot water only c. Antiseptic solutions d. Not Known

2.40. What type of perineal pads is safe?
   a. Old cloth b. Clean Cotton cloth c. Care free / Stayfree

2.41. Which is the best method to wash perineal pads?
   a. Wash with soap and water b. Wash with Antiseptic solutions c. Not Known

2.42. Which is the best method to dry the pads?
   a. Under the sunlight b. In the bath room c. Under the fan

2.43. Which activities the postnatal mother should avoid?
   a. climbing b. Jumping c. Field work/outside work d. Heavy work e. Above all

2.44. When the postnatal mothers start sexual intercourse?
   a. 4 weeks after delivery b. 6 weeks after delivery c. 8 weeks after delivery d. 10 weeks after delivery

2.45. When the postnatal mothers can use temporary contraceptive methods?
   a. 3 weeks after delivery b. 4 weeks after delivery c. 6 months after delivery d. One year after delivery

2.46. When the postnatal mothers can undergo permanent family planning method?
   a. 24-48 hours b. 4 weeks c. 6 weeks d. 10 weeks

2.47. What are the benefits to the mother for giving breast milk?
   a. Act as a contraceptive b. Prevent mastitis
c. Not Know

2.48. When should mother start her first breast feeding?
   a. Within half an hour
   b. After 24 hours
   c. After 3 days

SECTION – III PRACTICES ABOUT SAFE MOTHERHOOD

A. MARRIAGE

3.1. If you had consanguineous marriage, what problem you had during pregnancy?
   a. No abortion
   b. One abortion
   c. Two abortion

3.2. Have you undergone HIV test before marriage?
   a. Yes
   b. No

3.3. Did you go for pre marriage counseling?
   a. Yes
   b. No

B. PREGNANCY

3.4. Have you experienced any abnormal signs during pregnancy?
   a. Nausea & vomiting
   b. Excessive vomiting
   c. Swelling of face, hands and legs
   d. Bleeding through vagina

3.5. What type of food have you taken during pregnancy?
   a. High fatty food
   b. Normal diet
   c. Balanced diet
   d. Spicy diet

3.6. What habits you were having during pregnancy?
   a. Tea
   b. Coffee
   c. Chewing gum
   d. Tobacco chewing

3.7. Which activities avoided during pregnancy?
   a. Climbing upstairs
   b. Swimming
   c. Dancing
   d. Lifting heavy objects
   e. Above all

3.8. When you have avoided sexual intercourse during pregnancy?
   a. Avoided in the first trimester
   b. Avoided in the second trimester
   c. Avoided in the first and third trimester
   d. All of the above
### 3.9 Antenatal care

<table>
<thead>
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<th>Order of pregnancy</th>
<th>Number of antenatal visits</th>
<th>T.T Injection</th>
<th>Number of Iron and Folic acid tablets</th>
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<tbody>
<tr>
<td>First pregnancy</td>
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<td>b) Taken second dose</td>
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<td>c) 2 -3 times</td>
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<td>c) 51-100</td>
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<td>d) 4 and above</td>
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<td>d) 100 and above</td>
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<td>b) One time</td>
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<td>b) Taken below 50</td>
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<td>d) 100 and above</td>
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### 3.10 Delivery Information

<table>
<thead>
<tr>
<th>Order of delivery</th>
<th>Place of delivery</th>
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<td>Untrained</td>
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<td>Fourth delivery</td>
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</table>
C. Postnatal:

3.11. How many days vaginal discharge is present during Post-natal period?
   a. 10 – 15 days
   b. 16-20 days
   c. 21 – 25 days
   d. 26 -30 days & above

3.12. What health problems of postnatal mother from which the respondent has suffered
   a. No problem
   b. Mastitis
   c. Puerperal psychosis
   d. Excessive bleeding

3.13. What type of solution used for perineal care?
   a. Soap water
   b. Plain water
   c. Hot water
   d. Antiseptic solutions

3.14. What type of perineal pad have you used?
   a. Old clothe
   b. Clean cotton cloth
   c. Hot water
   d. Antiseptic solutions

3.15. How you have washed perineal pads?
   a. Wash with soap water
   b. Wash with antiseptic solutions
   c. Not washed

3.16. Where did you dry your pads?
   a. Under the sun light
   b. In the bathroom
   c. Under the fan

3.17. When you have started sexual intercourse?
   a. After 2 months
   b. After 3 months
   c. After 5 months
   d. After 6 months and above

3.18. Have you used any contraceptive method?
   a. Not used
   b. Used temporary method
   c. Used permanent method
   d. Used temporary and permanent method

3.19. Have you given colostrum?
   a. Given
   b. Not given

3.20. How long you have given breast feeding?
   a. 6 months
   b. 1 year
   c. 2 years