Chapter 9
Limitations of the Study
Scope for Further Research
Limitations of the study:

- Reluctance of authorities of higher educational institutions to participate
- The responses to the questionnaire was obtained from the student community.
- The responses were obtained from the students on a memory recall basis.
- Responses to the questionnaire circulated to the Vice Chancellors / Senior Administrators of higher educational institutions was limited.
- ICT enabled tools restricted accessing target audience.
- The responses obtained were from students who had predominantly studied in an urban background.
- The study was conducted over a time frame of 4 years. To make authentic recommendations, further studies spanning a longer period of time may be more useful
Scope for Further Research:

a. Further research may be undertaken in order to produce and disseminate a guide to good practices in relation to the health and well-being of learners in higher educational institutions.

b. More research is required on the link between effective approaches to improving the health and well-being of learners and its impact upon recruitment, academic achievement and student retention. What is the most successful approach? Is it a top down approach or a bottom up approach?

c. This feedback evaluation of healthcare system operational at the focal institution of the researcher involved only the students. Further insight involving responses from other stake holders e.g. staff, management etc. would provide a near 360° evaluation, which will have a larger research implication.

d. Can more and more higher educational institutions be established providing comprehensive health care systems? Can the “authorities to be” make a policy document mandating provision of comprehensive healthcare facilities on campus of higher educational institutions?

e. What resources currently exist that would support a healthy college/ health promoting university? What resources and materials would need to be made available to institutions to support the development of a healthy college?

f. Economic aspects of implementing the role model of healthcare delivery system operational at the focal university of the researcher have not been analyzed. For policy formulation at a national level, this could be a major determinant.