List of Appendices

A. Official handbook of the Association of Indian Universities (AIU)

B. Sample Health Cards of Symbiosis Centre of Health Care (SCHC)
   i. School student
   ii. College student
   iii. Staff member

C. Physical Activity Readiness Questionnaire (PAR-Q) form

D. Fitness Card

E. Campus Health Advisory Committee (CHAC) notification

F. American College of Health Association (ACHA)-
   National College Health Assessment (NCHA) sample form

G. Prototype format of analysis of a sample data of ACHA–NCHA

H. India Today, June 2007 issue.