APPENDICES

- Appendix 1
  - Part A: Scale of Skill of Decision Making
  - Part B: Scale of Skill of Communication
  - Part C: Scale of Skill of Stress Management.
  - Part D: Mental Health Battery by Singh and Gupta (2000)

- Appendix 2
  - Part A: Life Skills Education Module-Skill of Communication
  - Part B: Life Skills Education Module-Skill of Decision Making
  - Part C: Life Skills Education Module-Skill of Stress Management.