

**“EFFECT OF SPECIFIC YOGIC EXERCISES ON MOTOR,
PHYSIOLOGICAL AND PSYCHOLOGICAL VARIABLES
OF SECONDARY SCHOOL CHILDREN”**



BY

Smt. SHOBA, A.

A THESIS

SUBMITTED TO

**Kuvempu University in fulfillment of the requirement for the
award of Degree of Doctor of Philosophy in**

PHYSICAL EDUCATION

GUIDE

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JULY-2010