
APPENDICES

APPENDIX – I

LIST OF SCHOOLS

| Sl. No. | Urban | Rural |
|----------------|--|---|
| 1 | Govt. Girls Junior College, Tarikere | Govt. High School, Bettadamane |
| 2 | Yashodamma Nagathi Balika Prowdhashale, Tarikere | Govt. High School, Kundur |
| 3 | Govt. Junior College, Kadur | Hoysala Prowdhashale Jannapura |
| 4 | Highway English High School, Kadur | Govt. High School, Gonibeedu |
| 5 | St. Joseph Girls High School, Chikmagalur | Govt. High School, Angadi |
| 6 | Akkamahadevi Balika Prowdhashale, Birur | Govt. High School, Melpal |
| 7 | Govt. Girls High School, Birur | Govt. High School, Magundi |
| 8 | St. Marthus Girls High School, Mudigere | Govt. High School, Bellur |
| 9 | Nalanda Girls High School, Mudigere | Govt. High School, Mutthinakoppa |
| 10 | Jwalamalini Bhalakiyara Prowdhashale, N.R. Pura | Govt. High School, Thoreadlu |
| 11 | Deepthi Prowdhashale, N.R. Pura | Govt. High School, Begaru |
| 12 | Govt. Junior College, Koppa | Govt. High School, Kudregundi |
| 13 | St. Joseph High School, Koppa | Govt. High School, Koppunji |
| 14 | Venkatesjwara Prowdhashale, Koppa | Govt. High School, Yerur |
| 15 | Darshini High School, Shringeri | Govt. High School, Bommalapura |
| 16 | Abhinava Vidyathirtha Balika Prowdhashale, Shringeri | Govt. High School, Agalagandi |
| 17 | Govt. High School, Chikmagalur | SSGJC Ajjampura |
| 18 | Govt. Girls High School, Kadur | Marulasiddeshwara High School, Yellambalase |
| 19 | Bright Future English School, Birur | Asavathi High School, Asandi |
| 20 | Vedavathi Girls High School, Kadur | Govt. High School, Bavikere |

APPENDIX - II**SCORE SHEET OF RURAL HIGH SCHOOL GIRLS**

| Sl. No. | 50 Yard Dash (seconds) | Strength (Dips) (numbers) | 600 Yard Run/Walk (minutes) | Shuttle Run (seconds) | Standing broad jump (cm) |
|---------|------------------------|---------------------------|-----------------------------|-----------------------|--------------------------|
| 1 | 13.25 | 5 | 3.15 | 19.23 | 127 |
| 2 | 8.44 | 4 | 2.59 | 18.34 | 145 |
| 3 | 12.25 | 6 | 2.54 | 19.24 | 166 |
| 4 | 12.05 | 5 | 3.15 | 18.29 | 165 |
| 5 | 11.25 | 4 | 2.54 | 18.46 | 198 |
| 6 | 9.14 | 4 | 3.18 | 16.28 | 203 |
| 7 | 9.15 | 6 | 3.12 | 19.24 | 221 |
| 8 | 8.01 | 8 | 3.55 | 19.34 | 119 |
| 9 | 11.24 | 6 | 2.47 | 19.23 | 123 |
| 10 | 9.32 | 6 | 3.54 | 18.35 | 154 |
| 11 | 12.25 | 4 | 3.12 | 19.27 | 198 |
| 12 | 12.24 | 3 | 2.45 | 18.46 | 211 |
| 13 | 11.47 | 4 | 3.15 | 19.28 | 189 |
| 14 | 8.46 | 7 | 2.46 | 19.46 | 227 |
| 15 | 8.32 | 6 | 3.54 | 19.54 | 199 |
| 16 | 12.27 | 5 | 2.54 | 18.34 | 204 |
| 17 | 14.06 | 4 | 3.11 | 19.56 | 199 |
| 18 | 8.14 | 6 | 2.36 | 19.55 | 191 |
| 19 | 8.53 | 5 | 3.18 | 19.33 | 212 |
| 20 | 9.14 | 4 | 2.19 | 18.59 | 245 |
| 21 | 8.09 | 6 | 2.56 | 19.45 | 214 |
| 22 | 9.21 | 4 | 2.45 | 19.56 | 213 |
| 23 | 14.28 | 5 | 3.18 | 18.45 | 214 |
| 24 | 13.58 | 6 | 3.25 | 19.56 | 195 |
| 25 | 13.28 | 5 | 2.57 | 19.46 | 144 |
| 26 | 9.12 | 6 | 2.56 | 19.56 | 211 |
| 27 | 14.29 | 6 | 3.12 | 19.34 | 215 |
| 28 | 12.27 | 5 | 2.44 | 19.28 | 211 |
| 29 | 14.57 | 4 | 3.15 | 19.28 | 165 |
| 30 | 12.29 | 4 | 2.10 | 22.43 | 243 |

Continued

| Sl. No. | 50 Yard Dash (seconds) | Strength (Dips) (numbers) | 600 Yard Run/Walk (minutes) | Shuttle Run (seconds) | Standing broad jump (cm) |
|---------|------------------------|---------------------------|-----------------------------|-----------------------|--------------------------|
| 31 | 11.42 | 7 | 3.15 | 19.34 | 223 |
| 32 | 13.27 | 3 | 2.18 | 20.45 | 167 |
| 33 | 11.25 | 5 | 2.10 | 19.46 | 156 |
| 34 | 13.28 | 5 | 2.58 | 19.54 | 184 |
| 35 | 13.24 | 6 | 3.10 | 19.29 | 203 |
| 36 | 14.58 | 5 | 2.81 | 19.55 | 118 |
| 37 | 12.36 | 6 | 3.51 | 20.44 | 164 |
| 38 | 10.28 | 3 | 3.45 | 19.43 | 146 |
| 39 | 9.47 | 5 | 3.01 | 19.44 | 157 |
| 40 | 11.25 | 5 | 2.40 | 20.44 | 149 |
| 41 | 12.36 | 7 | 2.16 | 21.44 | 149 |
| 42 | 13.54 | 8 | 2.47 | 21.43 | 158 |
| 43 | 11.25 | 8 | 3.57 | 19.44 | 157 |
| 44 | 13.54 | 4 | 2.18 | 19.46 | 159 |
| 45 | 12.36 | 7 | 3.02 | 19.44 | 153 |
| 46 | 12.00 | 6 | 3.59 | 19.46 | 123 |
| 47 | 13.56 | 5 | 2.58 | 19.45 | 125 |
| 48 | 13.54 | 8 | 3.10 | 19.44 | 127 |
| 49 | 10.46 | 7 | 3.57 | 19.24 | 126 |
| 50 | 11.54 | 6 | 2.15 | 20.84 | 123 |
| 51 | 10.60 | 5 | 3.51 | 21.43 | 146 |
| 52 | 14.36 | 3 | 2.55 | 18.27 | 153 |
| 53 | 13.25 | 5 | 2.15 | 22.44 | 168 |
| 54 | 12.36 | 7 | 3.01 | 19.27 | 159 |
| 55 | 13.36 | 6 | 2.56 | 21.45 | 157 |
| 56 | 12.13 | 5 | 3.11 | 19.55 | 163 |
| 57 | 11.45 | 4 | 3.02 | 22.44 | 145 |
| 58 | 10.25 | 7 | 2.54 | 19.54 | 148 |
| 59 | 11.25 | 6 | 3.08 | 19.56 | 146 |
| 60 | 13.05 | 5 | 2.10 | 21.45 | 126 |
| 61 | 14.26 | 6 | 2.12 | 19.49 | 127 |
| 62 | 12.05 | 4 | 3.15 | 19.37 | 149 |

Continued.....

| Sl. No. | 50 Yard Dash (seconds) | Strength (Dips) (numbers) | 600 Yard Run/Walk (minutes) | Shuttle Run (seconds) | Standing broad jump (cm) |
|---------|------------------------|---------------------------|-----------------------------|-----------------------|--------------------------|
| 63 | 14.41 | 8 | 2.13 | 19.55 | 135 |
| 64 | 11.35 | 5 | 3.18 | 19.57 | 165 |
| 65 | 13.45 | 8 | 3.33 | 18.27 | 135 |
| 66 | 13.36 | 5 | 3.50 | 18.46 | 138 |
| 67 | 12.35 | 4 | 3.15 | 20.44 | 149 |
| 68 | 14.27 | 8 | 2.16 | 20.44 | 145 |
| 69 | 11.36 | 8 | 2.18 | 20.45 | 164 |
| 70 | 12.48 | 7 | 2.16 | 19.52 | 158 |
| 71 | 13.56 | 6 | 2.48 | 21.45 | 146 |
| 72 | 13.45 | 5 | 3.16 | 22.44 | 153 |
| 73 | 12.36 | 6 | 3.15 | 18.54 | 126 |
| 74 | 12.45 | 5 | 2.19 | 19.28 | 124 |
| 75 | 11.35 | 8 | 2.16 | 20.45 | 132 |
| 76 | 13.16 | 8 | 2.44 | 21.55 | 148 |
| 77 | 14.29 | 5 | 2.18 | 19.27 | 164 |
| 78 | 11.25 | 4 | 3.15 | 21.46 | 164 |
| 79 | 13.17 | 6 | 3.16 | 21.45 | 125 |
| 80 | 12.14 | 5 | 3.33 | 19.24 | 126 |
| 81 | 12.15 | 6 | 3.30 | 19.38 | 158 |
| 82 | 11.12 | 5 | 3.17 | 21.45 | 159 |
| 83 | 14.55 | 6 | 3.32 | 21.46 | 187 |
| 84 | 11.13 | 7 | 2.13 | 21.44 | 175 |
| 85 | 11.36 | 9 | 2.22 | 19.34 | 126 |
| 86 | 14.26 | 6 | 2.25 | 19.28 | 148 |
| 87 | 12.05 | 8 | 3.45 | 20.48 | 167 |
| 88 | 14.29 | 5 | 3.30 | 17.28 | 186 |
| 89 | 12.36 | 7 | 3.45 | 20.19 | 203 |
| 90 | 13.54 | 5 | 2.43 | 19.29 | 134 |
| 91 | 12.58 | 8 | 2.46 | 21.46 | 164 |
| 92 | 12.54 | 5 | 2.65 | 21.41 | 201 |
| 93 | 11.36 | 7 | 3.15 | 21.55 | 146 |
| 94 | 12.56 | 3 | 3.50 | 21.45 | 175 |

Continued...

| Sl. No. | 50 Yard Dash (seconds) | Strength (Dips) (numbers) | 600 Yard Run/Walk (minutes) | Shuttle Run (seconds) | Standing broad jump (cm) |
|---------|------------------------|---------------------------|-----------------------------|-----------------------|--------------------------|
| 95 | 11.35 | 3 | 3.59 | 21.45 | 158 |
| 96 | 12.60 | 5 | 2.50 | 20.48 | 207 |
| 97 | 10.36 | 5 | 3.11 | 17.26 | 153 |
| 98 | 13.18 | 6 | 3.25 | 16.54 | 164 |
| 99 | 12.03 | 5 | 2.15 | 20.45 | 154 |
| 100 | 12.51 | 7 | 2.58 | 19.47 | 156 |
| 101 | 13.18 | 9 | 3.57 | 21.26 | 234 |
| 102 | 12.59 | 5 | 3.18 | 16.52 | 163 |
| 103 | 11.54 | 8 | 3.20 | 17.58 | 132 |
| 104 | 12.16 | 7 | 3.24 | 21.55 | 147 |
| 105 | 11.42 | 5 | 3.18 | 21.44 | 145 |
| 106 | 12.13 | 7 | 2.37 | 20.45 | 143 |
| 107 | 11.21 | 5 | 3.54 | 21.45 | 124 |
| 108 | 14.52 | 8 | 3.57 | 19.21 | 126 |
| 109 | 11.23 | 9 | 2.28 | 20.47 | 127 |
| 110 | 12.36 | 5 | 3.48 | 21.47 | 153 |
| 111 | 14.27 | 6 | 2.25 | 21.47 | 146 |
| 112 | 13.18 | 9 | 3.24 | 21.46 | 158 |
| 113 | 11.25 | 6 | 2.48 | 21.27 | 124 |
| 114 | 11.33 | 9 | 2.38 | 19.43 | 123 |
| 115 | 12.35 | 5 | 3.57 | 20.47 | 156 |
| 116 | 12.54 | 5 | 2.33 | 20.19 | 123 |
| 117 | 13.18 | 6 | 2.03 | 21.45 | 143 |
| 118 | 11.43 | 8 | 3.03 | 21.46 | 200 |
| 119 | 11.05 | 6 | 3.17 | 20.44 | 126 |
| 120 | 14.28 | 9 | 2.17 | 21.48 | 129 |
| 121 | 12.36 | 8 | 3.15 | 21.45 | 137 |
| 122 | 14.28 | 5 | 3.45 | 20.46 | 134 |
| 123 | 12.36 | 6 | 2.25 | 20.47 | 159 |
| 124 | 14.58 | 7 | 2.26 | 21.46 | 138 |
| 125 | 13.45 | 9 | 3.58 | 21.47 | 154 |
| 126 | 13.23 | 9 | 3.26 | 21.45 | 153 |

Continued...

| Sl. No. | 50 Yard Dash (seconds) | Strength (Dips) (numbers) | 600 Yard Run/Walk (minutes) | Shuttle Run (seconds) | Standing broad jump (cm) |
|---------|------------------------|---------------------------|-----------------------------|-----------------------|--------------------------|
| 127 | 12.03 | 6 | 2.44 | 21.26 | 200 |
| 128 | 14.29 | 4 | 2.46 | 21.47 | 129 |
| 129 | 13.27 | 9 | 2.57 | 21.48 | 126 |
| 130 | 10.56 | 6 | 3.51 | 20.47 | 124 |
| 131 | 13.00 | 7 | 2.19 | 21.47 | 126 |
| 132 | 14.56 | 6 | 3.08 | 20.19 | 149 |
| 133 | 14.29 | 9 | 3.17 | 21.45 | 146 |
| 134 | 12.53 | 8 | 3.36 | 20.47 | 157 |
| 135 | 12.48 | 8 | 2.27 | 20.17 | 153 |
| 136 | 14.26 | 7 | 2.38 | 19.45 | 154 |
| 137 | 14.28 | 6 | 2.58 | 20.47 | 153 |
| 138 | 14.52 | 5 | 3.30 | 21.28 | 201 |
| 139 | 13.28 | 9 | 2.39 | 21.54 | 159 |
| 140 | 13.21 | 5 | 2.55 | 20.47 | 153 |
| 141 | 14.56 | 9 | 2.43 | 21.46 | 155 |
| 142 | 12.24 | 9 | 2.25 | 19.21 | 164 |
| 143 | 13.20 | 7 | 2.19 | 21.48 | 134 |
| 144 | 12.34 | 8 | 2.56 | 21.57 | 128 |
| 145 | 12.00 | 5 | 2.57 | 18.54 | 134 |
| 146 | 10.25 | 9 | 3.10 | 19.53 | 168 |
| 147 | 14.22 | 8 | 3.21 | 16.28 | 126 |
| 148 | 14.26 | 8 | 3.15 | 19.47 | 149 |
| 149 | 13.56 | 5 | 2.26 | 19.24 | 135 |
| 150 | 12.54 | 8 | 2.25 | 16.54 | 146 |
| 151 | 14.28 | 7 | 3.09 | 20.46 | 127 |
| 152 | 13.10 | 8 | 2.16 | 20.44 | 146 |
| 153 | 11.56 | 9 | 2.46 | 19.23 | 128 |
| 154 | 14.29 | 4 | 3.19 | 20.55 | 124 |
| 155 | 14.28 | 5 | 2.47 | 20.45 | 146 |
| 156 | 14.56 | 8 | 3.17 | 20.46 | 132 |
| 157 | 11.26 | 8 | 3.35 | 20.49 | 146 |
| 158 | 14.55 | 8 | 3.18 | 21.46 | 148 |

Continued...

| Sl. No. | 50 Yard Dash (seconds) | Strength (Dips) (numbers) | 600 Yard Run/Walk (minutes) | Shuttle Run (seconds) | Standing broad jump (cm) |
|---------|------------------------|---------------------------|-----------------------------|-----------------------|--------------------------|
| 159 | 13.29 | 9 | 3.34 | 20.44 | 127 |
| 160 | 11.54 | 5 | 2.54 | 19.22 | 126 |
| 161 | 14.59 | 9 | 2.31 | 20.44 | 134 |
| 162 | 14.59 | 5 | 2.44 | 19.35 | 135 |
| 163 | 10.18 | 7 | 2.14 | 20.41 | 194 |
| 164 | 14.55 | 5 | 2.18 | 20.45 | 134 |
| 165 | 14.23 | 7 | 2.36 | 19.25 | 138 |
| 166 | 13.24 | 7 | 2.34 | 21.47 | 136 |
| 167 | 12.54 | 4 | 2.26 | 21.46 | 134 |
| 168 | 10.22 | 8 | 3.07 | 20.45 | 132 |
| 169 | 14.52 | 9 | 3.05 | 20.44 | 124 |
| 170 | 11.57 | 9 | 3.24 | 21.46 | 125 |
| 171 | 14.29 | 9 | 2.53 | 21.55 | 125 |
| 172 | 10.50 | 5 | 3.10 | 21.46 | 164 |
| 173 | 12.43 | 5 | 2.54 | 21.47 | 195 |
| 174 | 10.03 | 9 | 2.56 | 21.45 | 202 |
| 175 | 11.43 | 8 | 2.18 | 20.44 | 167 |
| 176 | 14.26 | 6 | 3.01 | 21.48 | 169 |
| 177 | 13.59 | 9 | 3.12 | 19.54 | 174 |
| 178 | 12.15 | 8 | 3.18 | 21.47 | 186 |
| 179 | 12.02 | 5 | 3.12 | 20.46 | 163 |
| 180 | 12.26 | 9 | 3.15 | 19.15 | 146 |
| 181 | 14.28 | 9 | 2.54 | 20.45 | 197 |
| 182 | 13.16 | 9 | 2.45 | 19.58 | 135 |
| 183 | 13.29 | 5 | 2.43 | 19.41 | 146 |
| 184 | 14.27 | 8 | 2.56 | 16.58 | 201 |
| 185 | 14.22 | 5 | 2.54 | 16.23 | 146 |
| 186 | 12.03 | 9 | 2.58 | 16.54 | 148 |
| 187 | 11.15 | 4 | 3.45 | 16.24 | 156 |
| 188 | 11.38 | 8 | 3.12 | 19.58 | 164 |
| 189 | 12.37 | 9 | 3.14 | 21.47 | 185 |
| 190 | 11.22 | 6 | 3.14 | 19.47 | 125 |

Continued...

| Sl. No. | 50 Yard Dash (seconds) | Strength (Dips) (numbers) | 600 Yard Run/Walk (minutes) | Shuttle Run (seconds) | Standing broad jump (cm) |
|---------|------------------------|---------------------------|-----------------------------|-----------------------|--------------------------|
| 191 | 14.56 | 9 | 3.56 | 19.23 | 164 |
| 192 | 13.27 | 7 | 3.45 | 20.44 | 128 |
| 193 | 14.26 | 9 | 3.46 | 19.59 | 164 |
| 194 | 12.34 | 9 | 2.12 | 19.57 | 126 |
| 195 | 13.28 | 8 | 3.19 | 19.46 | 123 |
| 196 | 14.29 | 5 | 3.25 | 16.54 | 193 |
| 197 | 14.58 | 8 | 2.49 | 16.58 | 164 |
| 198 | 14.29 | 9 | 3.55 | 18.24 | 164 |
| 199 | 13.27 | 9 | 2.54 | 16.57 | 149 |
| 200 | 14.33 | 7 | 2.56 | 16.57 | 149 |

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APPENDIX - III**SCORE SHEET OF URBAN HIGH SCHOOL GIRLS**

| Sl. No. | 50 Yard Dash (seconds) | Strength (Dips) (numbers) | 600 Yard Run/Walk (minutes) | Shuttle Run (seconds) | Standing broad jump (cm) |
|----------------|-------------------------------|----------------------------------|------------------------------------|------------------------------|---------------------------------|
| 1 | 10.52 | 8 | 3.57 | 19.32 | 157 |
| 2 | 12.32 | 7 | 3.18 | 18.43 | 130 |
| 3 | 11.25 | 7 | 2.59 | 19.33 | 148 |
| 4 | 10.56 | 5 | 3.49 | 19.43 | 119 |
| 5 | 14.00 | 8 | 3.58 | 16.37 | 126 |
| 6 | 10.34 | 6 | 3.21 | 19.33 | 206 |
| 7 | 10.35 | 8 | 3.15 | 19.43 | 224 |
| 8 | 11.27 | 7 | 3.58 | 19.32 | 122 |
| 9 | 10.27 | 6 | 2.57 | 18.38 | 169 |
| 10 | 10.28 | 5 | 3.18 | 18.55 | 168 |
| 11 | 10.35 | 7 | 2.57 | 18.52 | 201 |
| 12 | 11.32 | 5 | 2.30 | 19.36 | 205 |
| 13 | 11.29 | 4 | 3.15 | 18.55 | 200 |
| 14 | 12.46 | 5 | 2.48 | 19.37 | 213 |
| 15 | 13.55 | 6 | 3.18 | 18.52 | 191 |
| 16 | 12.58 | 7 | 3.59 | 20.09 | 209 |
| 17 | 13.56 | 6 | 3.29 | 19.42 | 193 |
| 18 | 12.46 | 5 | 3.21 | 20.27 | 214 |
| 19 | 13.59 | 7 | 2.22 | 19.54 | 247 |
| 20 | 13.28 | 8 | 2.59 | 19.55 | 216 |
| 21 | 12.36 | 5 | 3.47 | 21.28 | 213 |
| 22 | 11.27 | 6 | 2.48 | 18.54 | 215 |
| 23 | 13.56 | 7 | 3.21 | 20.24 | 216 |
| 24 | 12.76 | 6 | 3.28 | 19.55 | 197 |
| 25 | 13.50 | 5 | 3.05 | 19.37 | 146 |
| 26 | 11.43 | 6 | 3.57 | 18.43 | 201 |
| 27 | 12.39 | 5 | 2.57 | 21.23 | 206 |
| 28 | 13.28 | 6 | 3.14 | 18.55 | 201 |
| 29 | 11.43 | 7 | 3.59 | 21.27 | 207 |
| 30 | 12.32 | 7 | 2.59 | 19.43 | 213 |

Continued...

| Sl. No. | 50 Yard Dash (seconds) | Strength (Dips) (numbers) | 600 Yard Run/Walk (minutes) | Shuttle Run (seconds) | Standing broad jump (cm) |
|---------|------------------------|---------------------------|-----------------------------|-----------------------|--------------------------|
| 31 | 13.52 | 6 | 3.15 | 19.37 | 217 |
| 32 | 13.20 | 6 | 3.51 | 20.13 | 177 |
| 33 | 12.43 | 7 | 2.49 | 19.38 | 186 |
| 34 | 11.31 | 6 | 3.13 | 20.08 | 205 |
| 35 | 13.56 | 5 | 3.04 | 22.52 | 120 |
| 36 | 14.32 | 8 | 2.13 | 19.43 | 245 |
| 37 | 13.20 | 4 | 3.18 | 20.54 | 225 |
| 38 | 13.56 | 9 | 2.19 | 21.52 | 151 |
| 39 | 13.28 | 7 | 2.50 | 20.53 | 160 |
| 40 | 13.56 | 4 | 3.54 | 19.52 | 166 |
| 41 | 11.48 | 6 | 3.48 | 19.53 | 148 |
| 42 | 12.26 | 9 | 3.04 | 20.55 | 159 |
| 43 | 13.56 | 6 | 2.21 | 19.55 | 169 |
| 44 | 12.45 | 9 | 2.13 | 19.36 | 158 |
| 45 | 11.20 | 6 | 3.19 | 20.53 | 139 |
| 46 | 12.45 | 8 | 3.43 | 21.53 | 151 |
| 47 | 12.38 | 7 | 3.58 | 21.39 | 126 |
| 48 | 12.27 | 6 | 2.18 | 21.52 | 149 |
| 49 | 11.29 | 9 | 3.54 | 19.53 | 160 |
| 50 | 12.45 | 5 | 3.59 | 19.55 | 162 |
| 51 | 11.37 | 8 | 2.21 | 19.53 | 156 |
| 52 | 13.56 | 7 | 3.05 | 19.55 | 126 |
| 53 | 13.33 | 5 | 3.14 | 22.53 | 148 |
| 54 | 12.37 | 8 | 3.05 | 20.17 | 151 |
| 55 | 11.45 | 7 | 3.18 | 20.03 | 149 |
| 56 | 12.45 | 4 | 3.11 | 18.36 | 156 |
| 57 | 11.56 | 6 | 2.58 | 22.53 | 171 |
| 58 | 14.45 | 8 | 2.18 | 19.36 | 162 |
| 59 | 13.56 | 7 | 3.04 | 21.54 | 160 |
| 60 | 13.20 | 6 | 3.58 | 19.54 | 128 |
| 61 | 13.27 | 9 | 3.59 | 19.53 | 130 |
| 62 | 13.52 | 5 | 2.15 | 19.46 | 152 |

Continued...

| Sl. No. | 50 Yard Dash (seconds) | Strength (Dips) (numbers) | 600 Yard Run/Walk (minutes) | Shuttle Run (seconds) | Standing broad jump (cm) |
|---------|------------------------|---------------------------|-----------------------------|-----------------------|--------------------------|
| 63 | 13.25 | 9 | 3.18 | 20.07 | 138 |
| 64 | 13.36 | 6 | 2.16 | 20.06 | 168 |
| 65 | 12.55 | 9 | 3.21 | 18.36 | 138 |
| 66 | 14.28 | 6 | 3.36 | 19.54 | 167 |
| 67 | 12.45 | 6 | 3.20 | 18.55 | 141 |
| 68 | 14.56 | 8 | 2.59 | 20.06 | 156 |
| 69 | 14.59 | 6 | 2.59 | 21.54 | 129 |
| 70 | 13.25 | 7 | 3.19 | 19.27 | 129 |
| 71 | 13.56 | 6 | 3.18 | 19.37 | 127 |
| 72 | 13.37 | 9 | 2.22 | 20.54 | 135 |
| 73 | 12.55 | 6 | 2.19 | 21.55 | 149 |
| 74 | 12.16 | 9 | 2.51 | 22.24 | 151 |
| 75 | 14.56 | 5 | 3.53 | 20.53 | 152 |
| 76 | 13.55 | 9 | 3.18 | 20.53 | 148 |
| 77 | 12.45 | 9 | 2.19 | 20.54 | 167 |
| 78 | 12.56 | 8 | 2.21 | 20.27 | 161 |
| 79 | 14.24 | 7 | 2.19 | 21.54 | 149 |
| 80 | 11.29 | 5 | 2.21 | 21.55 | 166 |
| 81 | 12.45 | 7 | 3.18 | 21.54 | 127 |
| 82 | 14.37 | 6 | 3.19 | 22.25 | 128 |
| 83 | 13.34 | 7 | 3.36 | 19.47 | 160 |
| 84 | 13.35 | 4 | 3.33 | 16.33 | 198 |
| 85 | 13.35 | 9 | 2.48 | 21.55 | 166 |
| 86 | 13.27 | 6 | 2.49 | 21.50 | 203 |
| 87 | 14.36 | 6 | 3.08 | 21.54 | 162 |
| 88 | 12.32 | 7 | 3.20 | 21.55 | 190 |
| 89 | 11.29 | 8 | 3.35 | 21.53 | 177 |
| 90 | 12.56 | 7 | 2.25 | 19.37 | 150 |
| 91 | 13.54 | 9 | 2.28 | 20.57 | 169 |
| 92 | 13.25 | 6 | 3.48 | 17.37 | 188 |
| 93 | 12.55 | 8 | 3.33 | 20.28 | 205 |
| 94 | 13.56 | 6 | 3.48 | 19.38 | 136 |

Continued...

| Sl. No. | 50 Yard Dash (seconds) | Strength (Dips) (numbers) | 600 Yard Run/Walk (minutes) | Shuttle Run (seconds) | Standing broad jump (cm) |
|----------------|-------------------------------|----------------------------------|------------------------------------|------------------------------|---------------------------------|
| 95 | 14.37 | 7 | 2.46 | 19.38 | 158 |
| 96 | 13.55 | 5 | 2.38 | 21.35 | 236 |
| 97 | 14.38 | 6 | 3.08 | 17.33 | 165 |
| 98 | 12.55 | 6 | 3.08 | 20.57 | 209 |
| 99 | 13.29 | 6 | 2.53 | 19.37 | 155 |
| 100 | 13.27 | 5 | 2.57 | 19.43 | 128 |
| 101 | 12.56 | 4 | 3.18 | 21.26 | 177 |
| 102 | 13.51 | 4 | 3.53 | 21.54 | 160 |
| 103 | 12.37 | 6 | 3.23 | 17.35 | 155 |
| 104 | 11.56 | 7 | 3.14 | 16.53 | 166 |
| 105 | 14.38 | 6 | 3.28 | 20.54 | 156 |
| 106 | 13.23 | 8 | 2.18 | 19.56 | 158 |
| 107 | 13.28 | 7 | 3.44 | 21.54 | 145 |
| 108 | 14.38 | 6 | 2.06 | 21.55 | 202 |
| 109 | 13.33 | 5 | 3.06 | 20.53 | 128 |
| 110 | 12.25 | 7 | 3.20 | 21.57 | 148 |
| 111 | 13.30 | 8 | 3.18 | 21.44 | 149 |
| 112 | 13.36 | 6 | 3.27 | 21.53 | 147 |
| 113 | 13.54 | 7 | 3.21 | 20.54 | 145 |
| 114 | 13.28 | 6 | 3.09 | 21.53 | 207 |
| 115 | 13.24 | 7 | 2.59 | 21.36 | 126 |
| 116 | 12.45 | 8 | 2.51 | 19.52 | 125 |
| 117 | 12.53 | 6 | 2.41 | 20.56 | 158 |
| 118 | 11.32 | 6 | 3.02 | 20.56 | 129 |
| 119 | 12.43 | 6 | 2.31 | 21.56 | 155 |
| 120 | 12.41 | 9 | 3.57 | 21.57 | 128 |
| 121 | 13.56 | 7 | 3.51 | 21.56 | 219 |
| 122 | 14.22 | 6 | 2.28 | 21.55 | 160 |
| 123 | 14.38 | 9 | 3.27 | 20.56 | 161 |
| 124 | 13.50 | 6 | 3.57 | 21.54 | 155 |
| 125 | 14.43 | 7 | 3.29 | 21.35 | 202 |
| 126 | 13.23 | 5 | 2.47 | 21.56 | 131 |

Continued...

| Sl. No. | 50 Yard Dash (seconds) | Strength (Dips) (numbers) | 600 Yard Run/Walk (minutes) | Shuttle Run (seconds) | Standing broad jump (cm) |
|---------|------------------------|---------------------------|-----------------------------|-----------------------|--------------------------|
| 127 | 13.19 | 6 | 2.29 | 21.56 | 156 |
| 128 | 14.15 | 7 | 3.24 | 20.54 | 155 |
| 129 | 14.20 | 6 | 3.28 | 21.37 | 203 |
| 130 | 10.28 | 5 | 3.33 | 22.07 | 161 |
| 131 | 10.28 | 6 | 2.42 | 20.56 | 155 |
| 132 | 14.41 | 7 | 2.58 | 20.28 | 151 |
| 133 | 11.45 | 7 | 3.10 | 20.56 | 126 |
| 134 | 14.38 | 8 | 3.54 | 21.56 | 128 |
| 135 | 14.20 | 6 | 2.22 | 20.53 | 139 |
| 136 | 14.29 | 7 | 2.38 | 21.57 | 131 |
| 137 | 14.45 | 9 | 2.20 | 21.54 | 139 |
| 138 | 13.56 | 6 | 3.18 | 20.55 | 136 |
| 139 | 14.20 | 7 | 3.48 | 20.56 | 219 |
| 140 | 12.26 | 9 | 3.20 | 20.56 | 159 |
| 141 | 13.27 | 9 | 3.39 | 20.26 | 155 |
| 142 | 13.25 | 5 | 2.30 | 19.54 | 156 |
| 143 | 13.27 | 7 | 3.28 | 21.06 | 126 |
| 144 | 12.45 | 6 | 3.22 | 20.54 | 148 |
| 145 | 11.14 | 5 | 3.36 | 20.55 | 134 |
| 146 | 13.25 | 7 | 3.20 | 20.53 | 129 |
| 147 | 13.24 | 6 | 3.37 | 21.36 | 128 |
| 148 | 13.45 | 6 | 2.41 | 20.56 | 155 |
| 149 | 13.19 | 7 | 2.19 | 21.52 | 151 |
| 150 | 12.35 | 5 | 2.49 | 20.55 | 129 |
| 151 | 11.19 | 9 | 3.12 | 20.53 | 148 |
| 152 | 12.46 | 6 | 3.38 | 21.55 | 150 |
| 153 | 10.45 | 7 | 3.21 | 20.57 | 151 |
| 154 | 13.24 | 6 | 3.27 | 21.55 | 157 |
| 155 | 12.25 | 5 | 2.46 | 21.56 | 166 |
| 156 | 13.44 | 8 | 2.28 | 21.57 | 136 |
| 157 | 14.40 | 6 | 2.22 | 22.09 | 130 |

Continued...

| Sl. No. | 50 Yard Dash (seconds) | Strength (Dips) (numbers) | 600 Yard Run/Walk (minutes) | Shuttle Run (seconds) | Standing broad jump (cm) |
|---------|------------------------|---------------------------|-----------------------------|-----------------------|--------------------------|
| 158 | 13.54 | 6 | 2.59 | 19.24 | 136 |
| 159 | 13.20 | 5 | 2.28 | 19.04 | 170 |
| 160 | 11.45 | 9 | 3.13 | 16.37 | 128 |
| 161 | 10.38 | 8 | 3.24 | 20.53 | 151 |
| 162 | 10.36 | 6 | 3.18 | 19.33 | 137 |
| 163 | 12.35 | 7 | 2.29 | 17.24 | 148 |
| 164 | 13.24 | 6 | 2.27 | 21.55 | 136 |
| 165 | 13.49 | 7 | 2.29 | 20.54 | 134 |
| 166 | 11.42 | 9 | 3.10 | 20.53 | 126 |
| 167 | 12.27 | 9 | 3.08 | 21.55 | 127 |
| 168 | 13.24 | 5 | 3.27 | 22.24 | 127 |
| 169 | 12.33 | 6 | 2.56 | 21.55 | 166 |
| 170 | 11.27 | 9 | 3.13 | 20.53 | 136 |
| 171 | 13.24 | 6 | 2.59 | 16.32 | 148 |
| 172 | 12.45 | 7 | 2.57 | 21.26 | 150 |
| 173 | 13.23 | 6 | 2.34 | 16.33 | 158 |
| 174 | 12.35 | 7 | 3.48 | 20.28 | 166 |
| 175 | 11.35 | 8 | 3.53 | 20.50 | 196 |
| 176 | 11.38 | 6 | 2.17 | 20.54 | 136 |
| 177 | 14.25 | 9 | 2.21 | 19.34 | 140 |
| 178 | 12.27 | 9 | 2.39 | 21.56 | 138 |
| 179 | 11.38 | 7 | 2.37 | 21.55 | 148 |
| 180 | 13.35 | 7 | 3.21 | 20.55 | 165 |
| 181 | 13.22 | 6 | 3.15 | 21.55 | 148 |
| 182 | 13.46 | 9 | 3.18 | 20.54 | 192 |
| 183 | 11.37 | 7 | 2.57 | 20.21 | 137 |
| 184 | 13.00 | 8 | 2.48 | 19.56 | 127 |
| 185 | 12.42 | 6 | 3.17 | 21.54 | 166 |
| 186 | 13.22 | 9 | 3.59 | 20.53 | 130 |
| 187 | 13.54 | 6 | 3.48 | 22.25 | 166 |
| 188 | 13.38 | 7 | 3.49 | 20.24 | 128 |

Continued...

| Sl. No. | 50 Yard Dash (seconds) | Strength (Dips) (numbers) | 600 Yard Run/Walk (minutes) | Shuttle Run (seconds) | Standing broad jump (cm) |
|----------------|-------------------------------|----------------------------------|------------------------------------|------------------------------|---------------------------------|
| 189 | 12.58 | 9 | 3.15 | 21.56 | 187 |
| 190 | 13.57 | 7 | 3.17 | 21.56 | 197 |
| 191 | 12.24 | 6 | 2.57 | 21.54 | 204 |
| 192 | 11.23 | 9 | 2.59 | 20.53 | 169 |
| 193 | 13.24 | 8 | 2.21 | 21.57 | 171 |
| 194 | 12.29 | 8 | 3.04 | 21.26 | 176 |
| 195 | 12.28 | 7 | 3.22 | 17.28 | 215 |
| 196 | 13.24 | 5 | 3.28 | 16.58 | 166 |
| 197 | 12.58 | 7 | 3.57 | 18.33 | 166 |
| 198 | 11.23 | 9 | 3.58 | 17.59 | 151 |
| 199 | 13.24 | 7 | 3.54 | 16.59 | 151 |
| 200 | 12.35 | 8 | 2.59 | 18.24 | 196 |