Dedication

This research work is specially dedicated to my very beloved parents Mr. Judah Ngao and Mrs. Beatrice Wayua, my daughters Joslyn Muthio and Nancy Ndanu, and sons Dennis Musyati, Brian Ngao and Larry Kyalo, and to all children living with disabilities and / or with HIV and AIDS.
Acknowledgement

My effort alone would not have contributed to the successful completion of this research work. I give all glory and honour to the Almighty God whose presence remained a pillar of strength for me throughout the research period. Whenever I felt weary and contemplated quitting, God faithfully and tenderly injected me with new energy I enabled me to scale the heights, like the Biblical Eagle. My God and Redeemer, you remained Ebenezer to me and to my family all through and showered us with your blessings, and I will always glorify and praise you.

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God bless you!