Educators Survey

The purpose of this survey is to discover how educators view their job and the people with whom they work closely.

On the following page there are 22 statements of job-related feelings. Please read each statement carefully and decide if you ever feel this way about your job. If you have never had this feeling, write a "0" (zero) in the space before the statement. If you have had this feeling indicate how often you feel it by writing the number (from 1 to 6) that best describes how frequently you feel that way. An example is shown below.

Example

<table>
<thead>
<tr>
<th>HOW OFTEN</th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Never</td>
<td>A few times</td>
<td>A few times a month</td>
<td>A few times a week</td>
<td>A few times a month</td>
<td>A few times a week</td>
<td>A few times a month</td>
<td>A few times a week</td>
</tr>
<tr>
<td>or less</td>
<td></td>
<td>or less</td>
<td>or less</td>
<td>or less</td>
<td>or less</td>
<td>or less</td>
<td>or less</td>
</tr>
</tbody>
</table>

HOW OFTEN

0-6 Statement

I feel depressed at work

If you never feel depressed at work, you would write the number "0" (zero) under the heading "HOW OFTEN". If you rarely feel depressed at work (a few times a year or less), you would write the number "1". If your feelings of depression are fairly frequent (a few times a week, but not daily) you would write a "5".
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<table>
<thead>
<tr>
<th>HOW OFTEN</th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Never</td>
<td>A few times a year or less</td>
<td>A few times a month or less</td>
<td>Once a month or less</td>
<td>Once a week or less</td>
<td>A few times a week</td>
<td>Every day</td>
<td></td>
</tr>
</tbody>
</table>

### Statements

1. ______ I feel emotionally drained from my work.
2. ______ I feel used up at the end of the workday.
3. ______ I feel fatigued when I get up in the morning and have to face another day on the job.
4. ______ I can easily understand how my students feel about things.
5. ______ I feel I treat some students as if they were impersonal objects.
6. ______ Working with people all day is really a strain for me.
7. ______ I deal very effectively with the problems of my students.
8. ______ I feel burned out from my work.
9. ______ I feel I'm positively influencing other people's lives through my work.
10. ______ I have become more callous toward people since I took this job.
11. ______ I worry that this job is hardening me emotionally.
12. ______ I feel very energetic.
13. ______ I feel frustrated by my job.
14. ______ I feel I'm working too hard on my job.
15. ______ I don't really care what happens to some students.
16. ______ Working with people directly puts too much stress on me.
17. ______ I can easily create a relaxed atmosphere with my students.
18. ______ I feel exhilarated after working closely with my students.
19. ______ I have accomplished many worthwhile things in this job.
20. ______ I feel like I'm at the end of my rope.
21. In my work, I deal with emotional problems very calmly.
22. I feel students blame me for some of their problems.

Administrative use only

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