Vineland Social Maturity Scale
Nagpur Adaptation By Dr. A. J. Malin

TEST ITEMS

AGE LEVEL 0—1
1. "Crows"; laughs
2. Balances Head
3. Grasps object within reach
4. Reaches for familiar persons
5. Rolls over (unassisted)
6. Reaches for nearby objects
7. Occupies self unattended
8. Sits unsupported
9. Pulls self upright
10. "Talks"; imitates sounds
11. Drinks from cup or glass assisted
12. Moves about on floor (creeping crawling)
13. Grasps with thumb and finger
14. Demands personal attention
15. Stands alone
16. Does not drool
17. Follows simple instructions

I—II
18. Walks about room unattended
19. Marks with pencil or crayon
20. Masticates (chews) solid or semi-solid food
21. Removes shoes or sandals, pulls off socks
22. Transfers objects
23. Overcomes simple obstacles
24. Fetches or carries familiar objects
25. Drinks from cup or glass unassisted
26. Walks or uses go-cart for walking
27. Plays with other children
28. Eats with own hands
29. Goes about house or yard
30. Discriminates edible substances from non-edibles
31. Uses names of familiar objects
32. Walks upstairs unassisted
33. Unwraps sweets, chocolates
34. Talks in short sentences

II—III
35. Asks to go to toilet
36. Initiates own play activities
37. Removes shirt or frock if unbuttoned
38. Eats with spoon or fork
39. Gets drink (water) unassisted
40. Dries own hands
41. Avoids simple hazards
42. Puts on shirt or frock unassisted (need not button)
43. Can do paper folding
44. Relates experiences

III—IV
45. Walks down stairs
46. Plays co-operatively at kindergarten level
47. Buttons shirt or frock
48. Helps at little household tasks
49. "Performs" for others
50. Washes hands unaided

IV—V
51. Cares for self at toilet
52. Washes face unassisted
53. Goes about neighbourhood unattended
54. Dresses self except for typing or buttoning
55. Uses pencils or crayon for drawing
56. Plays competitive exercise games

V—VI
57. Uses hoops, files, kites, ridden tricycles
58. Prints (writes simple words)
59. Plays simple table games
60. Is trusted with money
61. Goes to school unattended

VI—VII
62. Mixes rice 'properly' unassisted
63. Uses pencil for writing
64. Bathes self assisted
65. Goes to bed unassisted

VII—VIII
66. Tells time to quarter hour
67. Helps himself curing meals
68. Refuses to believe in magic and fairy tales
69. Participates in pre-adolescent play
70. Combs or brushes hair

VIII—IX
71. Uses tools or utensils
72. Does routine household tasks
73. Reads on own initiative
74. Bathes self unaided

IX—X
75. Cares for self at table (meals)
76. Makes minor purchases
77. Goes about home town freely

X—XI
78. Writes occasional short letters to friends
79. Makes independent choice of shops
80. Does small remunerative work; makes articles
81. Answers ads; writes letters for information

XI—XII
82. Does simple creative work
83. Is left to care for self or others
84. Enjoys reading books, newspapers, magazines

XII—XV
85. Plays difficult games
86. Exercises complete care of dress
87. Buys own clothing accessories
88. Engages in adolescent group activities
89. Performs responsible routine chores