

APPENDIX-XIII

REGRESSION COEFFICIENTS FOR RURAL HEALTHY CONTROLS

	Positive stress last year		Negative stress last year		Positive stress any time		Negative stress any time		Total stress positive		Total stress negative		
	A co-efficients	Regression coefficients	A co-efficients	Regression coefficients	A co-efficients	Regression coefficients	A co-efficients	Regression coefficients	A co-efficients	Regression coefficients	A co-efficients	Regression coefficients	
Rural healthy controls													
MINFULNESS	ST	42.851	-.068	41.134	.178	43.399	-.058	37.008	.380	43.435	-.045	36.974	.250
	MIN-F	47.840	-.071	46.179	.186	48.052	-.043	43.217	.408	48.149	-.037	42.667	.262
SPIRITUAL WELLBEING	ST	52.526	-.987	47.519	.005	51.677	-.280	41.040	.599	55.621	-.405	41.588	.317
	MIN-F		-2.227		-1.563		-2.054		-1.084		-2.885		-0.963
RELIGIOUS WELLBEING	SWB	40.212	-.077	37.940	.186	40.703	-.065	35.144	.378	40.686	-.052	33.895	.251
	ST		.032		.037		.033		.022		.034		.036
EXISTENTIAL WELLBEING	ST	34.169	.962	39.133	.025	35.958	.264		.000	29.544	.498	34.227	.237
	SWB		.108		.023		.091	41.030	-.050		.173		.032
SSQ-N	SWB		-.103		.002		-.004		.005		-.007		.000
	RWB	44.455	-.063	42.196	.175	44.980	-.056	39.047	.380	44.931	-.043	37.814	.249
SSQ-S	ST	48.308	-.753	45.110	-.204	31.605	.828	43.681	.087	30.995	.632	39.903	.161
	RWB		-.133		-.095		.285		-.159		.302		-.069
SSQ-N	EXWB	37.756	.170	35.830	.009	38.356	-.021	32.210	.007	38.339	-.063	31.603	.252
	ST		-.097		.186		-.077		.379		.133		.130
SSQ-S	ST	26.544	1.943	35.832	.186	40.395	-.213	36.179	.111	32.240	.233	31.089	.275
	EXWB		.416		.128		.080		.016		.289		.143
SSQ-N	EXWB	49.491	-.052	48.178	8.321	49.813	.003	43.146	.006	49.632	-.007	43.451	.000
	ST		.019		.159		-.020		.339		-0.005		.225
SSQ-S	ST	48.263	-3.341	48.891	-.055	40.355	-3.301	41.630	-2.620	41.458	-3.312	39.536	-2.804
	EXWB		.221		.055		.565		.465		.363		.435
SSQ-N	ST	61.030	-2.788	59.391	-3.609	61.223	1.836	49.318	-1.891	61.179	.616	51.000	-0.918
	EXWB		-.085		.051		-.314		-.063		-.173		-.103
SSQ-S	ST	50.050	-0.012	55.588	.116	45.045	-.021	49.572	.300	36.957	-.014	47.199	.195
	EXWB		-3.713		-3.576		-3.700		-2.243		-3.700		-2.576
SSQ-N	ST		2.732		.632		1.111		.286		1.320		.341
	EXWB		-1.504		-2.755		-.313		-2.295		1.189		-1.791
SSQ-S	ST		-.545		-.113		-.235		.003		-.267		-.031
	EXWB												

ST- Stress, MIN-F -Mindfulness, SWB- Spiritual wellbeing, RWB- Religious wellbeing, EXWB- Existential wellbeing, SSQ-N- Numbers of support, SSQ-S- Satisfaction with support, ST X MIN-F- Interaction of stress and mindfulness, ST x SWB- Interaction of stress and spiritual wellbeing, ST x RBW- Interaction of stress and religious wellbeing, ST x EXWB- Interaction of stress and existential wellbeing, ST x SSQ-N- Interaction of stress and Numbers of support, ST x SSQ-S- Interaction of stress and Satisfaction with support