

APPENDIX-VI
REGRESSION COEFFICIENTS FOR URBAN SUBJECTS

	Positive stress last year		Negative stress last year		Positive stress any time		Negative stress any time		Total stress positive		Total stress negative	
	A co-efficients	Regression coefficients	A co-efficients	Regression coefficients	A co-efficients	Regression coefficients	A co-efficients	Regression coefficients	A co-efficients	Regression coefficients	A co-efficients	Regression coefficients
MINFULNESS	ST	48.741	-0.922	0.443	51.067	-0.367	38.295	0.444	50.879	-0.285	36.636	0.285
	MIN-F	56.746	-0.647 -2.870	0.255 -2.544	59.873	-0.294 -3.160	48.530	0.306 -2.562	59.360	-0.218 -3.110	45.610	0.205 -2.080
SPIRITUAL WELLBEING	ST	61.306	-1.965 -4.348 0.383	0.957 0.474 -0.274	70.396	-0.931 -6.446 0.193	37.570	0.974 1.186 -0.252	65.172	-0.498 -4.971 0.087	36.143	0.540 1.521 -0.142
	MIN-F	62.006	-0.750 -0.199	0.337 -0.153	65.565	-0.305 -0.221	50.556	0.355 -0.156	65.764	-0.244 -0.225	45.227	0.244 -0.105
RELIGIOUS WELLBEING	ST	74.167	-4.452 -0.371 0.050	1.521 0.099 -0.018	90.557	-1.878 -0.578 0.022	23.401	1.871 0.238 -0.023	74.818	-0.679 -0.353 0.006	22.620	0.910 0.233 -0.011
	SWB	66.161	-0.726 -0.491	0.283 -0.413	68.341	-0.271 -0.509	55.154	0.302 -0.397	68.792	-0.225 -0.517	50.238	0.213 -0.309
EXISTENTIAL WELLBEING	ST	69.910	-2.147 -0.592 0.037	0.955 -0.076 -0.019	77.364	-0.871 -0.754 0.016	29.108	1.555 0.305 -0.036	65.888	-0.076 -0.438 -0.004	28.356	0.745 0.288 -0.015
	RWB	58.075	-0.769 -0.301	0.355 -0.227	62.007	-0.326 -0.353	47.811	0.375 -0.257	61.853	-0.254 -0.352	43.621	0.250 -0.180
SSQ-N	ST	65.875	-2.791 -0.539 0.058	0.857 -0.013 -0.016	81.028	-1.472 -0.929 0.034	32.732	1.267 0.197 -0.028	68.925	-0.588 -0.565 0.010	31.439	0.625 0.199 -0.012
	EXWB	51.919	-0.856 -2.338	0.406 -1.985	55.168	-0.362 -2.854	41.590	0.410 -1.885	54.855	-0.278 -2.803	39.382	0.268 -1.512
SSQ-S	ST	55.763	-1.971 -4.831 0.678	0.789 2.470 -0.281	60.682	-0.695 -6.545 0.222	31.852	0.932 4.443 -0.360	58.117	-0.435 -4.933 0.101	31.975	0.471 3.821 -0.160
	SSQ-N	57.428	-0.695 -2.500	0.297 -2.113	61.616	-0.332 -2.907	48.360	0.331 -2.175	61.023	-0.248 -2.847	44.856	0.223 -1.661
SSQ-S	ST	62.314	-2.515 -3.709 0.421	0.764 0.139 -0.130	75.130	-1.193 -6.327 0.215	31.879	1.109 1.952 -0.206	68.377	-0.626 -4.646 0.091	31.353	0.550 1.904 -0.095
	SSQ-N											

ST- Stress, MIN-F -Mindfulness, SWB- Spiritual wellbeing, RWB- Religious wellbeing, EXWB- Existential wellbeing, SSQ-N- Numbers of support, SSQ-S- Satisfaction with support, ST x MIN-F- Interaction of stress and mindfulness, ST x SWB- Interaction of stress and spiritual wellbeing, ST x RBW- Interaction of stress and religious wellbeing, ST x EXWB- Interaction of stress and existential wellbeing, ST x SSQ-N- Interaction of stress and Numbers of support, ST x SSQ-S- Interaction of stress and Satisfaction with support