

APPENDIX- V

REGRESSION COEFFICIENTS FOR RURAL SUBJECTS

| | Positive stress last year | | Negative stress last year | | Positive stress any time | | Negative stress any time | | Total stress positive | | Total stress negative | | |
|-----------------------|---------------------------|-------------------------|---------------------------|-------------------------|--------------------------|-------------------------|--------------------------|-------------------------|-----------------------|-------------------------|-----------------------|-------------------------|--------|
| | A co-efficients | Regression coefficients | A co-efficients | Regression coefficients | A co-efficients | Regression coefficients | A co-efficients | Regression coefficients | A co-efficients | Regression coefficients | A co-efficients | Regression coefficients | |
| MINFULNESS | ST | 50.168 | -0.736 | 39.384 | 0.641 | 52.472 | -0.360 | 42.477 | 0.386 | 52.949 | -0.321 | 36.503 | -0.415 |
| | MIN-F | 62.718 | -3.584 | 50.197 | -2.395 | 64.189 | -3.620 | 56.713 | 0.381 | 64.222 | -0.221 | 48.809 | 0.340 |
| SPIRITUAL WELLBEING | ST | 67.783 | -4.912 | 45.615 | 0.825 | 72.106 | -0.875 | 50.762 | 0.759 | 73.993 | -0.866 | 45.219 | 0.462 |
| | MIN-F | 64.326 | -0.506 | 46.049 | -0.077 | 66.622 | -0.236 | 61.246 | -0.248 | 65.552 | -0.222 | 48.221 | -0.374 |
| RELIGIOUS WELLBEING | ST | 73.871 | -0.327 | 36.098 | 1.475 | 76.123 | -0.985 | 56.687 | 0.671 | 79.243 | -1.035 | 39.158 | 0.700 |
| | SWB | 63.491 | -0.566 | 47.011 | -0.173 | 66.089 | -0.370 | 59.183 | -0.419 | 65.271 | -0.251 | 47.471 | -0.379 |
| EXISTENTIAL WELLBEING | ST | 69.373 | -0.504 | 39.927 | 1.147 | 67.734 | -0.406 | 53.883 | 0.698 | 71.149 | -0.608 | 41.616 | 0.581 |
| | RWB | 59.818 | -0.282 | 42.403 | -0.015 | 62.222 | -0.246 | 56.651 | -0.008 | 61.234 | -0.234 | 44.551 | -0.382 |
| SSQ-N | ST | 65.795 | -0.455 | 34.277 | 1.368 | 72.638 | -1.074 | 51.112 | 0.772 | 72.029 | -0.883 | 35.220 | 0.741 |
| | EXWB | 57.974 | -0.331 | 48.386 | -0.023 | 58.806 | -0.124 | 52.947 | -0.011 | 58.899 | -0.130 | 46.074 | -0.319 |
| SSQ-S | ST | 59.153 | -0.808 | 45.893 | 0.628 | 58.854 | -1.128 | 49.019 | 0.550 | 59.915 | -0.201 | 43.397 | 0.405 |
| | SSQ-N | 62.936 | -0.218 | 52.475 | -0.095 | 64.094 | -0.156 | 58.550 | -0.178 | 64.029 | -0.151 | 50.213 | -0.278 |
| SSQ-S | ST | 61.842 | -0.463 | 50.440 | 0.517 | 61.840 | -0.389 | 52.877 | 0.521 | 61.859 | -0.051 | 47.331 | 0.352 |
| | SSQ-S | | -0.169 | | -0.024 | | -0.053 | | -0.086 | | -0.043 | | -0.021 |

ST- Stress, MIN-F -Mindfulness, SWB- Spiritual wellbeing, RWB- Religious wellbeing, EXWB- Existential wellbeing, SSQ-N- Numbers of support, SSQ-S- Satisfaction with support, ST X MIN-F- Interaction of stress and mindfulness, ST x SWB- Interaction of stress and spiritual wellbeing, ST x RBW- Interaction of stress and religious wellbeing, ST x EXWB- Interaction of stress and existential wellbeing, ST x SSQ-N- Interaction of stress and Numbers of support, ST x SSQ-S- Interaction of stress and Satisfaction with support.