Lesson Plan Model, 2007-08

Modern/ Theatrical Methodology

(Trainee-teacher of Aditi Mahavidyalaya, LSR College and MVCOE University of Delhi)

Time: 1hr.10 minutes  
Subject: ‘The Theme of Bullying’

Class: XI

Title: a poem, ‘Four O’clock, Friday’ - John Foster

Objectives:

To intermingle with the other students
Quickly getting assimilated to the new atmosphere
To enjoy the new company
To feel at home

Theatre Exercises and Theatre Games:

Tunnel Game, Dodge ball, Heart Beat, Eye Contact Ball, Hot Potato, Throw and catch of the prop (light and Unbreakable) in rhythm.

Emotional Memory:

All students are sitting in a large circle and sharing their experiences of bullying one by one if they had such incident.

Focus Group Discussion:

Whole group is divided into sub-groups. To understand the psyche of the student who is under going bullying.

Improvisation:

Group wise improvisation depicting each day of the week. 10 minutes preparation and 5 minutes presentation time given to each group. Few props are used in given space.
Relaxation:

All students listen to flute- music with closed eyes.

Review:

Analytical and critical comment by each group to other group one by one.
If bullying is not extreme, it is a Noble Concept. An ice breaking exercise. To open up the
students. To bring out of their shells.

Feedback:

Collected from the students in writing/drawing.