

CHAPTER – 7

CONCLUSION

On the basis of Observation & Results following conclusion can be drawn –

- I) Trayodashang Guggul is Anti inflammatory, Analgesic, Muscle relaxant and Neuralgic pain reliever. In Ayurvedic terminology it is Shothahar, Shoolahar, Vatanadi balya, Vata shamak in nature & proves to be beneficial in the Management of Vishwachi w.s.r. to Cervical Spondylosis.

From the clinical trial & statistical analysis,
Trayodashang Guggul is effective in relieving pain of Cervical Spondylosis.

- II) It has been observed & statically confirmed that maximum number of patient treated with Panchamrut Loha Guggul has shown Radiological improvement in the reduced inter vertebral disc space & thereby reliving compression on the exiting nerve root. Thus Panchamrut Loha Guggul is effective in the management of Vishwachi w.s.r. to Cervical Spondylosis.

Panchamrut Loha Guggul is effective in reliving Tingling sensation.

- III) When the combination of Panchamrut Loha Guggul & Trayodashang Guggul is used, the synergetic effect of these two drugs –

Relieves all the symptoms i.e. Pain, Tingling sensation, Vertigo & Movement restriction.