The teacher occupies a pivotal position in education. Without his active help and effective participation no education reform can be successfully accomplished. He must be equipped adequately before any change in and modernization of the system of education can be ushered in. So, proper training of teachers is of great importance in improving the quality of education. In other words, quality of teaching will be determined by the equality of teaching behaviour featuring the classroom. This emphasises the need of equipping the teachers with necessary skills and thus modifying their teaching effectiveness. So to understand the teaching process, to identify effective teaching behaviours and their effective mastery by the student teachers stimulated the investigator to take up the field of Micro-teaching approach to modify student teacher behaviour to increase their effectiveness in teaching.

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