ACKNOWLEDGEMENTS

First and Foremost, I owe my special gratitude to the Almighty for showering his divine blessings upon me thereby giving me strength of perseverance to withstand the rigors and to overcome the obstacles that came in my way during the course of the present study.

I wish to express my sincere and profound gratitude to my supervisor Dr. Mrs. Nirmaljit Kaur Rathee, Reader, Department of Physical Education, Panjab University, Chandigarh, who has been a constant source of help while conducting this study. I am incalculably indebted for her goal oriented encouragement, guidance par excellence, constant inspiration, invaluable guidance, untiring and inspiring supervision and impeccable care which has enabled me to complete this research work. She has given me constant moral support throughout this research assignment.

It is my pleasant privilege to express my deep sense of gratitude to Dr. G.S. Brar, Chairman, Department of Physical Education, Panjab University, Chandigarh for his consistent guidance, encouraging attitude and generous timely help at various stages of this study.

My special thanks are due to Prof. D.S. Toor, Department of Physical Education, Panjab University, Chandigarh; Mr. Narinder Singh Handball Coach, Panjab University, Chandigarh; Mr. Gursharan Singh Gill, Lecturer Physical Education, Khalsa College, Patiala; Mr. Jaswant Singh, P.A.P. Jalandhar; Mr. Pawan Kumar, P.A.P., Jalandhar; Mr. Ajitpal Singh, Lecturer, Physical Education, R&D Polytechnic, Ludhiana, and Mr. K.R. Sharma, Gymnastic Coach, Haryana Sports Department, Panchkula (Haryana) for their unreserved cooperation and sincere help for collection of data and completion of my research work.

My sincere thanks are also due to all the Faculty Members of the Department of Physical Education, Panjab University, Chandigarh for their timely support and encouragement throughout this venture.

I deeply acknowledge my indebtedness to Mr. Uttam Chand, Librarian and other non-teaching staff of Department of Physical Education, Panjab University, Chandigarh for their unreserved cooperation, timely assistance and sincere help in completion of this work.

I take this opportunity to express my sincere thanks to all the Coaches and Managers of Handball, Hockey and Basketball teams belonging to different regions who had very kindly cooperated with me in collection of data. Mr. Sanjay Sharma, Supervisor, Sports Complex, Sector 42, Chandigarh, Mrs. Shashi Banerjee, Principal, Bhavan Vidyalaya, Sector 15, Panchkula and my colleagues Mrs. Vaishali Aggarwal, Mrs. Santosh Sonik, Mrs. Meenakshi Sharma, Mrs. Uroashi Kakkar, Mrs. Adarsh Gupta, and Mrs. Raywinder Kaur Bhalla of Bhavan Vidalaya, Sector 15, Panchkula for their unstinted cooperation, blessings and moral support. They provided me ever ready helping hands which smoothened my way at every phase of my research work.
Results of Oneway ANOVA Regarding the Three Sports Groups Within each of the Three Performance levels on all the selected Psycho Biosocial Variables.

Results of Oneway Analysis of Variance Concerning Male and Female Players Within Each Selected Sports Group on the Selected Variables.

Results of Oneway ANOVA Concerning the Overall Three Sports Disciplines Performing at Different Levels on the Selected Variables.

Results Regarding t-Values Concerning Overall Gender Differences and Differences Among Overall Three Performing Level Groups on the Selected Variables.

Results Concerning Coefficient of Correlation with Regard to the Selected Variables Relating to Different Performance Levels and Two Gender Groups.

Discussions

Chapter-V Summary, Conclusions and Implications

Summary

Findings of the Study

Conclusions

Implications of the Study

Suggestions for Future Research

Bibliography

Appendices

Appendix-A: Cognitive Style Inventory

Appendix-B: Emotional Maturity Scale

Appendix-C: Athlete Satisfaction Questionnaire