Chapter I
Introduction

1. Changing Time
   1.1 A picture of Physical-Education and sports Pre – Independence of India. 4
   1.2 Way – faring of Physical – Education and sports post - Independence of India. 9
   1.3 History of Physical-Education and Sports in Bombay Province Pre - Independence of India. 47
   1.4 Physical-Education and Sports in Maharashtra during Post independence Period. 84
   1.5 Major events in Sports at International, National and State Level 133
      1.5.1. International Level. 133
      1.5.2. National Level Sports in India 136
      1.5.3. Sports Competitions in the State of Maharashtra. 137

2. Statement of Problem and Significant of Study. 142
3. Objectives of the Study. 146
4. Operational Definitions of the Terms
   4.1 Contribution of Prof. D.G. Wakharkar 148
   4.2 Development of Physical Education & Sports 148
Contents (Contd..)

4.3 Physical Education & Sports in India. 148
5. Limitations and delimitations. 148
6. Purpose of the Study. 150
References 151

Chapter II
Review of related literature. 153
2.1. Historical 153
2.2. The First Bronze Medal winner in Olympics Games 159
2.3. Experimental 160
2.4. Man who Matters. 160
2.5. Awardees 161
2.6. Sports Coaches 164
2.7. Stalwarts 166
References 170

Chapter III
Methodology 174
3.1 Method of Research 174
3.2 Source of Data 175
  3.2.1 Primary sources. 177
  3.2.2 Secondary sources. 178
3.3 Data Collection Tools 178
  3.3.1 Questionnaire 179
  3.3.2 Interview 179
  3.3.3 Documents 179
3.4 Analysis of Data 180
Chapter IV

Presentation, Data Analysis and Interpretation

4.1 Prof. D.G. Wakharkar’s Personality

4.2 Early life of Prof. D.G. Wakharkar

4.3 Influences of selected personalities on Prof. D.G. Wakharkar
   4.3.1 Influences of Swami Kuvalayananda.
   4.3.2 Influences of Padmashri Dr. P.M. Joseph.

4.4 Prof. D.G. Wakharkar as an Administrator Architect of Schemes in Physical Education & Sports.

4.5 Prof. D.G. Wakharkar’s contribution through various Physical Education Sports & Yoga committees
   4.5.1 The Board of Physical Education.
   4.5.2 The Physical Education committee 1945-46
   4.5.3 The committee on National College of Physical Education & Recreation – 1952
   4.5.4 Physical Education committee 1968-69
   4.5.5 Contribution through Central Government committees on Physical Education and Sports
      i. Central Advisory Board of Physical Education & Recreation
      ii. All-India Council of Sports.
      iii. The Society for National Institutes for Physical Education and Sports (SNIPES)
      iv. National Physical Efficiency Drive. (NPED)
      v. Bhartiym.
   4.5.6 Yoga committee 1970-71 of Government of Maharashtra

4.6 Prof. D.G. Wakharkar’s Contribution through literature on Physical Education & Sports

Contents (Contd. .)
4.6.1 Author of Books on Physical Education and Sports. 345
4.6.2 Preparing Pamphlets on various Sports, Physical Education and Youth Services schemes in Maharashtra 364
4.6.3 Writing of articles on various subjects related to Physical Education and Sports in various Journals, Souvenir and magazines. 374
4.6.4 Summary of Prof. D.G. Wakharkar’s contribution through literature by preparing pamphlets on various sports, Physical Education, Youth services schemes and Reports in Maharashtra and at National level. 375
4.6.5 Preparing Text Books on Physical Education Curriculum. 377

4.7 Prof. D.G. Wakharkar’s Contribution in preparing Curriculum of Physical Education for Schools & Physical Education Professional Training Courses 384
4.7.1 Preparing Curriculum in Physical Education for Schools at Central Government. 384
4.7.2 Preparing Curriculum in Physical Education for Schools in Maharashtra State. 394
4.7.3 Preparing Syllabuses for Professional Training Courses. 397

4.8 Prof. D.G. Wakharkar’s Contributions in Physical Education & Sports as an Organizer. 414
4.8.1 Schools Games Federation of India. 414
4.8.2 Old students Association of Training Institute for Physical Education, Kandiwali, Mumbai. 422
4.8.3 National Association of Physical Education and Sports, Amravati. 424
4.8.4 Summary of Prof. D.G. Wakharkar’s Contribution in Physical Education and Sports as an organizer 437

4.9 Prof. D.G. Wakharkar’s Contribution in Professional Colleges in Physical Education 439
4.9.1 Central Training Institutes, National Fitness Corps Barwaha and Sariska 439
4.9.2 Marathwada Sanskritik Mandal’s college of Physical Education, Aurangabad 451
4.9.3 Government College of Physical Education, Jammu and Kashmir. 467
4.9.4 Summary of Prof. D.G. Wakharkar’s Contributions in Professional Colleges of Physical Education 472

Contents (Contd..)
4.10 Prof. D.G. Wakharkar’s Contribution in Physical Education & Sports in a Capacity as an Advisor 474
   4.10.1 Advisor to Government of Maharashtra in Sports & Youth Services Department 474
   4.10.2 Advisor to various Sports Institutions, All-India and Maharashtra Physical Education Teachers Association, Sports Mandals and Akhadas and Individuals. 476

4.11 Awards and Honours Received by Prof. D.G. Wakharkar 488
   4.11.1 Shri Shiv Chhatrapati State Sports Award as a worker. 488
   4.11.2 Buck Award by Y.M.C.A. Madras (Chennai) 490
   4.11.3 Honored by the Maharashtra State Physical Education Teachers Association 490
   4.11.4 Honoured by Sanmitra Sangh, Pune. 490
   4.11.5 Shri Krishna Krida Award Instituted by Rayalaseema college of Physical Education Proddatur Andhara Pradesh. 492
   4.11.6 Honored by The Vice Chancellor Annamali University. 494

4.12 Contribution of Prof. D.G. Wakharkar in the eyes of eminent professionals 496

References 528

Chapter V
Summary, Conclusion and Recommendations 533

5.1. Summary 533
   5.1.1 Purpose 534
   5.1.2 Methods 534
   5.1.3 Classification of Data 535
   5.1.4 Verification of Data 535

5.2. Principle Findings 537

5.3. Presentation, Data Analysis and interpretation 540

5.4. Conclusion. 557

5.5. Recommendation. 569
BIBLIOGRAPHY
A. Wakharkar D. G's Bibliography
B. General Bibliography