5.1 Summary

Like other discipline, field of sports has its own philosophy. Since sport is combative in nature, it has deep root in human culture. In primitive age, human lived in forest like other animal. They used to throw stones to kill animals for acquiring food and self-defense. They used to run fast and jump canal to save their lives from beast and swim to cross the river for their daily necessity. History of mankind identified run, throw and jump as racial tendencies.

Today, we used to use mechanical advantages for our daily necessities. Therefore, we sublimate our racial tendencies through combative activities in sports. It has become an interesting aspect for human amusement. Mythological documents also indicate that our ancestor have designed many sport activities for amusement. Games revolving around the kicking of a ball have been played in many countries throughout history. Surprisingly, no standardized norms available, at present, in order to select suitable players for exhibiting better performance.
in football with special reference to school of Pune City Zone for age group of 12 to 14.

Therefore the present study entitled “Development of Norms for selection of football players in schools of Pune city zone.” has been undertaken.

Keeping in view the need and background and purpose of the study, these studies chalk-out the following major objective:

1. To establish a standard norms for selection of 12 to 14 football team of schools of Pune City Zone.
2. To suggest some guide line to the concerned professionals in the context of assessing, classifying and undertaking the level of performance of 12 to 14 football team of schools of Pune City Zone.

The present study has great significance in the following way:

- The present study will prove beneficial to the selection committee for objective assessment of fitness ability of football players.
- This study may provide an opportunity and encouragement to the sports talents in football with a hope that their efficiency would be accurately judged by the developed norms and may contribute to select the talented football players by avoiding the trap of dirty sports politics.
This study will be helpful to football Coaches and Physical education Teacher for making necessary modification in their coaching and teaching strategies in preparing football team.

This study will provide standard norms in favour of fair selection of football players for the school level.

If we have proper norms, the good as well as hard working players will get a chance to represent a standard team and drawbacks of present system of selection of team can be avoided.

To avoid a dirty politics involving cast, creed, color and nepotism in selection of players, the development of such norms has profound importance.

The norms will help to discriminate the players having excellent potentialities and fair selection system will be set up as a result of this study so that top performance of a football team can be expected as well.

The development of norms in this study will exhibit no chance to criticize the selection system.

In football as the performance can be obtained in term of numerical scores, it is necessary that establishing the norms of standard scale in evaluating the selection criteria is feasible and has justifiable significance.
5.2 Conclusion

The result of the present study within limitations, draw the following conclusions.

- The team of football consists the key players at various positions (viz goal keepers, defenders, midfielders and attackers) carries different mind setting, physical strength, various strength for better skills to be adopted at various positions. Which it self shows and suggests different selection norms for various position players.

- Factor Analysis helps us avoiding almost all the psycho-physiological varieties and assist to retain Physical fitness, and football skills. At the end the factor leading Health related physical fitness (Abdominal muscle strength, Cardiovascular endurance, Strength of leg Muscle and Agility) and Skills (30 M Run with Ball, Juggling, and Kicking Ability) need to considered to select a standard football team at various level.

- The CRITERIA of SELECTION as developed after this investigation will objectively assess the efficiency of the School Under 14 Boys Team with acceptable reliability and validity.
• The norms developed after adequate objectivity with statistical acceptability. Those norms will be useful to discriminate talented Football players to show better performance in Inter School Competitions.

5.3 Recommendations and further Suggestions

Based on the results, this study recommends that

• Selection committee and Coaches may use this “Selection Criteria” to determine the abilities of Football players.

• The physical fitness is associated with the physical performance, the implementation of the suitable training of physical fitness variable are to be incorporated in physical education programmes for development of physical fitness.

• Research workers may, reasonably find the similar principal of norms development in other sports.

• Similar study on senior age group, even for girls, has been suggested.

5.4 Contribution to the Knowledge

i. This study will have a great impact on the field of physical education at the school level. The result of this study will help various academy and sports agencies to prepare football team.
ii. This research will help the school agencies with respect to framing of selection criteria.

iii. Suggestions from this study will also guide the teacher to modify their selection criteria according to current needs.

iv. The current investigation will contribute the normative literature in sports & physical education.