Chapter 5

Summary, Conclusions and Suggestions

SUMMARY

The motive and inspiration behind undertaking this in depth study was to explore the untapped possibility of utilizing positive indications in planetary combinations in the natal chart of an individual to sharpen, augment and exploit a person's achievements and performance in the field of sports and games.

Everywhere in the world, astrology is depended upon for predictions and better results in all fields like personal influence, health, luxury, matrimony, health, political power etc. However, so far, no effort has been made in finding out a connection between astrological positives in favour of better performance in sports and the actual use of such planetary modifications in selecting and grooming of sportspersons. At present, even the best performing nations in sport lay stress only on infrastructural, equipmental, medical, psychological, sociological and training part of sports programmes.

This study has been made with the aim of raising the standards of sports and to encourage wider participation in different sports events by relating it with the Indian Classical astrology. In this study, the subjects were divided into three categories i.e. successful athletes, unsuccessful athletes and those who take no interest in
Summary, Conclusions and Suggestions

The subjects were chosen from the three universities i.e. Panjab University, Chandigarh, Punjabi University, Patiala, GND University, Amritsar and their affiliated colleges. Horoscopes of subjects of all three categories were prepared on the basis of their date of birth, time of birth and place of birth in accordance with the principles of classical Indian astrology. The horoscopes of these subjects were prepared with the help of computer. As this study was based on the predictive part only, the statistical part to prepare horoscope was not touched. The study was an effort to see how the planetary configuration at the time of birth of the subject and his place of birth influenced his success or failure in the field of sports. The birth chart consist of 12 signs and 2 luminaries and 7 planets. These luminaries and planets were placed in conjunction with these 12 signs. The navamsa chart of the subject was also judged and assessed. The study of these horoscopes showed which subject born under combination of planets showed most promise in sports and became successful athletes while those born under a different combination were unsuccessful although they took part in different sports and games while some others born under the influence of another combination of planets were totally indifferent to sports.

STATEMENT OF THE PROBLEM

The present study focussed on the question as to which planet or planetary combination in which house and in which sign at the time of birth indicate the possibilities of making the subject a successful athlete.

The study was also focussed on cases which indicated that certain planets or planetary combination in particular houses and
particular sign would hinder the subject from achieving success in competitive sports.

The study was focussed on the cases of those students who as a result of particular planet or planetary combinations showed an antipathy towards competitive sports.

The study was titled as:

“Astrological Assessment of Successful, Unsuccessful Athletes and those Showing Antipathy towards Sports”.

DELIMITATION

1) This study encompasses only the predictive and not the preparatory part of horoscopy.

2) Only nine traditional planets the Sun, Moon, Mars, Mercury, Jupiter, Venus, Saturn, Rahu and Ketu have been taken into account in this study.

3) This study was delimited to the assessment of ‘Birth Rasi Chart’, ‘Navamsa’ chart and ‘Dashmasha’ chart from the horoscope.

HYPOTHESES

The following were hypotheses of the study:

1) It was hypothesized that there would be favourable horoscopic influences on successful athletes.

2) It was hypothesized that there would be unfavourable influences on unsuccessful athletes.

3) There would be horoscopic influences in developing antipathetic attitude of subjects towards sports.
4) There would be horoscopic dissimilarities between successful, unsuccessful athletes in sports field and of those showing antipathy to sports.

SIGNIFICANCE OF THE STUDY

The study will be of great benefit to the sports coaches, physical education teachers for the selection of boys and girls for sports purposes. The present study will serve as a guideline in identifying the outstanding boys and girls at an early stage. It will also provide a new approach for development of sports standard in India, it will add new knowledge to the knowledge of physical education teachers and sports coaches.

The students and teenagers who have better planetary combinations which will be helpful to make them sportsperson can be selected by the authorities and better facilities can be made available to them for better performance in sports.

CONCLUSIONS

It is reiterated that there are several factors which can play a vital role in improving the standard of sports performance. The astrological factor for success in the field of sports were judged to understand the position of the 1st, 3rd, 5th, 6th, 10th and 11th houses in native's horoscopes and karaka planets of these houses viz. Sun, Mars, Mercury and Jupiter. Singh Balbir (2000) translated the Jatak Parijata book (II-2) regarding the status of planets.

दिनेशचन्द्रो राजानी, सचिवी जीव भार्गवो ।
कुमारो विकृजो नेता प्रश्नस्तपन्नदन: ॥१२॥ (II-2) Jatak Parijata

means that the Sun and Moon are sovereigns, Jupiter and Venus are
counsellors, Mercury is the young prince, Mars is the commander-in-Chief, Saturn is the servant.

The position of Sun, Mars, Mercury and Jupiter were judged to determine the success and failure in the field of sports in native's horoscope. Chawdhri LR (2003) has explained about the planets and their traits as Sun signifies soul of Kalapursha, courage, power and authority, ambitions, boldness, commanding power, optimism, general success and success in life. Mars has sudden and disruptive actions, it is a indicator of brothers, courage, energy, ambitions, desires and self-confidence. Mercury planet signifies wisdom, intellect and intuitive power. Jupiter signifies success, honour, fortune glory and meritorious action.

To come out with the conclusion regarding success and failure and antipathy towards sports and games the 1st, 3rd, 5th, 6th, 10th and 11th house and the planets Mars, Mercury, Jupiter and illuminary Sun and Moon were assessed. While the occupant of a house was given primary importance and the planets aspecting the house and planet, the lord of the house and the sign dispositions in Rasi and Navamsa and the Karaka planet were also judged carefully. More so the Shadow planets Rahu and Ketu were also judged.

The planetary influences considered were the individual capacity of planets and the Zodiacal indications by assessment of the study of planets amongst, inherent factors, nature, qualities and tendencies of planets, residential strength of the planets in relation and association with other planets, the nature and tendencies of the zodiacal signs or houses. The research was based on the cultural heritage research.

There were three categories in the present study – astrological
assessment of successful athletes, unsuccessful athletes and those showing antipathy towards sports. Successful athletes include the player who participated in games and sports in All India Inter University level Competitions and won at least third place in any game and sports. Successful athletes category was further divided into two parts i.e. combative events the subjects were from the sports like Judo, Boxing, Wrestling and Fencing and in team games the players from Hockey, Netball, Basketball, Volleyball and Rowing. The players who took part in combative and team games and won at least 3rd place in All India Inter University level, were having many similarities as well as some dissimilarities in their horoscopes. The horoscopic study of these two categories was assessed in accordance with the rules of the old classical astrology. I have chosen only such horoscopes where the time of birth, place of birth and date of birth of subjects has been found to be reliable.

**Combative Events**

The sportspersons who participated in combative sports events were having three or more planets in Kendra or trikona in their natal horoscope. Most of the planets were situated at one side of the horoscope and were in Rahu-Ketu axis, but Sun, Moon, Mars and Jupiter were placed out of the Rahu-Ketu axis.

The 1st, 3rd, 5th, 6th, 10th and 11th houses and their lords were having relationship with each other either by being situated in sign or through aspects in their natal horoscope chart or in navamsa chart.

The planet Mars in their horoscopes was in water sign i.e. Cancer, Scorpio or Pisces sign or aspecting the water sign in Rasi chart or in navamsa chart.

In most of the birth charts 3rd house lord was in malefic houses
Summary, Conclusions and Suggestions

viz. the 6th, 8th, 11th and 12th house and situated in malefic planets nakshatra and there was Moon-Mars conjunction in most of the horoscopes of combative events subjects either they conjoined in one sign in horoscope or through aspect.

The eleventh house lord was situated in nakshatra of malefic Rahu, Ketu, Mars and benefic Mercury and Venus planets. Very less planets were placed in eleventh house and eleventh house lord in most of the cases was a benefic planet or has its relations with benefic planets through sign or aspecting.

There was Sun-Mercury conjunction in most of the horoscope of subjects of combative events or Mercury is situated in 12th house from the Sun or vice versa. There were dissimilarities noticed in placement of malefic planets in trikona houses (5th and 9th house) in all the groups.

The Moon, in most of the birth charts is not hemmed in between any malefic planets and Rahu and Ketu are placed in Kendra, Trikona and Labh Sthana – 1, 4, 7, 10, 5, 9, 11th houses in most of the horoscopes, and there is a relation with 5th and 9th houses in natal horoscopes. It was hypothesized that there would be horoscopic dissimilarities between successful, unsuccessful athletes and those showing antipathy towards sports and in the results it is partially accepted.

Team Games

The successful players in team games were also having the common traits in their horoscopes.

Most of the planets were situated in Rahu-Ketu axis, at one side of birth rasi chart, but Moon and Mars were placed out of Rahu-Ketu axis. 1st, 3rd, 10th and 11th house had relationship with each other.
Summary, Conclusions and Suggestions

The third house which is a house of bravery and strength was aspected by malefic planets like Mars, Saturn, Rahu and Ketu.

There was aspect of malefic planets on second house in horoscope rasi chart and influence of Rahu, Ketu and Saturn, all malefic on the planet Mars.

There was a Sun-Mercury conjunction in the birth chart as Sun is situated in the 12th house from the Mercury or the Mercury is placed 12th from the house where Sun was placed. There were dissimilarities noticed in placement of malefic planets in trikona houses (5th and 9th house) in all the groups.

Third house lord was in benefic houses in most of the cases and situated in malefic planets nakshatra and there was also a Moon-Mars conjunction in birth chart or in navamsa chart through conjunction or through aspects. Rahu and Ketu are occupying Kendra, trikona houses in most of the horoscopes. In both combative events and team games players have relationship among the 3rd, 5th, 6th and 9th houses. It was hypothesized that their would be horoscopic dissimilarities between successful, unsuccessful athletes and those showing antipathy towards sports is partially factual.

Unsuccessful Athletes

The unsuccessful athletes were those subjects who took part in games and sports in any event either team games or combative events during their school or college tenure, but they could not continue their sports career for a long time and they could not win any position in university and All India Inter University level competitions. After a thorough horoscopic assessment of these subjects it is revealed that, they have many common points in their horoscopes.

There was conjunction of Venus planet with the malefic planets
like Mars, Saturn, Rahu and Ketu or their was influence of these malefic planets on Venus in birth rasi chart or in navamsa chart, through the aspect or the connection of planets with the sign of Venus i.e. Taurus and Libra.

In most of the horoscopes, Mars was situated in it own sign Aries and Scorpio or in friends sign or in exaltation state in birth rasi or in navamsa chart.

There were very less planets positioned in the 3rd house. The benefic and malefic planets aspect on 3rd house lord, in unsuccessful athletes category, was fifty-fifty in case of the third house lord is situated in benefic and malefic planets nakshatra.

The aspect of benefic planets was much higher on 3rd house, but in cases of 3rd house lord, the benefic and malefic influences were fifty-fifty and the ratio was 50:50 in case of third house lord was placed in the nakshatra's of benefic and malefic planets.

Most of the planets were placed in Rahu-Ketu axis in unsuccessful athletes birth charts but Saturn and Moon were placed out of the Rahu-Ketu axis or situated at one side in the birth chart.

Tenth house lord in birth chart or in navamsa chart had relation with malefic planet Mars. The planet Mars was not positioned in Trik houses i.e. 6th, 8th and 12th house and most of the cases the planet Mars is being glanced by Rahu, Ketu, Saturn and Venus in birth chart of unsuccessful athletes. There were dissimilarities noticed in placement of malefic planets in trikona houses (5th and 9th house) in all the groups.

It was hypothesized that there would be horoscopic dissimilarities between successful, unsuccessful athletes and those showing antipathy towards sports is partially factual as there are

- 191 -
some similarities are also noticed in the groups and sub–groups.

Antipathetic group

The third category belongs to the subjects who never took part in any competitive sports event in their school, college and university career. Such subjects have some common traits regarding planetary combination in their horoscopes.

Jupiter in the natal horoscopes of ‘antipathy towards sports’ category was either in own sign i.e. Sagittarius and Pisces and there was a glance on there signs by Jupiter in most of the horoscopes in natal chart or in navamsa chart.

There was a Jupiter-Saturn conjunction in native’s horoscopes through the conjunction of Saturn-Jupiter or through aspects of Jupiter on Saturn or vice versa and there was Mars and Saturn conjunction in navamsa or in birth chart.

In most of cases, the 11th from the 11th house lord i.e. the 9th house lord is placed in Kendra, the 3rd house or in the 11th – Labh Sthana and the 9th house lord has definite relation with malefic planets in natal horoscope and ascendant and ninth house lord has a friendly relations with each other.

There was malefic aspect on third house, and the 3rd house lord had relation with malefic planets like Mars, Saturn and benefic planets like Jupiter and Venus. The 3rd house lord was in most of the cases, in malefic planets nakshatra and aspect or conjunction of Rahu, Mars and Saturn on the 3rd house lord.

There were most of the planets in horoscope in rasi chart placed in Rahu-Ketu axis but, Jupiter, Moon, Mars and Saturn were out of Rahu-Ketu axis or at one side of birth chart.
In most of the horoscopes, ascendant lord had relation with Mars or with its sign Aries and Scorpio. There were dissimilarities noticed in placement of malefic planets in trikona houses (the 5th and the 9th house) in all the groups.

There were some common horoscopic traits among all the subjects of these categories as all the subjects were studying in colleges and universities, that's why all had certain common traits in their birth charts. More comprehensive research with more samples may throw light on this topic. The results, however, in full conformity with textual dicta.

It was hypothesized that there would be horoscopic dissimilarities between successful, unsuccessful athletes and those showing antipathy towards sports is partially factual as there are some similarities are also noticed in the groups.

In a sum, a conclusive inference is that if the Lord of the Third House has no relation with the planet Jupiter and secondly the position of Atmakarka planet (the highest degree planet in the birth chart) has no relationship with the planet Mercury in the Navamsa chart, and thirdly there is relationship between the Lords of the 5th house (intellect and sports) and 9th house (Bhagya Sthana), and fourthly more malefic planets are placed in trik houses (the 6th, 8th and 12th) whether through aspect or conjunction or placement of planets, the native with these combinations in his/her horoscope has high potential to prove an excellent performer in sports. Contrarily, a native born without the above-stated planetary combinations will prove to be either less successful or will have no participation in competitive sports.
IMPLICATIONS

The present study has assessed astrologically the effects and influences of placement of planets in the natal horoscope resulting in different levels of sports performance and antipathy to sports of the native. This was a relatively untouched or less touched field related to planetary influences on sports performance.

The psychological, physiological, training methodology, diet impact, environmental stresses, coaching and equipments etc play an important role in sports performance. Besides, the study was a venture to take help astrologically for the improvement of standards of sports in India. Like all other factors, astrological assessment may also be beneficial to improve the standards of sports in India. It will not be out of place to mention here that astrology alone cannot be helpful for improvement of standard of sports, but all other factors may be considered very carefully and all these should work collectively for achieving the task.

The students and teenagers who have better planetary combinations in their birth charts which will be helpful in making them successful sportspersons can be selected by the authorities and better facilities can be made available to them for better performance in sports.

The present study will serve as a guideline in identifying the outstanding boys and girls at an early stage and the present study will also help sports coaches in suggesting to athletes to opt for the event suitable for them. By offering better sports facilities like coaching equipments, incentives to persons who are already favoured by the stars, we will provide a flying start to our sportspersons.
SUGGESTIONS AND RECOMMENDATIONS

1) The present study was limited to the subjects studying in various colleges and universities in the state of Punjab only. Similar study may also be conducted on the subjects studying in other universities of India.

2) Similar study may be conducted in which palmistry and numerology can also be judged.

3) Similar study may be conducted on international and national players while dividing them in different categories i.e. combative sports, games and individual events and the sports in which brain is used more than muscular strength.

4) A study may be conducted on handicapped players with special reference to their natal horoscope.

5) A similar study may be conducted with special reference to periods (Dasas), sub periods and sub-sub periods for sportspersons in relation to their sports performance.

6) A similar study may be conducted on players' horoscope on the basis of transits (Gochrphala–placement of different planets in different sign) at the time of competition.

7) A similar study can be conducted while applying the rules of Lal Kitab prevalent in the state of Punjab only.

8) A similar study can be conducted on the players, who have got place (the 1st, 2nd, 3rd positions) in Olympics.

9) A similar study can be conducted on the players who were caught while taking drugs to enhance their performance in sports.
Summary, Conclusions and Suggestions

10) A similar study can be conducted on the players of individual events who set world records in their respective event/events in Boxing, Wrestling etc and in track and field events.

***************