EXPLANATORY NOTE

1. While quoting a book, the author, the title of the book, volume, if any, and page number are given in the foot-note. The edition of the book, year of publication and the name of the publisher are added to those in the bibliography.

2. While quoting 'Guru-Bani', the translation of the verse or the central idea is given in the body of the text. The author, the Saga and the page number of Adi Granth are given in the foot-note. The original extracts from poetry of the Gurus are given in the end, exactly under the same number of chapter and foot-note. The authorship of Guru Poets is indicated by the word N (Maha). For example, the first Guru, Guru Nanak is indicated in the foot-note as N-1, and the fifth Guru Guru Arjan, as N-5, and so on.

3. Words of Indian vocabulary have been put in inverted commas; and the long sound is differentiated from the short sound by using the sign - (small dash).