THE PSYCHOSOCIAL DIMENSIONS OF MENTALLY RETARDED INDIVIDUALS

CHECK LIST

SECTION A

1. Serial No.: O.P. No.:
   Name:
   Age:
   Education:
   Occupation:
   Religion:
   Income:
   Name of Village/Town

2. Informants: I II
   Name:
   Age:
   Sex:
   Education:
   Occupation:
   Relationship
to the child:
   Duration of Acquaintance:
   Reliability:

3. Mode of Referral:
   (a) Brought by parents directly
   (b) Referred by other child's family
   (c) Identified by School teacher
   (d) Referred by Health personnel
   (e) Referred by G.P.
   (f) Others
   (g) Not known
SECTION B

4. Presenting Problems: Present Absent NK NA
(a) Poor Motor Development
(b) Delayed milestones
(c) Speech, Visual, Auditory Defects.
(d) Dullness
(e) Scholastic Backwardness
(f) Lack of self care
(g) Lack of Social Skills
(h) Behavioral Problems
(i) Forgetfulness
(j) Other

5. Age at which the parents first noticed that the child is retarded:

6. First noticed Problems: Present Absent NK NA
(a) Poor Motor Development
(b) Delayed Milestones
(c) Speech Visual, Auditory Deficits
(d) Dullness
(e) Scholastic Backwardness
(f) Lack of self care
(g) Lack in social sense
(h) Behavioural Problems
(i) Forgetfulness
(j) Handicaps

SECTION C


Family History of 1. Mental illness 2. Epilepsy
9. Family size

10. Sibship size

11. Mother's age at pregnancy:

12. Mother's state of health:
   (a) Prenatal difficulties (b) Perinatal difficulties
   (c) Postnatal difficulties (d) Normal

13. Birth of Child: (a) Full term (b) Premature (c) Post mature

14. History of: (a) Head Injury (b) Epilepsy (c) Birth complications

15. Milestones: (a) Normal (b) Delayed (c) N K (d) N A

16. Associated Behavioural problem: (a) Present (b) Absent
   (c) N K (d) N A

SECTION D

17. Physical Examination
   (a) Major finding:
   (b) Minor finding:
   (c) Nil significant:

18. Consultant's Clinical Diagnosis
   (a) Mild (b) Moderate (c) Severe

19. Physical Disability:

SECTION E

*Dimensions of the problem: (Severe/Moderate/Nil (Circle one)

20. Inconvenience caused in household affairs: Severe/Moderate/Nil

21. Effect of behavioural problems on family: Severe/Moderate/Nil

22. Has it led to disturbed interpersonal relations with the family: Severe/Moderate/Nil

23. Has it led to marital disharmony: Yes/No

24. Has it led to psychological problems in any of the family members: Severe/Moderate/Nil

25. Any reduction of interaction with relatives/neighbours/friends: Severe/Moderate/Nil
26. Financial Stress: Severe/Moderate/Nil

How much would you say you have suffered due to this Severe/Moderate/Nil.

27. Behavioural Assessment: Present Absent N.A.
   (a) Cooperation
   (b) Attention
   (c) Communication
   (d) Instructions

28. Family's Assessment and Expectations: Present Absent NK NA
   (i) Family's negative attitude towards the mentally retarded member
   (ii) Family's positive attitude towards the mentally retarded member
   (iii) Family expectation in terms of (Circle): (a) Reduction of problem/behaviour/improvement
         (b) Self care
         (c) Normalcy
         (d) Nothing
         (e) Rs.50/-
         (f) Residontship care

29. Other support systems:
   (a) Family Present/Absent
   (b) Relatives/neighbours
   (c) Other social agencies - Anganwadi/PHC/PHU/School teacher
   (d) Kind of support - emotional/material/advice giving/socializing.
30. Advice/help provided

(a) Information giving
(b) Sensory Motor training
(c) IQ assessment
(d) Medication
(e) Physiotherapy
(f) Speech therapy
(g) Self help skills

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