## CONTENTS

<table>
<thead>
<tr>
<th>Section</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Declaration</td>
<td>i</td>
</tr>
<tr>
<td>Acknowledgements</td>
<td>ii</td>
</tr>
<tr>
<td>Contents</td>
<td>iii-iv</td>
</tr>
<tr>
<td>List of Tables</td>
<td>v-viii</td>
</tr>
<tr>
<td>List of Figures</td>
<td>ix-xii</td>
</tr>
</tbody>
</table>

**CHAPTER – I  INTRODUCTION**  
1-14

- Introduction 1
- Statement of the Problem 8
- Operational Definitions 8
- Objectives 9
- Delimitations 14

**CHAPTER – II  THEORETICAL BACKGROUND**  
15 - 44

- Life Satisfaction 15
- Components of the Life Satisfaction 19
- Philosophical and Psychological Aspects 19
- Life Satisfaction and the Teacher 21
- Personality 21
- Intelligence 26
- Mental Health 30
- Indian View of Mental Health 32
- Western View of Mental Health 34
- Dimensions of Mental Health 35
- Modernization 37
- Socio-Economic Status 41

**CHAPTER – III  REVIEW OF RELATED LITERATURE**  
45 - 60

- Life Satisfaction 45
- Life Satisfaction and Personality 52
- Life Satisfaction and Mental Health 55
- Life Satisfaction and Modernization 57
- Life Satisfaction and Socio-Economic Status 57
CHAPTER – IV  METHOD AND PROCEDURE  61 - 74
Sample  61
Design of the Study  62
Hypotheses  64
Tools Used  68
Description of Tools  69
Procedure of Data Collection  74
Statistical Techniques Used  74

CHAPTER – V  DIFFERENTIAL ANALYSIS AND INTERPRETATION OF RESULTS  75 - 162
Testing of Hypotheses  78

CHAPTER – VI  CORRELATIONAL ANALYSIS  163 - 176

CHAPTER – VII  STEP UP REGRESSION EQUATIONS  177 - 194

CHAPTER – VIII  SUMMARY AND CONCLUSIONS  195 - 218
Introduction  195
Statement of the Problem  198
Objectives  198
Hypotheses  203
Delimitations  207
Sample  208
Design of the Study  208
Tools used  209
Procedure of Data Collection  209
Statistical Techniques Used  210
Conclusions  211
Educational Implications  217
Suggestions for Further Research  218

BIBLIOGRAPHY  219-240

APPENDICES
I  Life Satisfaction Scale by Alam and Srivastava  1-V
II  Maudsley Personality Inventory (MPI) by Jalota and Kapoor  VI-VII
III  Mental Health Check-list (MHC) by Kumar  VIII-IX
IV  Socio-Economic Status by Bhardwaj  X-XV
V  The Modernization Scale (MS) by Singh, Tripathi, and Lal  XVI-XVII

(iv)