VALUES CLARIFYING INSTRUMENT
(First Draft)

The Clarifying Response as a one-to-one dialogue strategy translates values clarification theory into actual practice. This strategy in the form of an instrument contains some responses. They can be put into practice following the subject's verbal response given individually in terms of either the most or the least important value on the Democratic Value Survey.

Some model clarifying responses at different seven subprocesses of valuing are given below in the form of a chart:-

CHART: MODEL CLARIFYING RESPONSES VIA VALUING PROCESS

A. Choosing Freely
1. Did you rank the values on your own ?
2. (i) If yes,
   Were they free choices of your own ?
   (ii) If no,
   What have influenced you for ranking the values ?

B. Choosing from alternatives
1. Would you mind telling me a reason about how this value is more important than that ?
2. (i) If yes,
   Can you give some more reasons ?
   (ii) If no,
   Perhaps, you are not thinking

C. Choosing thoughtfully and reflectively
1. Can you explain this word ?
2. (i) If yes,
   Would you please explain with some concrete examples ?
(ii) If no,
Can you define that word?

D. Prizing and Cherishing
1. Are you really proud of ranking the values in this manner?
2. What is good about the value which is most important to you?

E. Affirming
1. Would you like to tell your parents and teachers about your ranking?
2. (i) If yes,
Do you think they believe in this way?
(ii) If no,
would you mind telling your friends about your ranking?

F. Acting upon choices
1. Have you done anything already about that value?
2. Can you give some examples about those of your actions?

G. Repeating
1. How often do you implement this value?
2. Do you have any plan in future?

This instrument does not aim at an extended discussion. Rather, after a three or four rounds of dialogue with the help of clarifying responses, the conversation with a noncommittal but honest phrase comes to an end.
The clarifying response as a one-to-one dialogue strategy translates values clarification theory into actual practice. The strategy in the form of a VALUES CLARIFYING INSTRUMENT (VCI) has been organised to be carried out through the two different informal steps.

**Step 1: Becoming aware of one's own values.**

**Step 2: Choosing, prizing and acting upon values.**

**STEP 1: Becoming aware of one's own values**

In this step, the task of the investigator is to administer a copy of the Democratic Value Survey personally to one subject at a time. Each subject will be requested to go through the instructions of the Survey and then, be asked to rank the values accordingly. Greeting on completion of the Survey gladly a free and accepting climate is created.

**Step II: Choosing, prizing and acting upon values**

On completion of the Democratic Value Survey, the subjects will be conducted through the valuing process with the help of clarifying responses. Here, at this stage, clarifying responses touching any one or more sub-processes of valuing process will be directed to the most and the least important values.

Some model clarifying responses consisting both one main and minimum two supplementary responses at each seven sub-processes of valuing process are given below in the form of a chart:

**CHART : MODEL CLARIFYING RESPONSES VIA VALUING PROCESS**

**A. Choosing Freely**

1. Did you rank the values on your own?
2. (i) If yes,
   Were they free choices of your own?
   (ii) If no,
   What have influenced you for ranking the values?
B. Choosing from alternatives

1. Would you mind telling me a reason about how value no.1 is more important than value no.2?

2. (i) If yes,
   Can you give some more reasons?

   (ii) If no,
   Perhaps, you are not thinking.

C. Choosing thoughtfully and reflectively

1. Can you explain this value?

2. (i) If yes,
   Would you please explain with some concrete examples?

3. (ii) If no,
   What do you understand by that value?

D. Prizing and cherishing

1. Are you really proud of ranking the values?

2. What is good about the value which is most important to you?

E. Affirming

1. Would you like to tell your parents and teachers about your values?

2. (I) If yes,
   Do you think they believe in this way?

   (II) If no,
   Would you mind telling your friends about your values?

F. Acting upon choices

1. Have you done anything already about that value?

2. Can you give some examples about those of your activities?
G. Repeating

1. How often do you implement this value?
2. Do you have any plan in future to implement this value?

The clarifying responses aim at setting a mood by stimulating delicately and gently one's thought about his/her own values. There is virtually no set formula for using clarifying responses. It is a individualized process both in the ways clarifiers proceed and in the range of problems that come up for clarification. An extended discussion does not usually result from clarifying responses. Generally, after only three or four rounds of dialogue with the help of clarifying responses touching one or more out of seven sub-processes of valuing, the conversation with a noncommittal but honest phrase ("nice talking to you", "I hear what you say, and I do appreciate how you feel") should come to an end.
A Choosing freely

Main response:
1. Same as response no. 1 in the second draft.

Supplementary responses:
2. (a) Modified version of response no. 2 (i) in the second draft.
   (i) If yes,
   How freely have you ranked the values?
   (ii) If no,
   What have influenced you for ranking the values?
(b) Same as response no. 2 (ii) in the second draft.
   (i) If answer is nothing, then it would be wise to say to the subject that perhaps, you are not thinking.
   (ii) If answer is somebody except parents,
   Do you think your parents have not influenced you for ranking the values?

B. Choosing from alternatives

Main response:
*1. Are there some reasons for ranking this particular value as no. 1?

Supplementary responses:
2. (a) If yes,
   (i) Would you like telling me?
   (ii) Same as the response no. 2 (i) in the second draft.
   (b) If no,
   (i) Have you given sufficient consideration to each
value before ranking?

(ii) Same as the response no. 2 (ii) in the second draft.

C. Choosing thoughtfully and reflectively

Main response:
*1. What do you mean by this value?
Supplementary responses:
2. Can you give some more idea about this value?
3. In what way do you think this value will be helpful to you?

D. Prizing and cherishing

Main response:
*1. Are you glad about the ranking of the values?
Supplementary responses:
2. Should everyone rank the values the way you have ranked?
3. Is that value really very important to you?

E. Affirming

Main response:
1. Are you saying that you believe in this value?
Supplementary responses:
2. (a) Is that your personal preference?
   or
   (b) Do you think that most people should prefer those values that way?
3. (a) If personally preferred,
   * Would you like telling your friends about your values?
   (b) If most people prefer those values that way,
Do you think most people will always believe in those values?

F. Acting upon choices

Main response:
1. (a) Is that way you act upon this value?
or
(b) How does that value affect your day-to-day activity?

Supplementary response:
2. Do you do really that or are you just telling?
*3. Can you cite some of your activities which reflect your value?

G. Repeating

Main response:
*1. How frequently do you incorporate this value?

Supplementary responses:
*2. Is there any plan to do anything more in this respect in near future?
3. Can you stick to this value under all circumstances in future?

*Response of second draft in their modified version.
Appendix-C

VALUES CLARIFYING INSTRUMENT
(Third Draft)

The Clarifying Response as a one-to-one dialogue strategy translates values clarification theory into actual practice. The strategy in the form of a VALUES CLARIFYING INSTRUMENT (VCI) has been organised to be carried out through the three different informal steps.

Step I: Establishing rapport

Step II: Becoming aware of one's own values

Step III: Choosing, Prizing and acting upon values

Step I: Establishing rapport

The initial step in the strategy is the establishment of rapport with the subjects. For this, the obvious foremost activity will focus upon learning one another's name, hobbies, likes or dislikes with the minimal verbal interaction. The activities in this step, thus, are easy starters which initiate the informal talk for simply establishing a healthy rapport.

Step II: Becoming aware of one's own values

The climate of establishing healthy rapport takes towards assisting each subject in creating an awareness of what he/she values and how relatively important each of his/her value is.

Exercise: Assigning ranks to the values
Required Materials :
(I) Democratic Value Survey
(II) Pen or Pencil

Procedure: In this step, the task of the investigator is to administer a copy of the Democratic Value Survey personally to one subject at a time. Each subject will be requested to go through the instructions of the Survey and, then, be asked to rank the values accordingly. Greeting on completion of the Survey gladly, a free and accepting climate is created.

Step III: Choosing, prizing and acting upon values

On completion of the Democratic Value Survey, the subjects will be conducted through the valuing process with the help of the clarifying responses. Here, at this stage, clarifying responses touching any one or more sub-processes of valuing process will be directed to the first three top values or/and the last three bottom values.
Some model clarifying responses consisting both one main and minimum two supplementary responses at each seven sub-processes of valuing are given below in the form of a chart:

CHART : MODEL CLARIFYING RESPONSES VIA VALUING PROCESS

A. Choosing Freely

Main response:
1. Did you rank the values on your own?

Supplementary responses:
2. (a) If yes,
   Were they your free choices?
   (i) If yes,
       How freely have you ranked the values?
   (ii) If no,
       What have influenced you for ranking the values?
(b) If No,
   What have influenced you for ranking the values
   (i) If answer is nothing, then it would be wise to say to the subjects that perhaps, you are not thinking.
   (ii) If answer is somebody except parents,
       Do you think your parents have not influenced you for ranking the values?

B Choosing from alternatives

Main response:
1. Are there some reasons for ranking this particular value as no. 1?

Supplementary responses
2. (a) If yes,
   (i) Would you like telling me?
   (ii) Can you give some more reasons?
(b) If no,
(i) Have you given sufficient consideration to each value before ranking?
(ii) If no,
Perhaps, you are not thinking.

C. Choosing thoughtfully and reflectively
Main response:
1. What do you mean by this value?
Supplementary responses:
2. Can you give some more ideas about this value?
3. In what way do you think this value will be helpful to you?

D. Prizing and cherishing
Main response:
1. Are you glad about the ranking of the values?
Supplementary responses:
2. Should everyone rank the values the way you have ranked?
3. Is that value really very important to you?

E. Affirming
Main response:
1. Are you saying that you believe in this value?
Supplementary responses:
2. (a) Is that your personal preference?
or
(b) Do you think that most people should prefer those values that way?
3. (a) If personally preferred,
Would you like telling your friends about your values?

(b) If most people prefer those values that way, Do you think most people will always believe in those values?

F. Acting upon choices

Main response:
1. (a) Is that way you act upon this value? or (b) How does that value affect your day-to-day activity?

Supplementary responses:
2. Do you do really that or are you just telling?
3. Can you cite some of your activities which reflect your value?

G. Repeating

Main response:
1. How frequently do you incorporate this value?

Supplementary responses:
2. Is there any plan to do anything more in this respect in near future?
3. Can you stick to this value under all circumstances in future?

The clarifying responses aim at setting a mood by stimulating delicately and gently one's thought about his/her own values. There is virtually no set formula for using clarifying responses. It is an individualized process both in the ways clarifiers proceed and in the range of problems that come up for clarification. An extended discussion does not usually result from the clarifying responses. Generally, after only three or four rounds of dialogue with the help of clarifying responses touching one or more out of seven sub-processes of valuing, the conversation with a noncommittal but honest phrase ("nice talking to you", "I hear what you say, and I do appreciate how you feel") should come to an end.
Appendix-C

GUIDELINES FOR VALUES CLARIFYING INSTRUMENT (VCI)

(IT WILL BE USED BY THE INVESTIGATOR INDIVIDUALLY AND ORALLY)

(Fourth Draft)

The clarifying response as a one-to-one dialogue strategy translates values clarification theory into actual practice. The strategy in the form of a VALUES CLARIFYING INSTRUMENT (VCI) has been designed to be implemented through the three different informal steps.

Step I : Establishing Rapport
Step II : Becoming Aware Of One's Own Values
Step III: Choosing, Prizing And Acting Upon Values

Step I : Establishing Rapport

The initial step in the strategy is the establishment of rapport with the subjects. For this, the obvious foremost activity will focus upon learning one another's name, hobbies, likes or dislikes with the minimal verbal interaction. The activities in this step are, thus, easy starters which initiate the informal talk for simply establishing a healthy rapport.

Step II : Becoming Aware Of One's Own Values

The climate of healthy rapport leads to creation in each subject an awareness of what he/she values. It also indicates relatively how important each value is.

Exercise : Assigning ranks to the values
Required materials :
(i) Democratic Value Survey
(ii) Pen or Pencil

Procedure : In this step, the task of the investigator is to administer a copy of the Democratic Value Survey personally to one subject at a time. Each subject will be requested to go through the instructions of the Survey and then, be asked to rank the values accordingly. Greeting on completion of the Survey gladly, a mutually accepting climate is created.

Step III : Choosing, Prizing And Acting Upon Values

On completion of the Democratic Value Survey, the subjects will be conducted through the valuing process with the help of the clarifying responses. Here, at this stage, clarifying responses touching any one or more sub-processes of valuing will be directed to the first three top values or/and the last three bottom values.
The clarifying responses consist of one main and minimum two supplementary responses. The responses for each one of the seven sub-processes of valuing are given below in the form of a chart:

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CHART : MODEL CLARIFYING RESPONSES VIA VALUING PROCESS
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A. Choosing freely

Main response:
1. Did you rank the values on your own?

Supplementary responses
2. (a) If yes,
Did you choose them freely without any pressure or consideration?
   (i) If yes,
   How freely have you ranked the values?
   (ii) If no,
   What have influenced you for ranking the values?
(b) If no,
What have influenced you for ranking the values
   (i) If answer is nothing, then it would be wise to say to the subject that perhaps, you are not thinking.
   (ii) If answer is somebody except parents,
      Do you think your parents have not influenced you for ranking the values?

B. Choosing from alternatives

Main response:
1. Are there some reasons for ranking this particular value as no.1?

Supplementary responses:
2.(a) If yes,
   (i) Would you like telling me?
(ii) Can you give some more reasons?
(b) If no,
   (i) Have you given sufficient consideration to each value before ranking?
   (ii) If no,
       Perhaps, you are not thinking.

C. Choosing Thoughtfully and Reflectively
Main response:
1. What do you mean by this value?
Supplementary responses:
2. Can you give some more idea about this value?
3. In what way do you think this value will be helpful to you?

D. Prizing and Cherishing
Main response:
1. Are you happy on assigning the specific ranks to the particular values?
Supplementary responses:
2. Should everyone rank the values the way you have ranked?
3. Is that value really very important to you?

E. Affirming
Main response:
1. Do you tell your friends that you uphold this particular value?
Supplementary responses:
2. (a) Is that your personal preference?
   (b) Or, Do you think that most people should rank those values that way?
3. (a) If personally preferred, would you like telling your friends about your values?
   (b) If most people prefer those values that way,
Do you think they always do so?

F. Acting upon choices
Main response:
1. How does that value affect your day-to-day activity?
Supplementary responses:
2. Do you really do that or are you just talking?
3. Can you cite some more of your activities which reflect your value?

G. Repeating
Main response:
1. How frequently do you practice this value?
Supplementary responses:
2. Can you stick to this value under all circumstances in future?
3. Is there any plan to do anything more in this regard in near future?

The clarifying responses aim at setting a mood by stimulating delicately and gently one's thought about his/her own values. There is virtually no set formula for using clarifying responses. It is a individualized process both in the ways clarifiers proceed and in the range of problems that come up for clarification. An extended discussion does not usually result from clarifying responses. Generally, after only three or four rounds of dialogue with the help of clarifying responses touching one or more out of the seven sub-processes of valuing, the conversation with a noncommittal but honest phrase ("nice talking to you", "I hear what you say, and I do appreciate how you feel") should come to an end.
Appendix - G:

Guidelines For
VALUES CLARIFYING INSTRUMENTS
(IT WILL BE USED BY THE INVESTIGATOR INDIVIDUALLY AND ORALLY)

Adapted By: Benudhar Chinara
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The clarifying Response (CR) as a one-to-one dialogue strategy translates values clarification theory into actual practice. The strategy in the form of a VALUES CLARIFYING INSTRUMENT (VCI) has been designed to be implemented through the three different informal steps.

Step I : Establishing Rapport

Step II : Becoming Aware Of One's Own Values

Step III: Choosing, Prizing And Acting Upon Values

Step I : Establishing Rapport

The initial step in the strategy is the establishment of rapport with the subjects. For this, the obvious foremost activity will focus upon learning one another's name, hobbies, likes or dislikes with the minimal verbal interaction. The activities in this step are, thus, easy starters which initiate the informal talk for simply establishing a healthy rapport.

Step II : Becoming Aware Of One's Own Values

The climate of healthy rapport leads to creation in each subject an awareness of what he/she values. It also indicates relatively how important each value is.

Exercise : Assigning ranks to the values

Required materials :
(i) Democratic Value Survey
(ii) Pen or Pencil

Procedure : In this step, the task of the investigator is to administer a copy of the Democratic Value Survey personally to one subject at a time. Each subject will be requested to go through the instructions of the Survey and then, be asked to rank the values accordingly. Greeting on completion of the Survey gladly, a mutually accepting climate is created.

Step III : Choosing, Prizing And Acting Upon Values

On completion of the Democratic Value Survey, the subjects will be conducted through the valuing process with the help of the clarifying responses. Here, at this stage, clarifying responses touching any one or more sub-processes of valuing will be directed to the first three top values or/and the last three bottom values.

The clarifying responses consist of one main and minimum two supplementary responses. The responses for each one of the seven sub-processes of valuing have been given in the next page in the form of a chart:-
A Choosing freely

Main response:
1. Did you rank the values on your own?

Supplementary responses:
2. (a) If yes,
   Did you choose them freely without any pressure or consideration?
   (i) If yes,
   How freely have you ranked the values?
   (ii) If no,
   What have influenced you to rank the values, the way you did?
   (b) If no,
   What have influenced you to rank the values, the way you did?
   (i) If answer is nothing then it would be wise to say to the subjects that perhaps, you are not thinking.
   (ii) If answer is somebody except parents,
   Do you think your parents have not influenced you to rank the values, the way you did?

B. Choosing from alternatives

Main response:
1. Are there some reasons for ranking this particular values as no. 1?

Supplementary responses:
2. (a) If yes.
(i) Would you like telling me the reason?
(ii) Can you give some more reasons?
(b) If no,
(i) Have you given sufficient consideration to each value before ranking?
(ii) If no,
Perhaps, you are not thinking.

C. Choosing thoughtfully and reflectively
Main response:
1 What do you mean by this value?
Supplementary responses:
2 Can you give some more idea about this value?
3 What way, you think, will this value be helpful to you?

D. Prizing and cherishing
Main response:
1 Are you happy on assigning the specific ranks to the particular values?
Supplementary responses:
2 Should everyone rank the values the way you have ranked?
3 Do you think that the values are really as important as you have ranked them?

E. Affirming
Main response:
1. Do you tell your friends that you uphold this particular value?
Supplementary responses:
2. (a) Is that your personal preference?
or
(b) Do you think that most people should rank those
values that way?

3. (a) If personally preferred,
Would you like telling your friends about your values?

(b) If most people prefer those values that way, Do you think they always do so?

F. Acting upon choices

Main response:
1. How does that value affect your day-to-day activity?

Supplementary responses:
2. Do you really do that or you are just talking?
3. Can you cite some more of your activities which reflect your value?

G. Repeating

Main response:
1. How frequently do you practice this value?

Supplementary responses
2. Can you stick to this value under all circumstances in future?
3. In there any plan to do anything more in this respect in near future?

The clarifying responses aim at setting a mood by stimulating delicately and gently one's thought about his/her own values. There is virtually no set formula for using clarifying responses. It is a individualized process both in the ways clarifiers proceed and in the range of problems that come up for clarification. An extended discussion does not usually result from clarifying responses. Generally, after only three or four rounds of dialogue with the help of clarifying responses touching one or more out of the seven sub-processes of valuing, the conversation with a noncommittal but honest phrase ("nice talking to you", "I hear what you say, and I do appreciate how you feel") should come to an end.